



Robert Croslin  
Mayor

Tracey Douglas  
City Administrator

November 5, 2024

To: Colonel Jarod J. Towers, Chief of Police  
Via: Major Laura Lanham, Deputy Chief of Police  
From: Lt. Scott Ratty, Special Services Division *SR 227*  
Re: 3505 Hamilton Street Fitness Center equipment purchase

With the move to the department's new public safety building, we have been working with various vendors to determine the best products for the fitness center. Prior to reaching out to vendors the department stood up a Fitness Center Project committee that was tasked with determining what equipment would best serve all members. The goal of the committee was to determine what equipment would be most useful for all employees, which brands were highest quality and identifying a vendor that provided quality equipment and allowed us to be fiscally responsible.

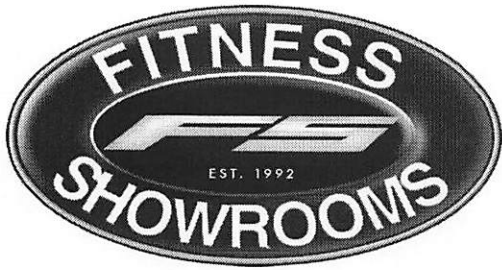
The committee met numerous times during 2024 and was comprised of members of the Patrol Division, Special Services Division and civilian staff. Committee members contacted vendors and began identifying equipment needs that fit within the designated space. During that process three vendors were identified, Fitness Showrooms, Life Fitness and McCarty Fitness Supply. The vendors provided quotes with comparable equipment with Life Fitness and Fitness Showrooms providing the best packages.

The quotes from each vendor were as follows:

McCarty Fitness Supply	\$60,780.00
Life Fitness	\$78,934.54
Fitness Showrooms	\$68,287.00

Upon reviewing the quotes, the committee voted and selected Fitness Showrooms by a 5-1 vote. The committee agreed that the quality of equipment, variety and value was exceptional. The committee also agreed that the investment in this purchase would benefit all employee's health and wellness.

Given the above information I respectfully request that the city purchase fitness equipment listed on Fitness Showrooms quote #FITQ1970 in the amount of \$68,287.00. The purchase includes equipment, delivery and installation.



**Fitness Showrooms**  
 5544 Nicholson Lane  
 Rockville, Md 20852  
 USA

**COMMERCIAL QUOTE**

QUOTE #:	FITQ1970
DATE:	Apr 4, 2024


Prepared For/Bill To:  
 SGT KIRK PILE  
 HYATTSVILLE POLICE DEPT  
 4310 GALLATIN ST  
 HYATTSVILLE, MD 20781  
 Phone:  
 Email:




Ship To Address:  
 Phone:  
 Email:

Prepared By:  
 Dominic DiMento  
 Commercial Sales Director DMV  
 Phone:  
 240-375-3587  
 Email:  
 dld@fitnessshowrooms.com

Payment Terms	Valid Through
	May 5, 2024

Here is the quote you requested.

Line #	Brand	Model #	Description	Qty	MSRP	Unit Price	Ext. Price
1		HD-4000	SIMPLE TRAINER 2 STACK W/ADJUSTABLE CABLE ARMS	1	\$6,999.00	\$4,999.00	\$4,999.00
2		CMJ-6000-1	4 STATION SINGLE POD W/LAT PULL, SEATED ROW, HI CABLE, ADJ CABLE	1	\$8,999.00	\$6,999.00	\$6,999.00
3	Hoist	CF-2179B	Commercial 3-Way Olympic Flat/Incline/Decline Bench	1	\$2,499.00	\$1,999.00	\$1,999.00
<p><i>With the sleek lines of European styling and durable American engineering, the CF Commercial Freeweight line blends beauty with brawn.</i></p> <ul style="list-style-type: none"> <li>* Ten adjustable back pad positions from -15° to 30° in 5° increments to accommodate incline, flat and decline bench exercises</li> <li>* 16 linear adjustments to accommodate varying user heights</li> <li>* Integrated dual position foot rests to allow proper exercise positions</li> <li>* Spotter stand provides more leverage and better positioning</li> <li>* Incorporates 12 weight plate holders for easy storage</li> <li>* Maximum weight storage capacity: 870 lbs (395 kg)</li> <li>* Maximum exercise weight capacity: 1,000 lbs (454 kg)</li> </ul> <p><a href="https://cdn.shopify.com/s/files/1/0057/5599/4225/files/CF-2179-B_3-Way_Olympic_Flat-Incline-Decline_Bench_ae7e2adb-06c9-43c7-8b67-325707916e81.pdf?8482">https://cdn.shopify.com/s/files/1/0057/5599/4225/files/CF-2179-B_3-Way_Olympic_Flat-Incline-Decline_Bench_ae7e2adb-06c9-43c7-8b67-325707916e81.pdf?8482</a></p> <p>Warranty: Body/Frame - 10 Years, Structural Moving parts - 5 Years, Bearings, Bushings &amp; Pulleys - 3 Years, Finish/Paint, Cables, Upholstery &amp; Accessories - 1 Year (Applies to defects from manufacturer only)</p>							
4	Hoist	CF-3165	SUPER FLAT/INCLINE/DECLINE BENCH	2	\$1,099.00	\$899.00	\$1,798.00
 <p><i>With the sleek lines of European styling and durable American engineering, the CF Commercial Freeweight line blends beauty with brawn.</i></p> <ul style="list-style-type: none"> <li>* Seven back pad positions adjust from -15°, 0°, 15°, 30°, 45°, 60° and 80° to accommodate flat, incline and decline bench exercises</li> <li>* Gas-shock assisted seat easily adjusts into five seat positions for varying user heights</li> <li>* Thermoplastic polyurethane covers for back pad adjusters to reduce wear</li> <li>* Self-aligning roller pads provide leg support during exercises</li> <li>* Integrated hand grip and wheels provide tilt 'n roll capability for easy storage</li> <li>* Maximum exercise weight capacity: 1,000 lbs (454 kg)</li> </ul> <p><a href="https://cdn.shopify.com/s/files/1/0057/5599/4225/files/CF-3165_Super_Flat-Incline-Decline_Bench.pdf?5663">https://cdn.shopify.com/s/files/1/0057/5599/4225/files/CF-3165_Super_Flat-Incline-Decline_Bench.pdf?5663</a></p> <p>Warranty: Body/Frame - 10 Years, Structural Moving parts - 5 Years, Bearings, Bushings &amp; Pulleys - 3 Years, Finish/Paint, Cables, Upholstery &amp; Accessories - 1 Year (Applies to defects from manufacturer only)</p>							

Line #	Brand	Model #	Description	Qty	MSRP	Unit Price	Ext. Price
5	Hoist	CF-3355	LINEAR LEG PRESS	1	\$5,499.00	\$5,000.00	\$5,000.00
 <p><i>With the sleek lines of European styling and durable American engineering, the CF Commercial Freeweight line blends beauty with brawn.</i></p> <ul style="list-style-type: none"> <li>* Back pad adjusts to five different positions</li> <li>* Assist bar positioned on footplate for easy entry/exit</li> <li>* Dual turn lock-outs for user safety</li> <li>* Fully enclosed linear bearing allows for a smooth and quiet motion</li> <li>* Polyurethane covered weight racks to protect frame and reduce noise</li> <li>* Can accommodate up to 26 weight plates on integrated exercise weight horns</li> <li>* Integrated weight storage</li> <li>* Maximum weight storage capacity: 720 lbs (327 kg)</li> <li>* Maximum exercise weight capacity: 1,000 lbs (454 kg)</li> </ul> <p><a href="https://cdn.shopify.com/s/files/1/0057/5599/4225/files/CF-3355_Angled_Linear_Leg_Press.pdf?5670">https://cdn.shopify.com/s/files/1/0057/5599/4225/files/CF-3355_Angled_Linear_Leg_Press.pdf?5670</a></p> <p><b>Warranty: Body/Frame - 10 Years, Structural Moving parts - 5 Years, Bearings, Bushings &amp; Pulleys - 3 Years, Finish/Paint, Cables, Upholstery &amp; Accessories - 1 Year (Applies to defects from manufacturer only)</b></p>							
6	Hoist	CF-3367A	Commercial Squat Rack	1	\$2,199.00	\$1,899.00	\$1,899.00
<p><i>With the sleek lines of European styling and durable American engineering, the CF Commercial Freeweight line blends beauty with brawn.</i></p> <ul style="list-style-type: none"> <li>* Five start / finish rack points for varying user heights</li> <li>* Permanent safety tiers</li> <li>* Front rack-outs for shoulder shrug and dead lift exercises</li> <li>* Polyurethane covered bar rack-outs and weight-racks to protect the Olympic Bar and frame</li> <li>* Integrated weight storage with ten weight plate holders</li> <li>* Maximum weight storage capacity: 900 lbs (408 kg)</li> <li>* Maximum exercise weight capacity: 1,000 lbs (454 kg)</li> </ul> <p><a href="https://cdn.shopify.com/s/files/1/0057/5599/4225/files/CF-3367-A_Squat_Rack.pdf?5663">https://cdn.shopify.com/s/files/1/0057/5599/4225/files/CF-3367-A_Squat_Rack.pdf?5663</a></p> <p><b>Warranty: Body/Frame - 10 Years, Structural Moving parts - 5 Years, Bearings, Bushings &amp; Pulleys - 3 Years, Finish/Paint, Cables, Upholstery &amp; Accessories - 1 Year (Applies to defects from manufacturer only)</b></p>							
7	Hoist	CF-3755	DUAL ANGLE SMITH	1	\$4,499.00	\$3,999.00	\$3,999.00
							
