

City of Hyattsville  
Health, Wellness, and Recreation Advisory Committee  
Minutes  
7:00-8:30 PM  
August 24, 2023

**Meeting will be held via Zoom.**

**Register in advance for this webinar:**

[https://us06web.zoom.us/webinar/register/WN\\_iug70MX7QYufmF6F7xwaxw](https://us06web.zoom.us/webinar/register/WN_iug70MX7QYufmF6F7xwaxw)

**Public Attendees:** All committee meetings are open to the public to observe. For virtual meetings, there is a Q&A function that allows attendees to post questions or comments. It is not required that the committee respond to items posted in the Q&A, nor is it required that committees provide a public comment period during their meeting whether virtual or in-person. Should committees wish to allow time to hear public comment, a time will be designated on the agenda.

**After registering, you will receive a confirmation email containing information about joining the webinar.**

**Committee Attendees:** Marylyn Presutti, Dyann Waugh, Erica Thomas, Peter Stockus, Don Burger, Arinee Flurry, Brittney Miller

**Observer:** Nicole Betschman

**Staff Liaison:** Cheri Everhart

**Council Attendees:** Michelle Lee

**Actions:**

The meeting commenced at 7:10 pm EST.

The meeting ended at 8:50 pm EST.

1. Amend/Approve minutes from June Meeting:
  - a. Motioned, Dyann, Don seconded. Unanimous approval
2. Holly Simmons CED: Acting Director - Engagement at "the Spot"
  - a. Maryland HUD/Community development and ARPA funding will be used for "the Spot."
  - b. Draft concept design has been created by the Neighborhood Design Center which was informed by Trolley Day and Hello Hyattsville feedback. This project received the most engagement of any project on Hello Hyattsville.

- c. Feedback on the draft design will be open from Sept 1- Sept 23.
  - d. [https://hyattsville.org/DocumentCenter/View/7751/Engagement-Report\\_Final](https://hyattsville.org/DocumentCenter/View/7751/Engagement-Report_Final) (NDC report)
3. HWRAC Committee Survey review
- a. No new business
4. Possible Speakers series programs for FY24
- a. Forestbathing
    - i. Erica has reached out to Public Works. Nothing is planned yet but they would like to partner with us
    - ii. A session can include 15-20 people. Cost is \$300-400 dollars
    - iii. Capital Nature has someone that is highly recommended
    - iv. Driskell Park would be the best location
    - v. Leaning towards hosting this for kids
    - vi. Possibly early November date (18th), or between Thanksgiving and the December Holiday season
    - vii. If hosted on (or near) Veterans Day, our outreach flyer should include language about “veterans welcome”
    - viii. Erica is reaching back out to Dawn with Public Works to confirm we have a tentative date of Nov 18
  - b. Self Defense
    - i. Marylynn has been unable to contact Jiu-Jitsu trainers
    - ii. Erica expressed she is willing to contribute to de-escalation technique training (to revisit in future meetings)
  - c. Men’s Health
    - i. Still up in the air on whether this would be an in-person or Zoom meeting. HWRAC believes virtual would be the best option
    - ii. Discussion on framing this around the “male lifespan,” fathers bringing sons, brothers bringing cousins, etc etc.

- iii. June as men's health month would be ideal

- d. Plant-based cooking class

- i. Dyann went to Eco City Farms, their space is wonderful
- ii. There is room for roughly 10 attendees
- iii. The suggested date is November 4th, cooking tamales. Plant-based or chicken are options. Attendees would wind up eating at the event and having some additional food to take home
- iv. The event is about 4 hours long. 10 am-2 or 1-5 pm. 1-5 pm is preferred.
- v. Price is about \$60 per person

- e. Parenting skills

- i. Tentative for early spring
- ii. Nicole could lead this (for free)
- iii. It could be at the library

- 5. Thrive Grants FY24

- a. Bumping from \$500 to \$800 per applicant Peter motioned, and Dyann seconded. Unanimous approval
- b. Updated dates to Sept 1 - Oct 13, Erica motioned, and Don seconded. Unanimous approval

- 6. New Business

- 7. Public comment – limit 2 minutes per speaker

- 8. Adjourn

- a. Arinee Motioned, Erica Seconded. Unanimous approval.