

## **Age-Friendly Hyattsville Work Group Meeting Minutes**

Friday, April 25, 2025; 11:00 a.m. to 12:30 p.m.

**Work Group Attendees:** Edna Little (W-4); Lori Simon-Rusinowitz; Winifred Weaver (W-2); Scott Wilson (W-1)

**Staff Attendees:** Marci LeFevre, Age-Friendly Program Lead, Aging and Wellness Services Manager, Community Services

### **Age-Friendly and Aging and Wellness Services Programming**

#### Care Partner Support Group

The Care Partner Support Group continues to meet on a biweekly basis and has grown over the last three months as additional community members have learned about the group, primarily through other group members. Group members provide support to one another and have identified meeting topics of interest for FY26. Aging and Wellness Services Manager, Marci LeFevre, is working with the group to identify guest speakers for upcoming meetings. Upcoming May meeting dates are 5.2.25, 5.16.25 and 5.30.25. The group meets from 9 a.m. to 11:30 a.m. at the Hyattsville Municipal Building. Interested residents experiencing caregiving issues are welcome to attend.

#### Frozen Meal Delivery

The City of Hyattsville continues to partner with the County's Department of Aging and Meals on Wheels of Central Maryland to provide biweekly frozen meal delivery to aging community members who are homebound and/or have difficulty performing activities of daily living (ADL). Meal delivery to thirty-two individuals is supported by the City's Call-A-Bus transportation drivers and volunteers. At this time, the County is no longer taking additional applicants for the program and has established a waitlist for interested residents. In addition, the County Department of Aging will be scheduling home visits to meal recipients to reassess program eligibility criteria (e.g., mobility and ADL challenges). Upcoming meal delivery dates in May are 5.6.25 and 5.20.25. Community members interested in volunteering with meal delivery can contact [volunteers@hyattsville.org](mailto:volunteers@hyattsville.org).

#### Board Games with Ladies and Gents

Twelve community members attended the 4.17.25 Board Games with Ladies and Gents activity held at the Hyattsville Municipal Building. Residents enjoyed playing chess, UNO, and BINGO. Work group members noted that the activity provides an opportunity for community members to share game knowledge and skills with other residents and could be an engaging multigenerational activity to offer in the future. The City's Aging and Wellness Services Program will share and discuss this recommendation with the City's Youth Program. Multigenerational programming planned by the two programs typically occurs during the summer months of June, July and August. The next Board Games with Ladies and Gents activity is scheduled for 6.12.25.

#### Lunch and Learn Workshop: Horticulture in Hyattsville

City Arborist Dawn Taft will lead a workshop on Hyattsville's community gardens and edible food forests on 5.19.25. She will also lead an activity with participants to prepare peat pots with vegetable and flower seeds.

### May Seniors on the Go! Trips

A tour of Brookside Gardens is scheduled for 5.8.25 and a Senior Cookout will be held at Driskell Park on 5.22.25. The participant roster for the trip to Brookside Gardens is nearly full. The trip roster for the upcoming Free Movie Monday 05.5.25 is also nearly full.

### **Key Updates**

#### Medicare 101 Workshop

Karen Morgan of the AARP MD Speakers Bureau presented an overview of Medicare and Medicare Advantage Plans at the 4.21.25 Lunch and Learn Workshop. Ms. Morgan also addressed the topic of Medicare fraud and how individuals can report fraudulent activities. Work group members who attended the workshop found it to be informative.

#### Spring 2025 Hyattsville Is Home Art Class and Bilingual Digital Literacy and Instruction Class Series

Participant rosters for the Spring art class and digital literacy class series are full. Both class series are popular and have a waitlist for upcoming classes. Work group member, Winifred Weaver, noted that the Spring Artworks class series focus is drawing on the right side of the brain. Class participants are enjoying the series and learning new skills.

#### New Spring Seated Exercise and Zumba Classes

Community participation in the weekly seated exercise class has increased, and a second Zumba class has been added to the weekly Aging and Wellness Services program schedule given increased interest in this offering. Instruction in weight-bearing exercises is a new addition to the seated exercise class.

#### Age-Friendly College Park

Age-Friendly Program Lead, Marci LeFevre, noted that she recently met with Janeen Miller, Age-Friendly Program Lead of College Park. The City of College Park has joined the AARP Network of Age-Friendly Communities. An action plan area of mutual interest to Hyattsville and College Park is affordable housing, specifically home sharing initiatives. Both municipalities have been in touch with Housing Initiative Partnership (HIP) to learn about their home sharing pilot in Montgomery County.

Work group member, Lori Simon-Rusinowitz, noted that it is important to make a distinction between accessory dwelling units (ADUs) and shared housing, as the two are entirely different. In addition, Lori shared that in her experience with ADUs in Montgomery County, neighborhood covenants can be a barrier to establishing an ADU. Work group members agreed that both housing options merit further exploration. Ms. Miller has been invited to join an upcoming Hyattsville Age-Friendly Work Group meeting and is tentatively scheduled to attend the June 20 work group meeting. Shared housing and other areas where the two municipalities may collaborate will be discussed.

#### Aging Services Funding

Work group members discussed concerns about the cutting of funds to national and state agencies providing services to older adults and people with disabilities. Lori Simon-Rusinowitz urged work group members and concerned residents to contact their state legislators to advocate for preserving aging services funding. Lori noted that Senator Angela Alsobrooks (former Prince George's County Executive and the former County's State's Attorney) is on the Senate Aging Committee and is another key legislator to contact.

## **Other Business and Announcements**

### City of Hyattsville's 139<sup>th</sup> Anniversary Celebration

The City of Hyattsville's 139<sup>th</sup> Anniversary Celebration will be held on Saturday, April 26, from 4 p.m. to 9 p.m. at Driskell Park. The City's Call-A-Bus will be providing transportation to and from the event for city residents.

### City of Hyattsville Election Day

City of Hyattsville Election Day will be held on Tuesday, May 13. Polls will be open from 7 a.m. to 8 p.m. at the Hyattsville City Building.

### Upcoming Age-Friendly Work Group Meetings

- Friday, May 23, 11:00 a.m. to 12:30 p.m.
- Friday, June 20 or 27 (TBD), 11:00 a.m. to 12:30 p.m.

### Adjournment

The meeting was adjourned at 12:30 p.m.