8	Hoist	CMJ-OPT-01	CROSS OVER PULL UP STATION	1	\$675.00	\$499.00	\$499.00
<p><i>The HOIST Commercial Multi Jungle System can be configured to meet both the needs of your facility and the fitness requirements of your members. Expand the jungle from the standard (4) station pod to a (9) station or (14) station with the additions of the Crossover Pull-up Bar (CMJ-OPT-01). The Jungle System keeps users interested by offering the ability to work their entire body and the flexibility to define their own exercises</i></p> <p><b>Warranty: Body/Frame - 10 Years, Structural Moving parts - 5 Years, Bearings, Bushings &amp; Pulleys - 3 Years, Finish/Paint, Cables, Upholstery &amp; Accessories - 1 Year (Applies to defects from manufacturer only)</b></p>							
9	Hoist	HDG-3100	BICEPS/ TRICEPS	1	\$3,899.00	\$3,099.00	\$3,099.00
<p><i>The HOIST® Preacher Curl/Triceps Extension with its bi-directional arm and multiple range-of-motion adjustments allows for performance of both biceps and triceps exercises all in one machine. Multiple grip options and seven seat adjustments for varying user heights also comes standard with this machine. The HD-3100 is part of HOIST's HD Dual Series line, offering a comprehensive solution for fitness facilities where space, budget or both are at a premium.</i></p> <p><b>Warranty: Body/Frame - 10 Years, Structural Moving parts - 5 Years, Bearings, Bushings &amp; Pulleys - 3 Years, Finish/Paint, Cables, Upholstery &amp; Accessories - 1 Year (Applies to defects from manufacturer only)</b></p>							
10	Hoist	HDG-3400	LEG EXTENSION/ LEG CURL	1	\$3,899.00	\$3,099.00	\$3,099.00
 <p><i>The HOIST® Leg Curl/Leg Extension offers multiple range-of-motion adjustments for both exercises. Eight back pad adjustment settings accommodates a wide range of users and our self-aligning roller pad assists in proper positioning. This machine is one of HOIST's HD Dual Series line offering an exciting blend of quality components, intuitive adjustments, superior biomechanics and excellent value.</i></p> <p><b>Warranty: Body/Frame - 10 Years, Structural Moving parts - 5 Years, Bearings, Bushings &amp; Pulleys - 3 Years, Finish/Paint, Cables, Upholstery &amp; Accessories - 1 Year (Applies to defects from manufacturer only)</b></p>							

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11	Hoist	HD-3700	CHIN-UP/DIP ASSIST	1	\$4,899.00	\$3,899.00	\$3,899.00
			<i>The HOIST® Chin/Dip Assist's compact, kneeling design saves space for a smaller footprint in any fitness facility. Four pull-up/chin-up options – including HOIST's patented FLIP-N-GRIP® handles and rock climbing grips – give users the flexibility to choose. A fold-out knee pad for assisted exercises, can be placed in a stowed position for unassisted exercises easily. And dual-position dip handles, both wide and narrow, allow for user comfort and safety.</i> <a href="https://cdn.shopify.com/s/files/1/0057/5599/4225/files/HD-3700-Spec-Sheet.pdf?v=1651364101">https://cdn.shopify.com/s/files/1/0057/5599/4225/files/HD-3700-Spec-Sheet.pdf?v=1651364101</a>  <i>Warranty: Body/Frame - 10 Years, Structural Moving parts - 5 Years, Bearings, Bushings &amp; Pulleys - 3 Years, Finish/Paint, Cables, Upholstery &amp; Accessories - 1 Year(Applies to defects from manufacturer only)</i>				
12	Star Trac	9-3140-KINTP	S SERIES UPRIGHT BIKE W/LCD - BLACK	1	\$3,199.00	\$2,599.00	\$2,599.00
			<i>One word you'll never hear used to describe our bikes is "ordinary." Settle into its wide, cushioned seat and press start on the most user-friendly display on the market. It doesn't take long to realize that we've taken the upright bike farther than most thought possible. The SUBx is prewired for the S series PVS entertainment system, and its user-friendly console features a motivational track, personal fan, accessory holder, and large control buttons. Dynamic heart-rate control adjusts exercise intensity, for interval training. The easy-up seat adjustment makes seat position changes simple.</i> <a href="http://stairmaster.sharefile.com/share/view/se2260d39b1894e579ce34978cfb08ffe">http://stairmaster.sharefile.com/share/view/se2260d39b1894e579ce34978cfb08ffe</a>  <i>Please refer to the Core Health &amp; Fitness Product Warranty Matrix.</i>				
13	Star Trac	9-3581-KUSAP	S SERIES TRC TREADMILL W/LCD - BLACK	2	\$8,499.00	\$5,699.00	\$11,398.00
			<i>Pre-wired for the S Series PVS entertainment system and powered by a 5-HP AC motor, the Star Trac STRc treadmill features a user-friendly console and keypad with a large service scrolling message window, user-specific workout programs, a dedicated heart-rate display, Polar telemetry, and multiple cup and accessory holders. The Soft Trac triple-cell cushioning system provides maximum shock-absorption, and centered dual-adjustable personal fans enhance comfort.</i> <a href="https://stairmaster.sharefile.com/share/view/sb3ccf92cb83a40c184d73538a59b20f6">https://stairmaster.sharefile.com/share/view/sb3ccf92cb83a40c184d73538a59b20f6</a>  <i>Please refer to the Core Health &amp; Fitness Product Warranty Matrix.</i>  <i>Electrical requirements: 110V/20 Amp dedicated circuit with NEMA 5-20 outlet.</i>				
14	Star Trac	9-4060-KINTP	S SERIES CROSS TRAINER W/LCD - BLACK	1	\$6,099.00	\$4,499.00	\$4,499.00
			<i>Pre-wired for the S Series PVS entertainment system, the Star Trac SCTx includes Soft Trac pedals for shock-absorbing comfort. The user-friendly console features a large message window, motivational track, a personal fan, and multiple cup and accessory holders. An approachable, stable platform with minimal step-up height offer easy access for all users.</i> <a href="https://stairmaster.sharefile.com/share/view/s1099fade3f324502a4e2aad5fd7e41af">https://stairmaster.sharefile.com/share/view/s1099fade3f324502a4e2aad5fd7e41af</a>  <i>Please refer to the Core Health &amp; Fitness Product Warranty Matrix.</i>  <i>Electrical requirements: LCD is self-generating; PVS option requires 12V/5 Amp power supply</i>				
15	Cascade	AB-MAG	AIR BIKE MAG	1	\$2,599.00	\$1,999.00	\$1,999.00
			<i>Designed with the same tough durable construction as the standard model, the new Cascade Air Bike Unlimited Mag has 8 levels of magnetic resistance at the turn of a dial. This magnetic feature gives users more resistance options than any other air bike. Lower levels are a great workout choice for more de-conditioned users, while the top levels provide exceptional high intensity workouts.</i> <a href="https://www.cascadehealthandfitness.com/wp-content/uploads/sites/4/2022/04/2022-CascadeAirBikeMAGSalesSheet.pdf">https://www.cascadehealthandfitness.com/wp-content/uploads/sites/4/2022/04/2022-CascadeAirBikeMAGSalesSheet.pdf</a>  <i>Warranty: Frame - Lifetime, Parts - 5 Years, Wearables - 2 Years, Electronics - 2 Year, Labor - 1 Year</i>				
16	Hudson Steel	UDB5	DB 5LB	2	\$32.00	\$12.50	\$25.00
17	Hudson Steel	UDB10	UDB 10LB	2	\$55.00	\$25.00	\$50.00
18	Hudson Steel	UDB15	DB 15LB	2	\$79.00	\$37.50	\$75.00
19	Hudson Steel	UDB20	UDB 20LB	2	\$99.00	\$50.00	\$100.00
20	Hudson Steel	UDB25	UDB 25LB	2	\$139.00	\$62.50	\$125.00
21	Hudson Steel	UDB30	UDB 30LB	2	\$169.00	\$75.00	\$150.00



Line #	Brand	Model #	Description	Qty	MSRP	Unit Price	Ext. Price
22	Hudson Steel	UDB35	UDB 35LB	2	\$189.00	\$87.50	\$175.00
23	Hudson Steel	UDB40	UDB 40LB	2	\$219.00	\$100.00	\$200.00
24	Hudson Steel	UDB45	UDB 45LB	2	\$259.00	\$112.50	\$225.00
25	Hudson Steel	UDB50	UDB 50LB	2	\$269.00	\$125.00	\$250.00
26	Hudson Steel	UDB55	UDB 55LB	2	\$299.00	\$137.50	\$275.00
27	Hudson Steel	UDB60	UDB 60LB	2	\$309.00	\$150.00	\$300.00
28	Hudson Steel	UDB65	UDB 65LB	2	\$339.00	\$162.50	\$325.00
29	Hudson Steel	UDB70	UDB 70LB	2	\$359.00	\$175.00	\$350.00
30	Hudson Steel	UDB75LB	UDB 75LB	2	\$389.00	\$187.50	\$375.00
31	Hudson Steel	OLYU45LB	HUDSON 45LB OLY URETHANE PLATE	10	\$229.00	\$95.00	\$950.00



<https://hudsonsteelco.com/product/urethane-olympic-plate/>

32	Hudson Steel	OLYU25LB	HUDSON 25LB OLY URETHANE PLATE	10	\$139.00	\$50.00	\$500.00
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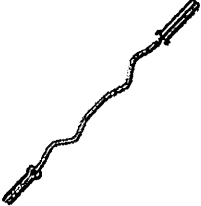




33	Hudson Steel	OLYU10LB	HUDSON 10LB OLY URETHANE PLATE	10	\$69.00	\$20.00	\$200.00
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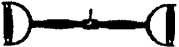

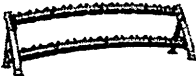


34	Hudson Steel	OLYU5LB	HUDSON 5LB OLY URETHANE PLATE	12	\$32.00	\$10.00	\$120.00
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35	Hudson Steel	OLYU2.5LB	HUDSON 2.5LB OLY URETHANE	12	\$14.00	\$0.00	\$0.00
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Line #	Brand	Model #	Description	Qty	MSRP	Unit Price	Ext. Price
36	Hudson Steel	ORC	OLYMPIC ROTATING CURL BAR	1	\$329.00	\$0.00	\$0.00
			<i>Farmers Bar has heavy duty ball bearings allowing unprecedented 360 degrees range of motion; train like a farmer! Its approximate weight is 50 lbs.</i>				
							
37	Hudson Steel	OLYCURLCHR OME	HUDSON OLY CHROME BAR CHROME	2	\$169.00	\$0.00	\$0.00
			<i>Hudson's Olympic Chrome Curl Bar is bio-mechanically angled with dual grips to allow the user to avoid injury and achieve maximum gains. The quickest way to increase upper arm strength and definition, the bar isolates and intensifies development of the bicep and forearm muscles. The Olympic Chrome Curl Bar is built to last, even under the most strenuous workout routines.</i>				
			<a href="https://hudsonsteelco.com/product/hudson-olympic-chrome-curl/">https://hudsonsteelco.com/product/hudson-olympic-chrome-curl/</a>				
							
38	Hudson Steel	OLYCLIP	HUDSON OLYMPIC CLIP	10	\$19.00	\$0.00	\$0.00
							
39	Hudson Steel	CBLC48LATBAR	HUDSON 48 LAT BAR CHROME	1	\$99.00	\$0.00	\$0.00
			<i>Hudson's 48" Chrome Lat Bar Attachment is uniquely designed for lateral stability and an extra long stretch. Hudson's 48" Chrome Lat Bar Attachment is made from solid steel and features a smooth fluid center swivel which ensures a steady flow throughout range of movement. There are a total of six knurl-textured rubber grips that allow multi-function usage for complete development of your lats, shoulders, and arm muscles. Hudson's 48" Chrome Grip Lat Bar Attachment is built to last, even under the most strenuous workout routines.</i>				
							
