City of Hyattsville Health, Wellness, and Recreation Advisory Committee Meeting Minutes 7:00-8:30 PM May 25, 2023

Meeting will be held via Zoom. Register in advance for this webinar: Register in advance for this webinar: https://us06web.zoom.us/webinar/register/WN_iug70MX7QYufmF6F7xwaxw

After registering, you will receive a confirmation email containing information about joining the webinar.

Meeting started 7:12 EST. Meeting ended at 8:35 pm EST.

Committee Attendees: Marylyn Presutti, Dyann Waugh, Erica Thomas, Peter Stockus, Brittney Miller, Carole Plato, Don Burger Staff Liaison: Cheri Everhart Council Attendees: Guests: Allie O'Neill

1. Amend/Approve minutes from March Meeting:

a. Motion to approve Peter, Seconded by Don

2. Guest Speaker:

a. Allie O'Neill of Neighborhood Design Center discussed The Spot and plugged the Neighborhood Design Center having a booth at the Trolley Trail Day. The goal is to collect community feedback on The Spot and how a trailhead park works. 10am -Noon, June 10th.

3. FY24 Budget Discussion:

a. To be explored at the next meeting. As of right now our funding will be the same as past years starting July 1st. \$9,000 for Thrive Grants, \$2,000 for speakers' series

4. Bike Rodeo update:

a. Event was successful, and we largely hit our goals of increased pedestrian and cyclist safety. For future years we discussed hosting it off PGCPS property, coordinating with Aging in Place Committee, securing tri-cycle bikes, and creating HWRAC or Hyattsville specific handouts such as water bottles or bike lights.

5. Forest bathing speakers:

a. Erica is going to take point and reach out to public works and get the ball rolling.

6. Mental Health First Aid Update:

a. Held on May 13th, 5 people were required, 7 people attended including 2 Hyattsville employees.

7. HWRAC Committee Survey review:

a. HWRAC committee conducted a review of our collected responses to inform speaker series discussion.

8. Possible Speakers series programs for FY24:

a. Dyann to reach out to a friend from Georgetown University who might be willing to discuss men's health.

b. June 3rd – Environmental health discussion with Dr. Cheryl Holder.

c. De-escalation training as a possible speaker. Reaching out to Hyattsville PD about possibly hosting a self-defense course.

d. HWRAC had a large discussion on potential parenting classes. Could we partner with the education committee?

e. Parental Selfcare.

f. Affordable healthy choices, potentially hitting on fiscal, nutrition, etc etc with a speaker was discussed as a speaker series geared towards parents.

9. New Business:

10. Adjourn:

a. Dyann Motion to adjourn, Erica seconded. Unanimous approval.