

City of Hyattsville
Health, Wellness, and Recreation Advisory Committee
Minutes
7:00-8:30 PM
February 22, 2024

Committee Attendees: Peter Stockus, Carol Plato, Nicole Betschman, Arinee Flurry, Anita Shelton, Erica Thomas, Dyann Waugh, Marylyn Presutti, Don Burger

Staff Liaison: Cheri Everhart

Council Attendees: Sam Denes, Michelle Lee

Public Attendees: Scott Wilson, Jessica Ahn, Maarji Quershi

Actions:

The meeting commenced: 7:03 p.m.

The meeting adjourned: 8:27 p.m.

1. Amend/Approve minutes from January Meeting
 - a. Motioned by Nicole, seconded by Anita. Unanimous approval.
2. Speaker Series:
 - a. Self Defense
 - i. Contact at Jiu Jitsu gym is able to do all ages. This will largely be low intensity training, no throwing or anything very intense. HWRAC opts to host it as a family-style event.
 - ii. Marylyn to reach out and confirm what dates in April work for the gym.
 - iii. Total cost should be \$150.
 - b. Men's Health - June
 - i. June 8th is Trolley Trail day and is unavailable.
 - ii. Saturday June 1st is the primary choice, June 22nd is fallback date. Start time around 10 or 11 am.
 - iii. Kappa Alpha Psi alumni group will help host. 30-min walk around the Duck Pond and a discussion on prostate cancer health.
 - iv. HWRAC setting aside \$150 for snacks.
 - c. Parenting skills
 - i. Cost will be free with Erica presenting virtually.
 - ii. Tentative schedule of August, focusing on a "back to school" selfcare event.

3. Bike Rodeo

- a. First choice, May 18th, May 11th fall back. Heurich Park location selected. We have the ability to spill over into the neighboring grassy field.

4. Public comment – limit 2 minutes per speaker

5. New Business

- a. Budget discussion. Will finalize at the next meeting.
- b. Anacostia river clean up event.
- c. The City of Hyattsville sent a letter to CCSI in support of a \$5,000 grant to do mental health first aid training across Hyattsville. This would not be facilitated by HWRAC, but is being supported by Dyann.

6. Adjourn - 8:25 PM