			<b>** Image is the Hudson rubber grip lat bar for representation only.</b>				
40	Hudson Steel	CBLR48LATBAR	HUDSON 48 LAT BAR RUBBER	1	\$99.00	\$0.00	\$0.00
41	Hudson Steel	CBLRCHIN	HUDSON CHIN BAR RUBBER	2	\$69.00	\$0.00	\$0.00
			<i>Hudson's Revolving Seated Row Rubber Grip Cable Attachment is made from solid steel construction and urethane ergo grips with a revolving handle. Suitable for use for low row exercises and close hand grip pull downs, the Hudson Revolving Seated Row Handle attaches to any standard cable workout station. Hudson's Revolving Seated Row Cable Attachment is built to last, even under the most strenuous workout routines.</i>				
							
42	Hudson Steel	CBLRTRIBAR	HUDSON CABLE TRI BAR RUBBER	2	\$59.00	\$0.00	\$0.00
			<i>Hudson's Triceps "V" Bar features durable rubber grips that are comfortable on the hands while doing your workouts and ensure safety. Hudson's Triceps "V" Bar is designed for all cable systems and can easily attach to a home gym, lat machine, cable crossover, high pulley, and many others. Hudson's Triceps "V" Bar is built to last, even under the most strenuous workout routines.</i>				
							

Line #	Brand	Model #	Description	Qty	MSRP	Unit Price	Ext. Price
43	Hudson Steel	CBLROPE	HUDSON TRICEP ROPE	2	\$59.00	\$0.00	\$0.00
			 <p><i>Hudson's Triceps Rope Attachment helps you to develop your triceps, biceps, back, shoulders, and ab muscles while improving your grip strength at the same time. Hudson's Triceps Rope is 28 inches in length and made of heavy-duty coated nylon rope with solid rubber ends. Hudson's Triceps Rope attaches to any standard cable station and is built to last, even under the most strenuous workout routines.</i></p>				
44	Hudson Steel	CBL28RLATBA R	28" RUBBER LAT BAR XD-103	1	\$69.00	\$0.00	\$0.00
			 <p><i>Hudson's 28" Rubber Lat Bar Attachment is engineered to work your back and shoulders. With a smooth fluid center swivel that ensures a constant, steady, uninterrupted motion, this versatile bar is perfect for any gym, club, or home usage. Hudson's 28" Rubber Lat Bar Attachment durable ergonomic hand grips that ensure safety and are comfortable on the hands while doing your workouts. Hudson's 28" Rubber Lat Bar Attachment is built to last, even under the most strenuous workout routines.</i></p>				
45	Hudson Steel	CBL34RLATBA R	HUDSON 34 LAT BAR RUBBER	1	\$99.00	\$0.00	\$0.00
			 <p><i>Hudson's 34" Rubber Lat Bar is engineered to work your back and shoulders. With a smooth fluid center swivel that ensures a constant, steady, uninterrupted motion, this versatile bar is perfect for any gym, club, or home usage. Hudson's 34" Rubber Lat Bar features durable ergonomic hand grips that ensure safety and are comfortable on the hands while doing your workouts. Hudson's 34" Rubber Lat Bar Attachment is built to last, even under the most strenuous workout routines.</i></p>				
46	Hudson Steel	TRIFOLDMAT	HUDSON TRI FOLD MAT	4	\$99.00	\$0.00	\$0.00
			 <p><i>Hudson's Tri-fold Mat has extra thick 2 inch memory foam padding for a comfortable workout. Features an easy wipe clean surface and two handle fold up for easy storage. Hudson's Tri-fold Mat measures 183 x 61 x 5cm.</i></p> <p><a href="https://hudsonsteelco.com/product/hudson-trifold-mat/">https://hudsonsteelco.com/product/hudson-trifold-mat/</a></p>				
47	Hoist	CF-3461-2	2-TIER HORIZONTAL DUMBBELL RACK (10 PAIRS)	2	\$1,199.00	\$999.00	\$1,998.00
			 <p><i>With the sleek lines of European styling and durable American engineering, the CF Commercial Freeweight line blends beauty with brawn.</i></p> <ul style="list-style-type: none"> <li>* Foot clearance under bottom tier for easy access and added safety</li> <li>* Polypropylene covered weight saddle</li> <li>* Stores up to ten dumbbells on each tier (10 pairs total)</li> <li>* Height of top tier: 29.00" (74 cm)</li> <li>* Maximum weight per tier: 1,400 lbs (635 kg)</li> <li>* Maximum weight storage capacity: 2,800 lbs (1,270 kg)</li> </ul> <p><a href="https://cdn.shopify.com/s/files/1/0057/5599/4225/files/CF-3461-2_2-Tier_Dumbbell_Rack.pdf?5663">https://cdn.shopify.com/s/files/1/0057/5599/4225/files/CF-3461-2_2-Tier_Dumbbell_Rack.pdf?5663</a></p> <p><i>Warranty: Body/Frame - 10 Years, Structural Moving parts - 5 Years, Bearings, Bushings &amp; Pulleys - 3 Years, Finish/Paint, Cables, Upholstery &amp; Accessories - 1 Year (Applies to defects from manufacturer only)</i></p>				
48	Hudson Steel	UDB80LB	UDB 80LB	2	\$419.00	\$200.00	\$400.00
49	Hudson Steel	UDB85	UDB 85LB	2	\$429.00	\$212.50	\$425.00
50	Hudson Steel	UDB90	DB 90LB	2	\$459.00	\$225.00	\$450.00
51	Hudson Steel	UDB95	UDB 95LB	2	\$489.00	\$237.50	\$475.00
52	Hudson Steel	UDB100	UDB 100LB	2	\$529.00	\$250.00	\$500.00
53	Hudson Steel			1	\$629.00	\$329.00	\$329.00

Line #	Brand	Model #	Description	Qty	MSRP	Unit Price	Ext. Price
		KBDB-RACK	HUDSON KETTLE/DUMBBELL RACK				
54	Hudson Steel	KETTLE-10LB	HUDSON 10LB KETTLE	2	\$32.00	\$14.00	\$28.00
55	Hudson Steel	KETTLE-15LB	HUDSON 15LB KETTLE	2	\$49.00	\$21.00	\$42.00
56	Hudson Steel	KETTLE-20LB	HUDSON 20LB KETTLE	2	\$62.00	\$28.00	\$56.00
57	Hudson Steel	KETTLE-25LB	HUDSON 25LB KETTLE	2	\$75.00	\$35.00	\$70.00
58	Hudson Steel	KETTLE-30LB	HUDSON 30LB KETTLE	2	\$92.00	\$42.00	\$84.00
59	Hudson Steel	KETTLE-35LB	HUDSON 35LB KETTLE	2	\$109.00	\$49.00	\$98.00
60	Hudson Steel	KETTLE-40LB	HUDSON 40LB KETTLE	2	\$129.00	\$56.00	\$112.00
61	Hudson Steel	KETTLE-45LB	HUDSON 45LB KETTLE	2	\$149.00	\$63.00	\$126.00
62	Hudson Steel	KETTLE-50LB	HUDSON 50LB KETTLE	2	\$151.00	\$70.00	\$140.00
63	Hudson Steel	KETTLE-55LB	55LB KETTLE	2	\$169.00	\$77.00	\$154.00
64	Hudson Steel	KETTLE-60LB	HUDSON 60LB KETTLE	2	\$189.00	\$84.00	\$168.00
65	Hudson Steel	30BR	30 FOOT BATTLE ROPE	2	\$229.00	\$0.00	\$0.00
66	Hudson Steel	PLYOSOFT	PLYOBOX SOFT	1	\$419.00	\$0.00	\$0.00



Choose from 3 different heights(20", 24" and 30") for a progressive, customizable workout. Foam core and PVC covers prevent slipping.  
 \* Durable cover resists wear and tear and wipes clean  
 \* Strong foam core remains firm after heavy use  
 \* Versatile for any type of workout: HIIT, plyometric, or MMA  
 \* Useful for varying levels of difficulty for push-ups, step-ups, box-squats, squats, lunges, dips and more  
 \* Holds up to 450 pounds

Dimensions: 20" L x 24" W x 30" H  
 3 Sided box offers 3 different heights: 20", 24", 30"

67	Cascade	RAPTOR	RAPTOR TRAINER	1	\$3,495.00	\$2,110.00	\$2,110.00
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The new Raptor Functional Trainer will have your muscles burning and heart pumping in no time at all. Target all your favorite muscle groups with the huge range of exercises that can be performed at the high, mid and low positions. Perform ski exercises, pulls, curls, squats, rows and more. There is no limit to the exercises you can perform. Burn calories, improve cardio and build strength like never before. The low impact also makes this unit a great choice for rehab. Built with the same great quality as other Cascade products.

<https://www.cascadehealthandfitness.com/wp-content/uploads/2022/10/2022-CascadeRAPTOR-FT-SalesSheet.pdf>

Depth 50" - Width 24" - Height 82" - Weight - 185 lbs

68			LAW ENFORCEMENT DISCOUNT OF 10%	1	\$0.00	-\$7,027.00	-\$7,027.00
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69	Cascade	AIR-ROWMAG	CASCADE AIR ROWER MAGNETIC	1	\$2,599.00	\$0.00	\$0.00
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Smooth and a great workout, our new Cascade Unlimited Air Rower Mag combines all the features of our original magnetic rower with the added benefit of progressive air resistance. Easy to read console offers 8 exercise programs with 16 levels of magnetic resistance and heart rate tracking with a swing away design for enhanced viewing. Rolls easily with a standup option for storage.

<https://www.cascadehealthandfitness.com/wp-content/uploads/sites/4/2022/04/2022-CascadeAirRowerMAGSalesSheet.pdf>

Warranty: Frame - Lifetime, Parts - 5 Year, Wearables - 2 Year, Electronics - 2 Year, Labor - 1 Year

Line #	Brand	Model #	Description	Qty	MSRP	Unit Price	Ext. Price
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Please contact me if I can be of further assistance.

<b>Equipment Total</b>	<b>\$63,292.00</b>
<b>Delivery &amp; Set-Up</b>	<b>\$4,995.00</b>
<b>Tax</b>	<b>\$0.00</b>
<b>Total</b>	<b>\$68,287.00</b>

By signing this quote I confirm that I am authorized to order the equipment listed with full understanding of the payment terms. Any accidental errors and/or omissions are subject to correction along with any additions or deletions of applicable related costs.

