

City of Hyattsville
Health, Wellness, and Recreation Advisory Committee
Agenda
7:00-8:30 PM
November 21, 2024

Meeting will be held via Zoom.

Register in advance for this webinar:

https://us06web.zoom.us/webinar/register/WN_iug70MX7QYufmF6F7xwaxw

After registering, you will receive a confirmation email containing information about joining the webinar.

Public Attendees: All committee meetings are open to the public to observe. For virtual meetings, there is a Q&A function that allows attendees to post questions or comments. It is not required that the committee respond to items posted in the Q&A, nor is it required that committees provide a public comment period during their meeting whether virtual or in-person. Should committees wish to allow time to hear public comment, a time will be designated on the agenda.

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1. Amend/Approve minutes from October meeting
2. Introduction: Omar Gonzalez, CrossFit Hyattsville
3. Speaker Series:
 - a. Self Defense - November 17 - Review
 - b. Nutrition for Seniors
4. FY25 Thrive Grants review & questions
5. Public comment – limit 2 minutes per speaker
6. New Business
7. Adjourn