

City of Hyattsville
Health, Wellness, and Recreation Advisory Committee
Minutes
7:00-8:30 PM
April 25, 2024

Committee Attendees: Peter Stockus, Carol Plato, Nicole Betschman, Erica Thomas, Don Burger, Dyann Waugh, Marylyn Presutti, Brittney Miller, Arinee Flurry

Staff Liaison: Cheri Everhart

Public Attendees:

Council Attendees: Michelle Lee

Actions:

The meeting commenced: 7:04 p.m.

The meeting adjourned: 7:36 p.m.

1. Amend/Approve minutes from March Meeting
 - a. Carole motioned to approve, Don seconded. Unanimous approval.
2. Speaker Series:
 - a. Self Defense
 - i. Marylyn has emailed and will follow up with physical contact with the Brazilian Jiu Jitsu place.
 - ii. Erica to follow up.
 - b. Men's Health - June
 - i. Approved for June 29 at the Duck Pond.
 - ii. HWRAC to provide water bottles and packaged snacks.
 - iii. Rough run of show:
 1. Start time around 9am with a short "pep talk."
 2. Walk around the pond 8 times to represent the 1/8 men who are diagnosed with prostate cancer.
 3. Come back and have a brief discussion about men's health and prostate cancer.
 - c. Parenting self-care
 - i. No updates from Erica, date to be pushed back to around the start of school. Erica working on slides

3. Bike Rodeo

- a. Peter to put out no parking signs
- b. Arinee will volunteer.
- c. Peter to secure a food truck.
- d. Marylyn to update Ward 4 about event at upcoming community meeting
- e. Peter will email an informational flyer to the group.

4. Public comment – limit 2 minutes per speaker

5. New Business

6. Adjourn

- a. Motion to adjourn, Dyann. Don seconded. Unanimous approval.