# SQUAT RACK

CF-3367-A



## FEATURES

- Five start / finish rack points for varying user heights
- Permanent safety tiers
- Front rack-outs for shoulder shrug and dead lift exercises
- Polyurethane covered bar rack-outs and weight-racks to protect the Olympic Bar and frame
- Integrated weight storage with ten weight plate holders

## SPECS

- Product Dimensions L x W x H:  
69.00" (175 cm) x 65.25" (166 cm) x 77.00" (196 cm)
- Product Weight: 310 lbs (141 kg)
- Maximum weight storage capacity: 900 lbs (408 kg)
- Maximum exercise weight capacity: 1,000 lbs (454 kg)

*(Weight plates and Olympic Bar NOT included)*



## SUPER FLAT/INCLINE /DECLINE BENCH

CF-3165



### FEATURES

- Seven back pad positions adjust from -15°, 0°, 15°, 30°, 45°, 60° and 80° to accommodate flat, incline and decline bench exercises
- Gas-shock assisted seat easily adjusts into five seat positions for varying user heights
- Thermoplastic polyurethane covers for back pad adjusters to reduce wear
- Self-aligning roller pads provide leg support during exercises
- Integrated hand grip and wheels provide tilt 'n roll capability for easy storage

### SPECS

- Product Dimensions L x W x H:  
57.00" (145 cm) x 33.00" (84 cm) x 20.00" (51 cm)
- Product Weight: 121 lbs (55 kg)
- Maximum exercise weight capacity: 1,000 lbs (454 kg)

## ANGLED LINEAR LEG PRESS

CF-3355



### FEATURES

- Back pad adjusts to five different positions
- Assist bar positioned on footplate for easy entry/exit
- Dual turn lock-outs for user safety
- Fully enclosed linear bearing allows for a smooth and quiet motion
- Polyurethane covered weight racks to protect frame and reduce noise
- Can accommodate up to 26 weight plates on integrated exercise weight horns
- Integrated weight storage

### SPECS

- Product Dimensions L x W x H:  
97.25" (247 cm) x 61.25" (156 cm) x 78.25" (199 cm)
- Product Weight: 590 lbs (268 kg)
- Maximum weight storage capacity: 720 lbs (327 kg)
- Maximum exercise weight capacity: 1,000 lbs (454 kg)

## 3-TIER DUMBBELL RACK

CF-3461-3



### FEATURES

- Foot clearance under bottom tier for easy access and added safety
- Polypropylene covered weight saddle
- Stores up to ten dumbbells on each tier (15 pairs total)

### SPECS

- Product Dimensions L x W x H:  
98.20" (249 cm) x 27.25" (69 cm) x 38.93" (98 cm)
- Product Weight: 268 lbs (122 kg)
- Maximum weight per tier: 1,400 lbs (635 kg)
- Maximum weight storage capacity: 4,200 lbs (1,905 kg)

## 3-WAY OLYMPIC FLAT /INCLINE/DECLINE BENCH

CF-2179-B

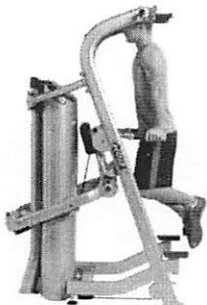
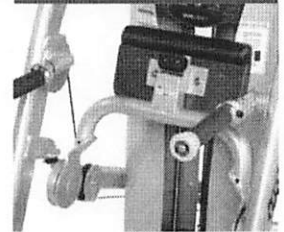


### FEATURES

- Ten adjustable back pad positions from -15° to 30° in 5° increments to accommodate incline, flat and decline bench exercises
- 16 linear adjustments to accommodate varying user heights
- Integrated dual position foot rests to allow proper exercise positions
- Spotter stand provides more leverage and better positioning
- Incorporates 12 weight plate holders for easy storage

### SPECS

- Product Dimensions L x W x H: 94.00" (238 cm) x 65.00" (164 cm) x 56.00" (142 cm)
- Product Weight: 384 lbs (174 kg)
- Maximum weight storage capacity: 870 lbs (395 kg)
- Maximum exercise weight capacity: 1,000 lbs (454 kg)

**CHIN / DIP ASSIST****HD-3700****CHIN UP (ASSISTED)****DIP (UNASSISTED)****EASY ASSIST  
PAD STORAGE****PULL-UP / CHIN-UP  
GRIPS****SPECS**

- ◆ **PRODUCT DIMENSIONS (L x W x H)**  
52.0" x 48.0 x 83.0" (132 cm x 122 cm x 210 cm)
- ◆ **PRODUCT WEIGHT HD**  
579 lbs (262 kg)
- ◆ **PRODUCT WEIGHT HDG**  
579 lbs (262 kg)
- ◆ **WEIGHT STACK HD**  
210 lbs (95 kg)
- ◆ **WEIGHT STACK HDG**  
210 lbs (95 kg)

**FEATURES**

- ◆ Compact, kneeling design saves space for a smaller footprint in fitness facilities
- ◆ Four pull-up/chin-up grip options including HOIST's patented FLIP-N-GRIP® handles and rock climbing grips
- ◆ Knee pad folds out for assisted exercises and can be placed into stowed position for unassisted exercises
- ◆ Dual-position dip handles (wide and narrow)



# STAR TRAC® S SERIES

Designed specifically for those looking for solid, commercial-quality operation at an exceptional value, our S Series doesn't cut corners. Featuring all of Star Trac's popular user-focused features like adjustable personal fans, easy-up and wrap-around seat adjusts and dual-platform pedals, the S Series gives you many of the features you'd never expect to find for the price. And then it goes beyond with components like our large LED display with oversized buttons and text, providing the easiest and most intuitive operation available.



## S-UBX UPRIGHT BIKE

BASE FEATURES	
HEART RATE MEASUREMENT SYSTEM	Telemetry and contact HR
CONTROLS	Console
BOTTOM BRACKET	Morse Taper
PEDALS	One-sided, self-leveling platform with removable ratcheting strap and morse taper mounting
SEAT ADJUSTMENT	Easy up ratcheting seat for ease of use
DISPLAY	Fixed LED
ACCESSORIES	Multiple bottle and accessory holders, pre-wired for PVS entertainment
MAX USER WEIGHT	350lb (159kg)
DRIVE SYSTEM	Alternator
ELECTRICAL REQUIREMENTS	LED is self-generating; PVS option requires 12V/5 Amp power supply
START UP WATTS	20
ADDITIONAL FEATURES	Elbow pads support multiple riding positions in comfort
FRAME	
MATERIAL	Powder Coated Steel Frame
CUSTOMIZABLE	Paint color options approval required
STANDARD COLOR OPTIONS	Star Trac Silver
LENGTH	46in (117cm)
WIDTH	23in (58cm)
HEIGHT	57in (145cm)
PRODUCT WEIGHT	141lbs (64kg)
SHIPPING DIMENSIONS	48in x 22in x 34in (122cm x 57cm x 86cm)
SHIPPING WEIGHT	157lbs (71kg)
SKUS	

9-3140-MINTP0





## PVS FEATURES

PVS	S series
DISPLAY TYPE	15.6" HD LED
RESOLUTION	1366 x 768
TUNER OPTIONS	1) ATSC/NTSC/QAM 2) PAL/DVB-T/DVB-C 3) Pro:Idiom
DIGITAL AND ANALOG SUPPORT	Yes
SIGNAL INPUTS	Coax, HDMI
INPUT RF SIGNAL RANGE	-70 dBm(Min) - - 10 dBm(Max)
CLOSE CAPTION	Yes
HEADPHONE JACK	3.5mm Integrated on PVS face

## SKUS

700-0177 KIT, PVS, MYE, 15.6" ATSC/NTSC, S-UBx  
 700-0178 KIT, PVS, MYE, 15.6" ATSC/NTSC, S-RBx  
 700-0179 KIT, PVS, MYE, 15.6" ATSC/NTSC, S-CTx  
 700-0180 KIT, PVS, MYE, 15.6" ATSC/NTSC, S-TRc  
 700-0181 KIT, PVS, MYE, 15.6" ATSC/NTSC, S-TRx  
 700-0182 KIT, PVS, MYE, 15.6" PAL/SECAM, S-UBx  
 700-0183 KIT, PVS, MYE, 15.6" PAL/SECAM, S-RBx  
 700-0184 KIT, PVS, MYE, 15.6" PAL/SECAM, S-CTx  
 700-0185 KIT, PVS, MYE, 15.6" PAL/SECAM, S-TRc  
 700-0186 KIT, PVS, MYE, 15.6" PAL/SECAM, S-TRx  
 700-0426 KIT, PVS, MYE, 15.6" PRO:IDIOM, S-UBx  
 700-0427 KIT, PVS, MYE, 15.6" PRO:IDIOM, S-RBx  
 700-0428 KIT, PVS, MYE, 15.6" PRO:IDIOM, S-CTx  
 700-0429 KIT, PVS, MYE, 15.6" PRO:IDIOM, S-TRc  
 700-0430 KIT, PVS, MYE, 15.6" PRO:IDIOM, S-TRx

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**CORE**  
 HEALTH & FITNESS

StairMaster  
 SCHWINN  
 NAUTILUS  
 STAR TRAC  
 THROWDOWN



# STAR TRAC® S SERIES

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## S-TRC TREADMILL

BASE FEATURES	
DECK SYSTEM	Reversible MDF deck with phenolic coating
RUNNING BELT SYSTEM	22in (55cm) wide belt
SIZE OF RUNNING SURFACE	60in x 22in (152cm x 55cm)
ABSORPTION SYSTEM	Triple cell cushioning system provides maximum shock absorption making the entire deck a sweet spot
STEP UP HEIGHT	7in (25.4cm)
INCLINE RANGE	0-15% max incline
SPEED RANGE	0.5-12.5mph (0.5-20kmh)
HEART RATE MEASUREMENT SYSTEM	Telemetry and contact HR
CENTER CONTROLS BAR	Warm bar with contact HR and Emergency Stop
DISPLAY	LED
USER DETECT SYSTEM	Yes, programmable on/off
ACCESSORIES	Multiple bottle and accessory holders, pre-wired for PVS entertainment
MAX USER WEIGHT	500lb (227kg)
DRIVE SYSTEM	5 HP AC motor
ELECTRICAL REQUIREMENTS	110V/20 Amp dedicated circuit with NEMA 5-20 outlet; or 220V/15 Amp dedicated circuit with NEMA 6-15 outlet
ADDITIONAL FEATURES	3.5in rollers

