

Board, Committee, and Commission Application

Profile

Nicole

First Name

Betschman

Last Name

Preferred Pronouns

None Selected

Email Address

Committee Stipend Program - *Members Receive a Stipend of \$40 per Meeting Attended*

Upon appointment to a committee, you are automatically enrolled into the stipend program but in order to receive your payment you must complete and submit a W-9 form. The W-9 form will be emailed to committee members upon confirmation of your appointment.

Please enter your address below.

Many, but not all, of our committees require residency within the incorporated City limits of Hyattsville. To check your residency status, please visit the map: [City Residency Map](#)

Committees that accept applications from individuals residing outside of the incorporated City limits are listed below:

- Education Advisory Committee (at least 50% + 1 of sitting committee members must be residents of the City)
- Educational Facilities Task Force (up to one non-City resident appointment)
- Race and Equity Task Force (up to one-non City resident appointment)

Street Address

City

Suite or Apt

State

Postal Code

Which Boards would you like to apply for?

Health, Wellness and Recreation Advisory Committee: For Review

Do you currently serve on this committee and are applying for re-appointment?

☐ Yes ☒ No

If you selected more than one Board/Committee of interest, please indicate your first choice below.

To find your City Ward, click on this link! [City Residency Map](#)

Please select your ward from the drop down list below. *

☒ Ward 3

Primary Phone

Referred By:

Please provide a brief background statement including why you want to serve on the committee/s for which you are applying. This statement may be posted on the City's website.

Dr. Nicole Betschman has always had a strong passion for health and wellness. Dr. Betschman is currently the Director of Public Health and Health Services and Assistant Professor at Trinity Washington University. Trinity Washington University is a Predominantly Black Institution and a Hispanic-Serving Institution- one of only a handful in the United States. She started teaching at East Carolina University as a Graduate Assistant in 2009 and from there it was history. Dr. Betschman has worked in several other industries in the health arena including nonprofit, government, and for-profit but always found her way back to teaching. Dr. Betschman's philosophy regarding teaching is simple- it is a dual learning experience. "I think that as much as the students are learning from me that I am also learning from them"- Dr. Betschman. Both teaching and learning is a process that never ends and learning from the students allows for growth grow both professionally and personally. Dr. Betschman also believes in providing energy to the classroom by incorporating scholarly journals and articles that are relevant to the discussion as this helps to make the point hit home. Creating a great learning environment is one of the keys to success for the students. Dr. Betschman's enthusiasm for health has infiltrated Trinity's campus community in a variety of ways including creating a student-run health fair every semester and implementing several Narcan training sessions on-campus. She just recently received a Truth Initiative grant as she is working to make Trinity Washington University's campus 100% tobacco and vape-free. Dr. Betschman also served on Mayor Muriel Bowser's Healthcare Taskforce to examine the retention of health care workers in the District. She attended Bowling Green State University majoring in Biology while also being a peer educator on campus. She obtained a B.S. in Biology from Bowling Green State University and determined that health education was her passion. She then went on to receive both a B.S. and a M.A. degree in Health Education from East Carolina University. Dr. Betschman also holds a Doctorate degree in Health Education from A.T. Still University with a research focus on drug and alcohol addiction. She is a Certified Health Education Specialist (CHES) and is a Health and Wellness Coach. She previously worked for the University of North Carolina Chapel Hill as a Research Assistant on a federally funded National Institutes of Health grant to examine how community-, family-, and individual-level stressors may influence and interact with biological factors to affect maternal and child health. She has also worked as a health coach in Baltimore, Maryland to help reduce hospital readmission rates for Medicare patients using the Coleman model. Research interests include (but not limited to): • • Alcohol and Other Drugs • Tobacco and Vaping Cessation • Addictions and Drug Abuse/Misuse • Sexual Health • Physical Fitness • Program Planning • Peer Education • Leadership • Holistic Health • Health and Wellness • Nutrition • Community Engagement • Health Coaching • Course Development

Nicole Betschman