

City of Hyattsville  
Health, Wellness, and Recreation Advisory Committee  
Minutes  
7:00-8:30 PM  
November 21, 2024

**Committee Attendees:** Peter Stockus, Nicole Betschman, Erica Thomas, Don Burger, Brittney Miller, Dyann Waugh, Carloe Plato

**Staff Liaison:** Cheri Everhart

**Public Attendees:** Maximiliano Vasquez, Scott Wilson

**Council Attendees:** Sam Denes, Michelle Lee

**Meeting Began - 7:03**

**Meeting Adjourned - 8:54**

1. Amend/Approve minutes from October meeting
  - a. Erica Motioned, Don Seconded. Unanimous approval.
2. Introduction: Omar Gonzalez, CrossFit Hyattsville
  - a. Explained the classes at CrossFit Hyattsville
  - b. Is membership based, but encouraged attendance with scholarships and other payment options
3. Speaker Series:
  - a. Self Defense - November 17 - Review
    - i. 18 attendees, well received by the group.
  - b. Nutrition for Seniors
    - i. No updates
4. FY25 Thrive Grants review & questions
  - a. Silvia Seely - Doesn't qualify
  - b. Prayer Life Ministries - Timeframe doesn't match up
  - c. St. Marks Food Pantry - Yes
  - d. Chelsea School - How many students will be going on this field trip?
  - e. Family Engagement Committee Chair, Felegey School - Yes, Ask about the time frame.

- f. Clements Family Foundation - Time frame for funding, what is the Clements Family Foundation.
- g. Mission for salvation and health to communities in distress - No
- h. Congregations United for Compassion and Empowerment - Yes, will education follow the distribution of products/foods
- i. Hyattsville Aging in Place - Yes
- j. Arrow Bicycle - yes
- k. Rogers Heights ES - no, this is an education committee
- l. Maryland Meadworks/ Q Club - Yes
- m. St Jerome's Cafe - Yes
- n. Volunteer Organizer, Community Bicycle Events - Yes
- o. Cesar Chavez Dual Spanish Immersion School (PGCPS) - No
- p. HySwap - Yes
- q. Detailed Basketball Training - Yes
- r. Chelsea School -Yes
- s. DeMatha Catholic High School - How many Hyattsville residents is this reaching?
- t. Wild Things Farm, LLC - Yes
- u. Watch Me Flex Fitness - What is the estimated number of participants?
- v. PostNet Hyattsville - No
- w. Life of gains - What happens if the entire start-up money is not reached?

- x. Elevate Data & Wellness Solutions - No
  - y. Hyattsville Ultimate - Yes
  - z. Garden Wellness Coach - yes
5. Public comment – limit 2 minutes per speaker
- a. None
6. New Business
- a. Moving Dec 19th meeting accommodates members who will not be able to attend.
7. Adjourn
- a. Motion to adjourn. Dyann, Nicole Seconded.