FRAME	
MATERIAL	Powder Coated Steel Frame
CUSTOMIZABLE	Paint color options approval required
STANDARD COLOR OPTIONS	Matte Black (-60)
LENGTH	81in (206cm)
WIDTH	32in (81cm)
HEIGHT	58in (147cm)
NET WEIGHT	381lbs (173kg)
SHIPPING DIMENSIONS	84in x 36in x 23in (214cm x 91cm x 58cm)
SHIPPING WEIGHT	459lbs (208kg)

### ADDITIONAL SKUS

9-3581-KUSAP0

9-3582-KOCEP0



## PVS FEATURES

PVS	S Series
DISPLAY TYPE	15.6" HD LED
RESOLUTION	1366 x 768
TUNER OPTIONS	1) ATSC/NTSC/QAM 2) PAL/DVB-T/DVB-C 3) Pro:Idiom
DIGITAL AND ANALOG SUPPORT	Yes
SIGNAL INPUTS	Coax, HDMI
INPUT RF SIGNAL RANGE	-70 dBm(Min) ~ - 10 dBm(Max)
CLOSE CAPTION	Yes
HEADPHONE JACK	3.5mm Integrated on PVS face

SKUS	DESCRIPTION
700-0177	KIT, PVS, MYE, 15.6" ATSC/NTSC, S-UBx
700-0178	KIT, PVS, MYE, 15.6" ATSC/NTSC, S-RBx
700-0179	KIT, PVS, MYE, 15.6" ATSC/NTSC, S-CTx
700-0180	KIT, PVS, MYE, 15.6" ATSC/NTSC, S-TRc
700-0181	KIT, PVS, MYE, 15.6" ATSC/NTSC, S-TRx
700-0182	KIT, PVS, MYE, 15.6" PAL/SECAM, S-UBx
700-0183	KIT, PVS, MYE, 15.6" PAL/SECAM, S-RBx
700-0184	KIT, PVS, MYE, 15.6" PAL/SECAM, S-CTx
700-0185	KIT, PVS, MYE, 15.6" PAL/SECAM, S-TRc
700-0186	KIT, PVS, MYE, 15.6" PAL/SECAM, S-TRx
700-0426	KIT, PVS, MYE, 15.6" PRO:IDIOM, S-UBx
700-0427	KIT, PVS, MYE, 15.6" PRO:IDIOM, S-RBx
700-0428	KIT, PVS, MYE, 15.6" PRO:IDIOM, S-CTx
700-0429	KIT, PVS, MYE, 15.6" PRO:IDIOM, S-TRc
700-0430	KIT, PVS, MYE, 15.6" PRO:IDIOM, S-TRx
700-0177-60	KIT, PVS, MYE, 15.6" ATSC/NTSC, S-UBx - 60 Black
700-0178-60	KIT, PVS, MYE, 15.6" ATSC/NTSC, S-RBx - 60 Black
700-0179-60	KIT, PVS, MYE, 15.6" ATSC/NTSC, S-CTx - 60 Black
700-0180-60	KIT, PVS, MYE, 15.6" ATSC/NTSC, S-TRc - 60 Black
700-0181-60	KIT, PVS, MYE, 15.6" ATSC/NTSC, S-TRx - 60 Black
700-0182-60	KIT, PVS, MYE, 15.6" PAL/SECAM, S-UBx - 60 Black
700-0183-60	KIT, PVS, MYE, 15.6" PAL/SECAM, S-RBx - 60 Black
700-0184-60	KIT, PVS, MYE, 15.6" PAL/SECAM, S-CTx - 60 Black
700-0185-60	KIT, PVS, MYE, 15.6" PAL/SECAM, S-TRc - 60 Black
700-0186-60	KIT, PVS, MYE, 15.6" PAL/SECAM, S-TRx - 60 Black
700-0426-60	KIT, PVS, MYE, 15.6" PRO:IDIOM, S-UBx - 60 Black
700-0427-60	KIT, PVS, MYE, 15.6" PRO:IDIOM, S-RBx - 60 Black
700-0428-60	KIT, PVS, MYE, 15.6" PRO:IDIOM, S-CTx - 60 Black
700-0429-60	KIT, PVS, MYE, 15.6" PRO:IDIOM, S-TRc - 60 Black
700-0430-60	KIT, PVS, MYE, 15.6" PRO:IDIOM, S-TRx - 60 Black

Core Health & Fitness is more than gym equipment, we offer innovative solutions for all your facility needs. This is why we've brought together five of the most recognizable fitness brands to ensure our customers can offer their members authentic fitness experiences. Whether working with us directly or through our partners and distributors worldwide, we provide the highest quality equipment backed by a service and support team that will always go the extra mile to get you what you need, when you need it. Partner with us and see how our Core Values motivate our every decision.

# CORE

## HEALTH & FITNESS



# STAR TRAC® S SERIES

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## S-CTX CROSS TRAINER

### BASE FEATURES

STEP UP HEIGHT	11in (28cm)
STRIDE TYPE	Fixed
STRIDE LENGTH	18in (48cm)
HEART RATE MEASUREMENT SYSTEM	Telemetry and contact HR
MOVEMENT ARMS	Standard upright design
CONTROLS	On Display
DISPLAY	Fixed LED
ACCESSORIES	Multiple bottle and accessory holders, pre-wired for PVS entertainment
MAX USER WEIGHT	350lb (159kg)
DRIVE	Front drive
RESISTANCE SYSTEM	Alternator
ELECTRICAL REQUIREMENTS	LED is self-generating; PVS option requires 12V/5 Amp power supply
START UP WATTS	20
ADDITIONAL FEATURES	Rear courtesy step

### FRAME

MATERIAL	Powder Coated Steel Frame
CUSTOMIZABLE	Paint color options approval required
STANDARD COLOR OPTIONS	Star Trac Silver
LENGTH	76in (193cm)
WIDTH	30in (76cm)
HEIGHT	72in (182cm)
PRODUCT WEIGHT	337lbs (153kg)
SHIPPING DIMENSIONS	79in x 30in x 50in (201cm x 75cm x 128cm)
SHIPPING WEIGHT	425lbs (193kg)

### SKUS

9-4060-MINTPO



## PVS FEATURES

PVS	S series
DISPLAY TYPE	15.6" HD LED
RESOLUTION	1366 x 768
TUNER OPTIONS	1) ATSC/NTSC/QAM 2) PAL/DVB-T/DVB-C 3) Pro:Idiom
DIGITAL AND ANALOG SUPPORT	Yes
SIGNAL INPUTS	Coax, HDMI
INPUT RF SIGNAL RANGE	-70 dBm(Min) ~ -10 dBm(Max)
CLOSE CAPTION	Yes
HEADPHONE JACK	3.5mm Integrated on PVS face

## SKUS

700-0177 KIT, PVS, MYE, 15.6" ATSC/NTSC, S-UBx  
 700-0178 KIT, PVS, MYE, 15.6" ATSC/NTSC, S-RBx  
 700-0179 KIT, PVS, MYE, 15.6" ATSC/NTSC, S-CTx  
 700-0180 KIT, PVS, MYE, 15.6" ATSC/NTSC, S-TRc  
 700-0181 KIT, PVS, MYE, 15.6" ATSC/NTSC, S-TRx  
 700-0182 KIT, PVS, MYE, 15.6" PAL/SECAM, S-Ubx  
 700-0183 KIT, PVS, MYE, 15.6" PAL/SECAM, S-RBx  
 700-0184 KIT, PVS, MYE, 15.6" PAL/SECAM, S-CTx  
 700-0185 KIT, PVS, MYE, 15.6" PAL/SECAM, S-TRc  
 700-0186 KIT, PVS, MYE, 15.6" PAL/SECAM, S-TRx  
 700-0426 KIT, PVS, MYE, 15.6" PRO:IDIOM, S-UBx  
 700-0427 KIT, PVS, MYE, 15.6" PRO:IDIOM, S-RBx  
 700-0428 KIT, PVS, MYE, 15.6" PRO:IDIOM, S-CTx  
 700-0429 KIT, PVS, MYE, 15.6" PRO:IDIOM, S-TRc  
 700-0430 KIT, PVS, MYE, 15.6" PRO:IDIOM, S-TRx

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 STAR TRAC  
 THROWDOWN



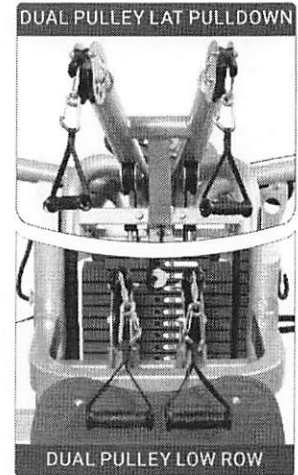
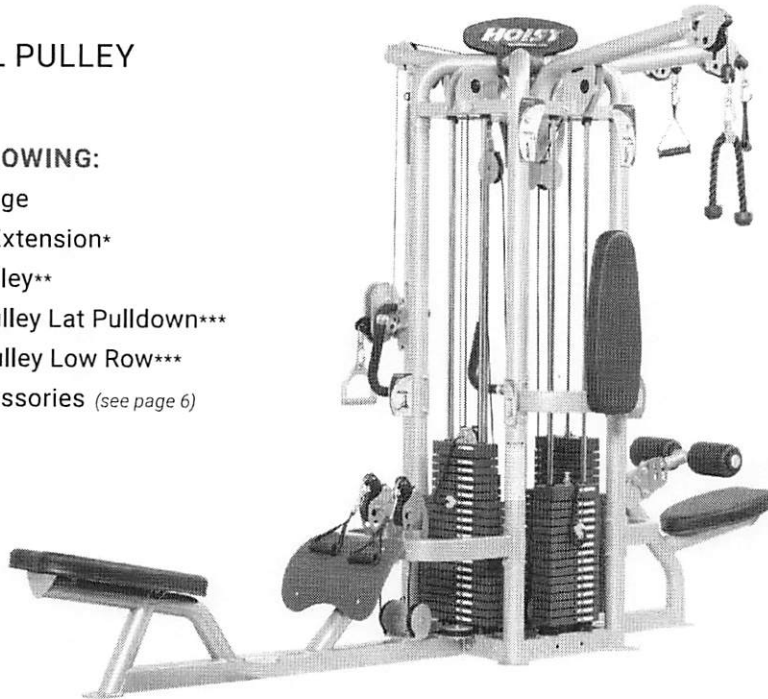
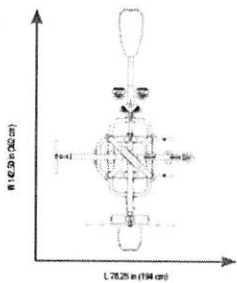
## 4-STATION

### SINGLE POD DUAL PULLEY

CMJ-6000-1D

#### INCLUDES THE FOLLOWING:

- CMJ-CAGE Base Cage
- CMJ-6101 Triceps Extension\*
- CMJ-6175 Hi-Lo Pulley\*\*
- CMJ-6201D Dual Pulley Lat Pulldown\*\*\*
- CMJ-6203D Dual Pulley Low Row\*\*\*
- Standard CMJ Accessories (see page 6)



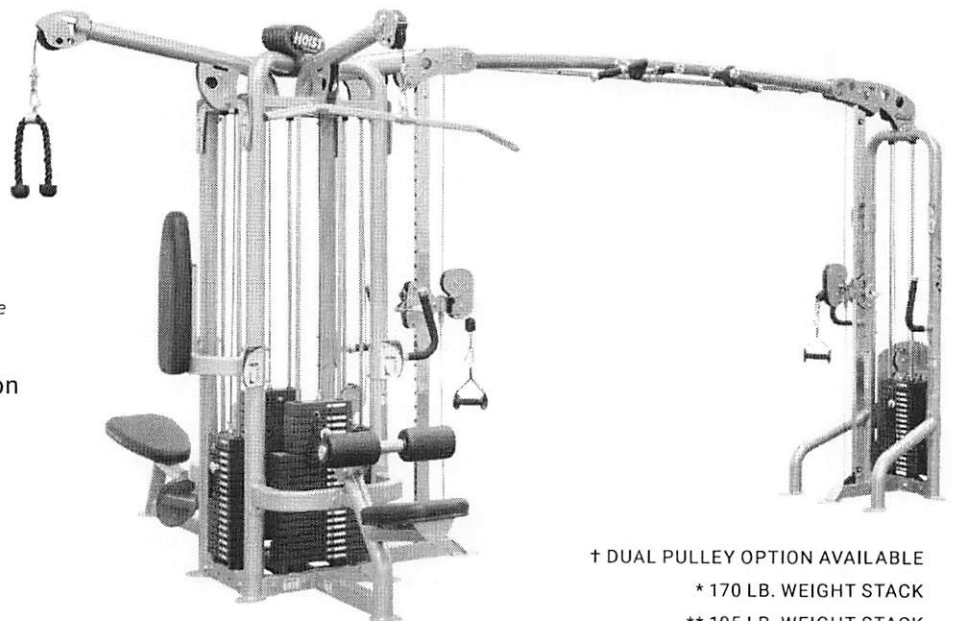
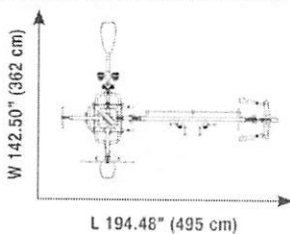
## 6-STATION

### SINGLE POD & STAND ALONE HI-LO

CMJ-6600-S

#### INCLUDES THE FOLLOWING:

- CMJ-CAGE Base Cage
- CMJ-6101 Triceps Extension\*
- CMJ-6175 Hi-Lo Pulley\*\*
- CMJ-6201 Lat Pulldown\*\*\* †
- CMJ-6203 Low Row\*\*\* †
- CMS-6175 Stand Alone Hi-Lo\*\* (see page 5)
- CMJ-OPT-01 Cross Over Pull Up Station
- Standard CMJ Accessories (see page 6)



- † DUAL PULLEY OPTION AVAILABLE
- \* 170 LB. WEIGHT STACK
- \*\* 195 LB. WEIGHT STACK
- \*\*\* 295 LB. WEIGHT STACK



# CASCADE

HEALTH & FITNESS®

## CASCADE AIR BIKE UNLIMITED MAG

Designed with the same tough durable construction as the standard model, the Cascade Air Bike Unlimited Mag has 8 levels of magnetic resistance at the turn of a dial. This magnetic feature gives users more resistance options than any other air bike. Lower levels are a great workout choice for more de-conditioned users, while the top levels provide exceptional high intensity exercise.

Like all Cascade Air Bike models, the Unlimited Mag offers infinite air resistance with a multi-grip handlebar design, especially versatile for upper body workouts. It has the same tough construction and durable features and it is ideal for both users needing low resistance exercise as well as offering a high intensity heart pumping workout for more conditioned athletes. The large foot pegs also make it simple when users only want a great upper body workout.



Cascade Air Bike Unlimited Mag

## CASCADE AIR BIKE UNLIMITED MAG - KEY PRODUCT FEATURES



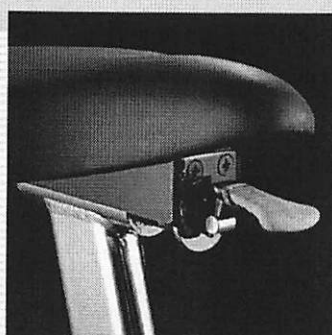
### Magnetic Resistance Knob

*Provides 8 levels of magnetic resistance to create more workout options with a greater range of resistance.*



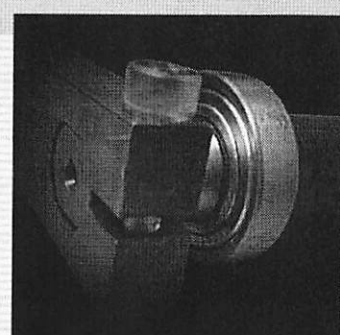
### Console With Interval Programs

*The console offers interval programs for high intensity workouts and displays time, distance, calories, rpm, watts, HIR and speed.*



### Micro-Fit Seat Adjustment

*The 4 way adjustable seat allows for a quick and easy personalized fit.*



### Sealed Bearings

*The commercial grade design is built to last.*

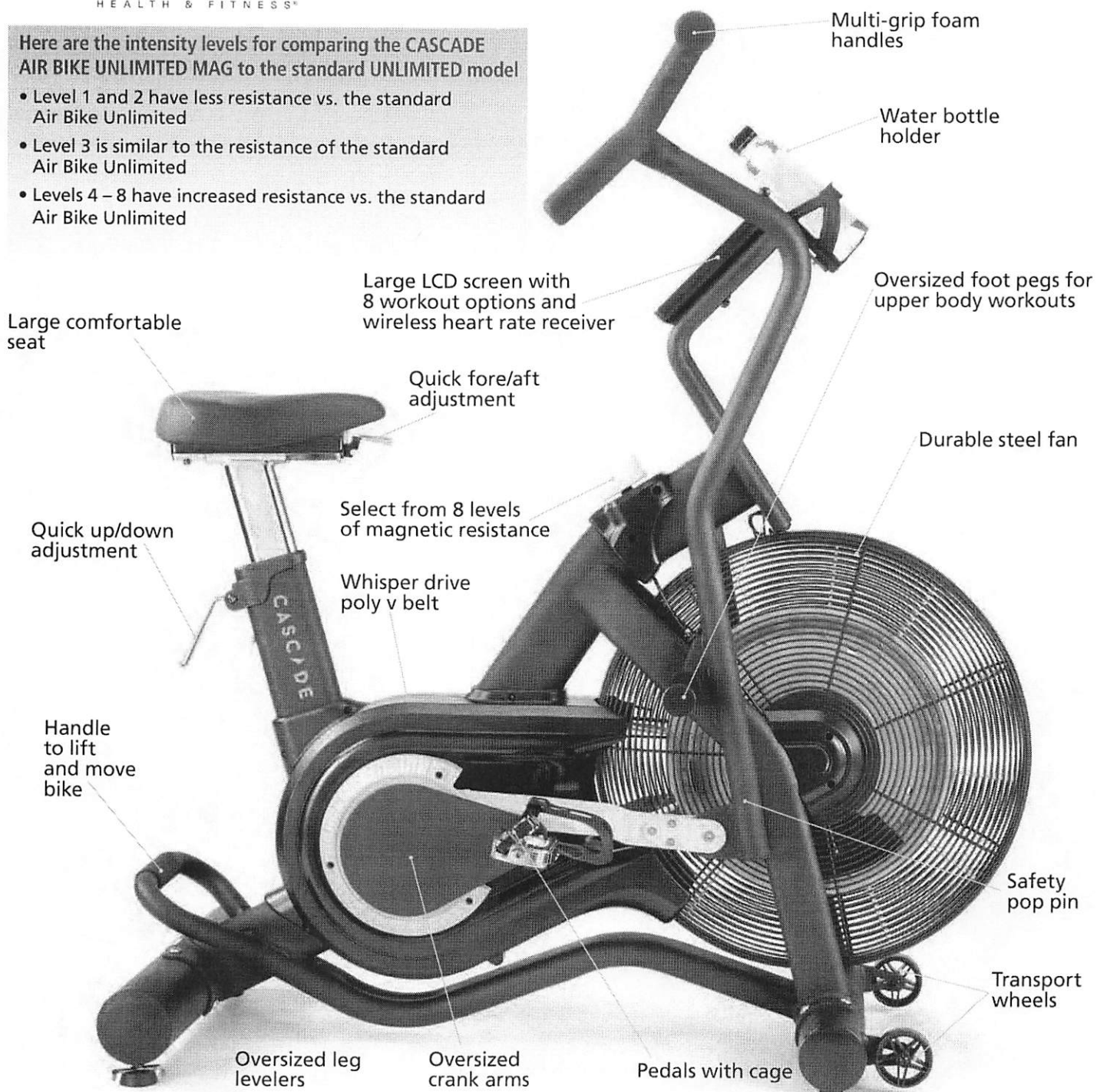
# CASCADE

HEALTH & FITNESS®

## CASCADE AIR BIKE UNLIMITED MAG

Here are the intensity levels for comparing the CASCADE AIR BIKE UNLIMITED MAG to the standard UNLIMITED model

- Level 1 and 2 have less resistance vs. the standard Air Bike Unlimited
- Level 3 is similar to the resistance of the standard Air Bike Unlimited
- Levels 4 – 8 have increased resistance vs. the standard Air Bike Unlimited



*Cascade Air Bike Unlimited Mag*

### KEY BENEFITS

- Unlimited magnetic air resistance
- Commercial quality – extremely durable
- 8 workout programs
- Great value

### SPECIFICATIONS

Length	48.4 in ( 123 cm)
Height	56 in (142 cm)
Width	26.6 in (67.5 cm)
Weight	168.75 lbs (76.5 kg)
Max User Weight	350 lbs (159 kg)





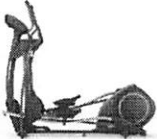

# McCarty Fitness Supply

1029 East Gude Dr suite 102  
 Rockville MD, 20850  
 Phone: 240-361-8770 Email: Sales@mccartyfitness.com


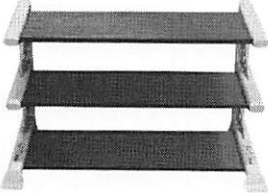
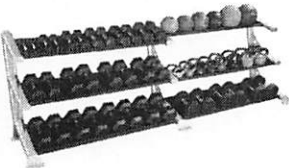

Invoice #95192

Date: April 16, 2024

**BILL To:**

	QTY	Description	Unit	EXT
	1	DLEC-SF Body Solid Leg Curl and Extension	\$ 3,350.00	\$ 3,350.00
	1	DCLP-SF Pro Dual Leg Press/Calf Press	\$ 3,550.00	\$ 3,550.00
	2	Vortex VT5001 Commercial Treadmill with integrated LED display	\$ 3,199.00	\$ 6,398.00
	1	Vortex Commercial Stair Climber with integrated TV screen ST4000	\$ 3,495.00	\$ 3,495.00
	1	SPORTSART E835 ELLIPTICAL	\$ 4,650.00	\$ 4,650.00
	1	Endurance FB300 Air Bike	\$ 890.00	\$ 890.00
	1	Spirit CU800 Commercial Upright Bike	\$ 2,199.00	\$ 2,199.00

	1	Body Solid 3 way soft plyo	\$ 235.00	\$ 235.00
	1	Vortex Commercial 8 station Cable Cross Machine VCCM8100B	\$ 8,995.00	\$ 8,995.00
	1	SPR1000Back with premium spotter arms, 2 j hooks, 6 weight storage pegs	\$ 1,850.00	\$ 1,850.00
	1	U Link attachment for SPR1000 for battle ropes SPRUL	\$ 57.00	\$ 57.00
	1	Spr1000 Heavy Bag holder rack attachment	\$ 109.00	\$ 109.00
	1	SPRDIP Attachments for dip for SPR1000	\$ 175.00	\$ 175.00
	1	DBTC-SF Pro Dual Bicep/Tricep machine	\$ 3,150.00	\$ 3,150.00
	1	2x5, 2x10, 2x15, 2x20, 2x25, 2x30, 2x35, 2x40, 2x45, 2x50, 2x55, 2x60, 2x65, 2x70, 2x75, 2x80, 2x85, 2x90, 2x95, 2x100 lb rubber hex dumbbells	\$ 2,950.00	\$ 2,950.00

				
	1	S2ACD Commercial Pullup/Dips weight stack	\$ 3,195.00	\$ 3,195.00
	1	SDKR1000 Commercial Dumbbell rack 3 tier	\$ 995.00	\$ 995.00
	1	SDKR1000 Commercial Dumbbell rack 1st tier: Dumbbells 2nd tier: Kettlebell storage 3rd Tier: Ball Storage	\$ 995.00	\$ 995.00
	3	SFID325B Commercial Adjustable Bench	\$ 425.00	\$ 1,275.00
	1	4x45, 2x35, 2x25, 2x15, 2x10 LB Vortex Commercial Bumper Plates	\$ 645.00	\$ 645.00
	1	Black Oxide 7 ft Olympic Barbell Vortex BTX200	\$ 195.00	\$ 195.00
	2	Black Oxide EZ Curl bars Vortex	\$ 65.00	\$ 130.00
	2	10 Lb Kettlebells Steel Body Solid	\$ 14.00	\$ 28.00
	2	15 Lb Kettlebells	\$ 21.00	\$ 42.00
	2	20 Lb Kettlebells	\$ 28.00	\$ 56.00
	2	25 Lb Kettlebells	\$ 35.00	\$ 70.00
	2	30 Lb Kettlebells	\$ 42.00	\$ 84.00
	2	35 Lb Kettlebells	\$ 49.00	\$ 98.00
	2	40 Lb Kettlebells	\$ 56.00	\$ 112.00
	2	45 Lb Kettlebells	\$ 63.00	\$ 126.00
	2	50 Lb Kettlebells	\$ 70.00	\$ 140.00
	2	55 Lb Kettlebells	\$ 77.00	\$ 154.00
	2	60 Lb Kettlebells	\$ 84.00	\$ 168.00
	2	30 foot battle ropes	\$ 95.00	\$ -
	2	V Bar Attachment	\$ 42.00	\$ -
	1	Body Solid Lat Pullbar with Dual Handles	\$ 42.00	\$ -
	1	Tricep Ropes	\$ 33.00	\$ -
	2	Chin V Bar for Rows	\$ 35.00	\$ -
	1	Straight Lat Pulldown Bar	\$ 85.00	\$ -
	10	Olympic Barbell Clips	\$ 17.00	\$ -

<b>Subtotal</b>	<b>\$ 50,561.00</b>
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Freight	\$ 1,935.00
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Installation	\$ 8,284.00
Subtotal	\$ 60,780.00
Sales Tax	
<b>Total</b>	<b>\$ 60,780.00</b>



# QUOTE

Quote# **3728448 - 2R**

Date 16-AUG-2024

## Bill To

HYATTSVILLE POLICE  
DEPARTMENT  
3505 HAMILTON STREET  
HYATTSVILLE, PRINCE  
GEORGES  
MD 20782  
US

Contact:  
Cell:  
Office:  
Email:

## Ship To

HYATTSVILLE POLICE  
DEPARTMENT  
3505 HAMILTON STREET  
HYATTSVILLE, PRINCE  
GEORGES  
MD 20782  
United States

Contact:  
Cell:  
Office:  
Email:

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## SALES REPRESENTATIVE

CHRISTOPHER SIMONCINI  
Cell: 717-688-6232  
Office:  
Email: Chris.Simoncini@lifefitness.com

## Life Fitness

### Corporate Address:

10601 Belmont Avenue  
Franklin Park, IL 60131 USA  
Phone: Main (847) 288-3300  
Toll Free (800) 735-3867

### Remittance Address:

2716 Network Place,  
Chicago, IL  
60673, USA

## ONSITE CONTACT

Cell: TBD  
Email: TBD  
Facility ID:

Line	Model #	Qty	Unit Price	Unit Discount	Unit Selling Price	TOTAL PRICE
1	<b>ACC-BSU</b> BOSU PRO BALANCE TRAINER, GRAY	1	288.00	-72.00	216.00	216.00
2	<b>LF-FR</b> LIFE FITNESS FOAM ROLLER, GRAY, SOFT, 36IN	2	53.00	-13.25	39.75	79.50
3	<b>LF-SB</b> LF STABILITY BALL,55CM,RED	1	64.00	-16.00	48.00	48.00
4	<b>LF-SB</b> LF STABILITY BALL,65CM,GREY	1	70.00	-17.50	52.50	52.50
5	<b>HS-BP</b> Hammer Bumper,45LB,Premium Rubber,Blue	10	283.00	-73.00	210.00	2,100.00
6	<b>HS-BP</b> Hammer Bumper,35LB,Premium Rubber,Yellow	6	235.00	-65.00	170.00	1,020.00
7	<b>HS-BP</b> Hammer Bumper,25LB,Premium Rubber,Green	6	198.00	-58.00	140.00	840.00
8	<b>HS-BP</b> HAMMER BUMPER, 10LB, STANDARD RUBBER, BLACK	6	53.00	-18.00	35.00	210.00
9	<b>ACC-DB</b> HEX DUMBBELL SET 5- 50LB,RUBBER	1	1,515.00	-378.75	1,136.25	1,136.25
10	<b>ACC-DB</b> HEX DUMBBELL SET 55- 75LB,RUBBER	1	1,539.00	-384.75	1,154.25	1,154.25

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Line	Model #	Qty	Unit Price	Unit Discount	Unit Selling Price	TOTAL PRICE
11	<b>ACC-CL</b> Collar, Lock Jaw Oly 2, Black, (Pair)	1	90.00	-22.50	67.50	67.50
12	<b>HS-OB</b> Hammer Olympic Bar,28MM,Chrome,Bushing,20KG	1	611.00	-161.00	450.00	450.00
13	<b>ACC-BR</b> BATTLE ROPE, 1.5IN(38mm) DIA, 30FT(9.1m), BLK	1	136.00	-34.00	102.00	102.00
14	<b>HS-PB</b> HAMMER PLYO BOX, 20 24 30, SOFT FOAM	1	1,309.00	-329.00	980.00	980.00
15	<b>HS-SB</b> HAMMER SLAMBALL, 10LBS	1	74.00	-18.50	55.50	55.50
16	<b>HS-SB</b> HAMMER SLAMBALL, 15LBS	1	94.00	-23.50	70.50	70.50
17	<b>HS-SB</b> HAMMER SLAMBALL, 20LBS	1	113.00	-28.25	84.75	84.75
18	<b>HS-SB</b> HAMMER SLAMBALL, 25LBS	1	133.00	-33.25	99.75	99.75
19	<b>HS-SB</b> HAMMER SLAMBALL, 30LBS	1	154.00	-38.50	115.50	115.50
20	<b>PT-AB-01</b> Hammer Strength HD Airbike	1	2,549.00	-1,049.00	1,500.00	1,500.00
21	<b>PRF-ROW</b> Heat Row	1	3,179.00	-1,279.00	1,900.00	1,900.00
22	<b>ASPX-SL</b> ASPIRE CROSS-TRAINER SL MODEL - Aspire Cross Trainer SL Arctic Silver Base/SL BIKE/CT LED CONSOLE ENGLISH IMPERIAL	1	6,999.00	-2,809.00	4,190.00	4,190.00
23	<b>ASPT-SL</b> ASPIRE TREADMILL SL MODEL - Aspire Tread SL Arctic Silver Low VT Base/SL TREAD LED CONSOLE ENGLISH IMPERIAL/	2	8,999.00	-3,609.00	5,390.00	10,780.00
24	<b>OP-SLCE</b> AXIOM SEATED LEG CURL/EXTENSION - Platinum Frame//Royal Blue Uph//Rear Shroud	1	5,003.00	-1,603.00	3,400.00	3,400.00
	Royal Blue Uph	1	146.00	-146.00	0.00	0.00
25	<b>OP-LP</b> AXIOM LEG PRESS - Platinum Frame///Royal Blue Uph/Rear Shroud	1	5,569.00	-1,869.00	3,700.00	3,700.00
	Royal Blue Uph	1	146.00	-146.00	0.00	0.00

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Date 16-AUG-2024

Line	Model #	Qty	Unit Price	Unit Discount	Unit Selling Price	TOTAL PRICE
26	<b>HDT-HR-BC</b> HD ATH. HALF RACK PREMIUM BAR CATCH	1	769.00	-249.00	520.00	520.00
27	<b>HDT-PRBS</b> HD ATH. PREMIUM BAR SUPPORT, PAIR	1	369.00	-119.00	250.00	250.00
28	<b>HDU-ARC</b> HD UNIVERSAL ARC BAR - MATTE HIGH WEAR BLUE	1	335.00	-115.00	220.00	220.00
29	<b>HDU-BG3</b> 3" BALL GRIP (PAIR)	2	175.00	-65.00	110.00	220.00
30	<b>HDU-BPD</b> BUMPER PLATE DIVIDER	4	115.00	-34.50	80.50	322.00
31	<b>HDU-MAB</b> MULTI ADJUSTABLE BENCH - PLATINUM/ROYAL BLUE UPHOLSTERY	2	1,200.00	-400.00	800.00	1,600.00
32	<b>HDU-NG</b> NEUTRAL GRIP HANDLES (PAIR) - MATTE HIGH WEAR BLUE	1	250.00	-80.00	170.00	170.00
33	<b>HDU-ADDP</b> HD UNIVERSAL DUAL PULLDOWN ROW ADD - HIGH WEAR PLATINUM/MATTE HIGH WEAR YELLOW/ENGLISH/POUNDS/HDU CABLE COLUMN REAR SHROUD/ROYAL BLUE UPHOLSTERY/HDU ADD WIDTH 72IN / 183 CM/PERIMETER SIDE FRAME/72IN / 183 CM 2 PIPE/72IN / 183 CM 2 PIPE/NONE/NONE <i>Total 4,930.00</i>	1	6,600.00	-2,112.00	4,488.00	4,488.00
	72IN / 183 CM 2 PIPE	1	325.00	-104.00	221.00	221.00
	72IN / 183 CM 2 PIPE	1	325.00	-104.00	221.00	221.00
34	<b>HDU-ADPSF</b> HD UNIVERSAL PERIMETER ADD - HIGH WEAR PLATINUM/MATTE HIGH WEAR YELLOW/ENGLISH/HDU ADD WIDTH 72IN / 183 CM/PERIMETER SIDE FRAME/72IN / 183 CM SQUARE/72IN / 183 CM DUMBBELL TRAY/72IN / 183 CM DUMBBELL TRAY/72IN / 183 CM DUMBBELL TRAY/NONE <i>Total 2,228.12</i>	1	1,534.00	-490.88	1,043.12	1,043.12
	72IN / 183 CM DUMBBELL TRAY	1	395.00	0.00	395.00	395.00
	72IN / 183 CM DUMBBELL TRAY	1	395.00	0.00	395.00	395.00
	72IN / 183 CM DUMBBELL TRAY	1	395.00	0.00	395.00	395.00

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Date 16-AUG-2024

Line	Model #	Qty	Unit Price	Unit Discount	Unit Selling Price	TOTAL PRICE
35	<b>HDU-ADPSF</b> HD UNIVERSAL PERIMETER ADD - HIGH WEAR PLATINUM/MATTE HIGH WEAR YELLOW/ENGLISH/HDU ADD WIDTH 42IN / 107 CM WITH HS SIGN/PERIMETER SIDE FRAME/42IN / 107 CM MONKEY BAR/NONE/NONE/NONE/NONE <i>Total 1,140.36</i>	1	1,534.00	-490.88	1,043.12	1,043.12
	HDU ADD WIDTH 42IN / 107 CM WITH HS SIGN	1	143.00	-45.76	97.24	97.24
36	<b>HDU-CCOR</b> HD UNIVERSAL CABLE CORE - HIGH WEAR PLATINUM/MATTE HIGH WEAR YELLOW/ENGLISH/POUNDS/HDU CABLE COLUMN REAR SHROUD/HDU CORE WIDTH 72IN / 183 CM/72IN / 183 CM SQUARE/72IN / 183 CM ACCESSORY TRAY/72IN / 183 CM ACCESSORY TRAY/NONE/NONE <i>Total 7,861.32</i>	1	10,399.00	-3,327.68	7,071.32	7,071.32
	72IN / 183 CM ACCESSORY TRAY	1	395.00	0.00	395.00	395.00
	72IN / 183 CM ACCESSORY TRAY	1	395.00	0.00	395.00	395.00
37	<b>RPI-6X8</b> 6X8 RUBBER PLATFORM WITH INSERT - HD ATHLETIC PERIMETER HALF RACK/1 RACK/HDT-PSF QUANTITY 1 <i>Total 747.00</i>	1	826.00	-266.00	560.00	560.00
	1 RACK	1	275.00	-88.00	187.00	187.00
38	<b>PL-GHRH</b> Hammer Strength Glute Ham/Reverse Hyper Combo - Platinum Frame/Platinum WorkArm/Royal Blue Uph/English	1	4,499.00	-1,499.00	3,000.00	3,000.00
39	<b>S180-CORE</b> SYNRGY180 CORE - Blue Frame Built-to-Order/English/Suspension Chin/Stability Ball Storage/Rope Pull/Heavy Bag Anchor/None/Battle Rope Anchor/Bosu Ball plus Shelf/None/Accessory Shelf/Dual Rail Shelf/Accessory Shelf <i>Total 6,117.00</i>	1	2,321.00	-821.00	1,500.00	1,500.00
	Blue Frame Built-to-Order	1	316.00	0.00	316.00	316.00
	Suspension Chin	1	274.00	-87.68	186.32	186.32
	Stability Ball Storage	1	246.00	-78.72	167.28	167.28

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Date 16-AUG-2024

Line	Model #	Qty	Unit Price	Unit Discount	Unit Selling Price	TOTAL PRICE
	Rope Pull	1	3,110.00	-995.20	2,114.80	2,114.80
	Heavy Bag Anchor	1	478.00	-152.96	325.04	325.04
	Battle Rope Anchor	1	260.00	-83.20	176.80	176.80
	Bosu Ball plus Shelf	1	547.00	-175.04	371.96	371.96
	Accessory Shelf	1	547.00	-175.04	371.96	371.96
	Dual Rail Shelf	1	316.00	-101.12	214.88	214.88
	Accessory Shelf	1	547.00	-175.04	371.96	371.96
<b>40</b>	<b>S180-SIDE</b> SYNRGY180 SIDE STORAGE - Mat Storage/None/None/None/None/Roller Storage/None/None/None/None Total 604.53	1	0.01	0.00	0.01	0.01
	Mat Storage	1	274.00	-87.68	186.32	186.32
	Roller Storage	1	615.00	-196.80	418.20	418.20
<b>41</b>	<b>ACC-TRX</b> TRX SUSPENSION TRAINER	2	399.00	-99.75	299.25	598.50
<b>42</b>	<b>LF-KB</b> LF KETTLEBELL, 45LB, RUBBER, STAINLESS HANDLE	2	191.00	-47.75	143.25	286.50
<b>43</b>	<b>LF-KB</b> LF KETTLEBELL, 10LB, RUBBER, STAINLESS HANDLE	2	92.00	-23.00	69.00	138.00
<b>44</b>	<b>LF-KB</b> LF KETTLEBELL, 15LB, RUBBER, STAINLESS HANDLE	2	103.00	-25.75	77.25	154.50
<b>45</b>	<b>LF-KB</b> LF KETTLEBELL, 20LB, RUBBER, STAINLESS HANDLE	2	119.00	-29.75	89.25	178.50
<b>46</b>	<b>LF-KB</b> LF KETTLEBELL, 25LB, RUBBER, STAINLESS HANDLE	2	132.00	-33.00	99.00	198.00
<b>47</b>	<b>LF-KB</b> LF KETTLEBELL, 30LB, RUBBER, STAINLESS HANDLE	2	147.00	-36.75	110.25	220.50
<b>48</b>	<b>LF-KB</b> LF KETTLEBELL, 35LB, RUBBER, STAINLESS HANDLE	2	162.00	-40.50	121.50	243.00
<b>49</b>	<b>LF-KB</b> LF KETTLEBELL, 40LB, RUBBER, STAINLESS HANDLE	2	175.00	-43.75	131.25	262.50
<b>50</b>	<b>LF-BG</b> LIFE FITNESS BAG GLOVES, 10oz/285g, PAIR, RED	1	70.00	-14.00	56.00	56.00

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Quote#

**3728448 - 2R**

Date 16-AUG-2024

Line	Model #	Qty	Unit Price	Unit Discount	Unit Selling Price	TOTAL PRICE
51	<b>LF-CM</b> LF, CORE MAT, 55Lx24Wx0.39in(139x61cm x 10mm),BLUE	4	59.00	-14.75	44.25	177.00
52	<b>LF-HB</b> LIFE FITNESS PREMIUM HEAVY BAG-40KG,BLK,W/CHAINS	1	750.00	-187.50	562.50	562.50
53	<b>LF-MB</b> LIFE FITNESS MEDICINE BALL,4LB,YELLOW	1	50.00	-12.50	37.50	37.50
54	<b>LF-MB</b> LIFE FITNESS MEDICINE BALL,6LB,GREEN	1	66.00	-16.50	49.50	49.50
55	<b>LF-MB</b> LIFE FITNESS MEDICINE BALL,8LB,ORANGE	1	81.00	-20.25	60.75	60.75
56	<b>LF-MB</b> LIFE FITNESS MEDICINE BALL,10LB,RED	1	94.00	-23.50	70.50	70.50
57	<b>LF-MB</b> LIFE FITNESS MEDICINE BALL,12LB,BLUE	1	110.00	-27.50	82.50	82.50

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Quote#

3728448 - 2R

Date 16-AUG-2024

PO Number	Subtotal		
Payment Type	List Price		101,347.01
Payment Terms	Adjustment and Surcharge		-33,688.43
Freight Terms	Selling Price		67,658.58
FOB			
	Freight/Fuel/Installation		11,275.96
	Tax	TAXES AS APPLICABLE	
	Total(USD)		78,934.54

Notes:

TOTAL \$82,994.13

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Quote#

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Date 16-AUG-2024

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Shipment Priority: STANDARD  
Requested Delivery Date: 30-OCT-2024

This order quote is valid for 30 days. Buyer may accept by either (1) returning this quote with Buyer's signature or (2) by Buyer issuing a Purchase Order against this quote to Life Fitness. In all cases, this order quote and its acceptance are subject to the Life Fitness Commercial Terms & Conditions of Sale posted online at <https://www.lifefitness.com/en-us/legal/terms-conditions>, which supersede any terms in Buyer's purchase orders, policies, vendor guidelines and any other documents that pre-date or post-date this purchase. Any inconsistent terms in Buyer's documents are deemed to have been rejected. Upon acceptance by Buyer and then Life Fitness, this Agreement shall become legally binding and constitutes the sole and complete agreement of the parties.

For avoidance of doubt, if Buyer and Life Fitness executed an active Master Agreement, the applicable Master Agreement will govern this Agreement and the Life Fitness Standard Terms and Conditions will supplement.

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