

**City of Hyattsville**  
**Health Wellness and Recreation Thrive Grants Program**

**Section 1 – Contact Information**

**1. Applicant Information**

Applicant Name: Frank Mills

Applicant Position: Executive Director

Applicant Organization: Chelsea School

Applicant Email Address: [REDACTED]

Applicant Phone Numbers: [REDACTED]

**Section 2 – Description of Grant Request**

**Title of Project: Chelsea School Lunch Program**

**Project Description**

Chelsea School is a nonprofit, non-public, special education school located in Hyattsville, Maryland that serves students with language-based learning disabilities in a college preparatory environment. Chelsea School is a small school (currently 71 students) that utilizes low student-to-teacher ratio, multisensory instructional methodologies, and time-tested literacy interventions to support students with dyslexia. Since 1976, we have been changing the trajectory for our students, most of whom were at-risk for school elopement, academic failure, and dropping out prior to coming to our school. Chelsea School serves publicly-funded students from several Maryland counties, as well as students from the District of Columbia. Our greatest source for publicly-funded students is Prince George's County Public Schools, which accounts for over 50% of our student population.

Chelsea School has a kitchen that is approved by the Prince George's County Department of Health for food service and warming. Because it is not a full-service kitchen for cooking and preparation, our lunches are catered. This year, Chelsea School has contracted with Open Arms Catering, which provide all of the school lunches to students Monday through Thursday. Contracting with Open Arms Catering has proven to be a great improvement to our lunch program. In the past, we relied on local restaurants (pizza, sandwiches, etc.) for meals, but now our lunches are much more nutritious and healthy.

This school year, Chelsea School will receive \$10,000 from the State of Maryland for school lunches. We anticipate the total cost of lunches to be over \$40,000 for the year, with most of the difference made up by student-paid meals. For our lunch program we run a break-even model, and try to keep the cost of meals as low as possible for our families (\$5 or under), while still providing healthy and nutritious food. Approximately 75% of our families are able to pay for their children's lunches, while approximately 15% receive reduced lunch prices, and roughly 10% receive free meals. The cost of these free and reduced lunches are absorbed by the school as financial losses. We are asking, through the City of Hyattsville's Thrive Program, to help us offset our school's loss in this area with a \$500 grant.

### **Project Goals and Objectives**

It is likely that the funds from the Thrive Project grant would only provide student lunches for one or two of our students for the year, but we still regard this as significant. For the 10% of our students who require free lunches, supporting their nutritional needs is paramount to their success in school. Since the COVID-19 pandemic, our school has been providing regular deliveries of non-perishable groceries to our families driven by donations from our school community.

**Goal:** To offset the financial burden of providing free lunches to at least one of our most needy students.

### **Expected activities**

- Provide a daily nutritious school lunch to one our students who qualify for free lunch for each day they attend school.
- Continue to provide a free lunch to any student who cannot pay.
- Continue to provide regular deliveries of non-perishable groceries to our at-risk families.

### **Expected outcomes**

Providing lunch to all of our students, regardless of their ability to pay, has always been a priority of the Chelsea School. Students cannot learn if they are hungry, and there are many studies to suggest that a nutritious lunch has many benefits for students. We have seen a direct correlation between school attendance and the assurance of a free lunch for our most at-risk students.

### **List expected tangible results**

- Full funding of school lunch for at least one, and perhaps two of our most needy students.
- Reduced financial burden to the school to absorb the cost of student lunches.

Project Start Date: ASAP

Project End Date: June 16, 2023

### **Section 3 – Project Details**

**What topic areas does the project address?**

☒ Nutrition

☐ Physical Activity

☐ Obesity

☐ Diabetes

☐ Cardiovascular Health

☐ Mental Health - Stress Management, Isolation

- ☐ Substance Abuse
- ☐ Environmental Health Issues
- ☐ Health effects of Climate Change
- X Other (Please Specify): Education

**What population you are focusing on? Select all that apply.**

- ☐ Not applicable
- X Adolescents
- X African-American / Black
- ☐ Asian
- X At-Risk/Vulnerable Populations
- ☐ Children & Families
- X Disabled People
- ☐ Elderly
- ☐ Foster Youth & Families
- ☐ Hispanic/Latino
- ☐ Unhoused Populations
- ☐ Immigrants and Refugees
- ☐ Incarcerated or Formerly Incarcerated Populations
- ☐ LGBTQ+ Communities
- X Low-Income Communities
- ☐ Men's Health
- ☐ Migrant Workers
- ☐ Military/Veterans
- ☐ Native Alaskan
- ☐ Pacific Islanders
- ☐ Parents and Families
- ☐ People Living With HIV/AIDS
- ☐ People With Addictions
- X People With Disabilities
- X Poor/Economically Disadvantaged
- ☐ Single Parents
- ☐ Tobacco Users
- ☐ Tribal Communities
- ☐ Victims of Crime
- ☐ Women's Health
- X Youth

☐ Other (please specify)

**What wards are affected. Select all that apply.**

☐ Ward 1

☐ Ward 2

X Ward 3 (location of school)

☐ Ward 4

☐ Ward 5

☐ All Wards

☐ Other (please specify)

**Section 4 – Financial Information**

Amount Requested: \$500

Detailed Budget Outline: I have attached our 22-23 MSDE-approved budget overview, as well as our contract with Open Arms Catering stipulating a cost of \$4,800 per month for school lunches. If additional financial information is needed, please let me know.

Check Should be Payable To (Name and address):

Jeff Green, Director of Finance  
Chelsea School  
2970 Belcrest Center Drive  
Suite 300  
Hyattsville, MD 20782

# Chelsea School Budget Overview FY 2023

	Jul '22 - Jun 23
<b>Ordinary Income/Expense</b>	
Income	
Tuition	3,049,690.00
Tuition - Summer School	105,600.00
Related Services	242,134.00
Grant Revenue	60,000.00
Miscellaneous	10,000.00
<b>Total Income</b>	<b>3,467,424.00</b>
<b>Gross Profit</b>	<b>3,467,424.00</b>
Expense	
Salaries/Contractors & Benefits	2,314,487.00
Fringe Benefits/Insurance	223,887.00
Taxes	191,876.00
Professional Service	65,000.00
Instructional	
Student Lunch	10,000.00
HIGH SCHOOL INSTRUCTIONAL	18,000.00
Maintenance Supplies & Equipment	500.00
Supplies	5,500.00
Classroom/Office Furniture/Equipment	500.00
<b>Total Instructional</b>	<b>34,500.00</b>
Phone/Fax/Internet	9,800.00
Postage	1,500.00
Occupancy/Facility Mgmt/Utilities	576,474.00
Purchases/Rental/Maintenance of Equipment	13,000.00
Public Relations	11,000.00
Publications	9,600.00
Educational Experiences	9,000.00
Dues/Licenses	7,300.00
Non Funded MSDE Expenses	15,000.00
Financial Aid/Scholarship Expense	156,904.00
<b>Total Expense</b>	<b>3,639,328.00</b>
<b>Net Ordinary Income</b>	<b>-171,904.00</b>
<b>Net Income</b>	<b>-171,904.00</b>



**Open Arms Catering  
Proposal For Services**

Phone: 202 517 3414  
Email: openarmscatering@gmail.com  
Address: 865 HR DR. SE, Washington, DC 20032

*Date: August 1, 2022*

**I. PURPOSE.** We are pleased to offer the following terms and conditions under which Open Arms Catering LLC proposes to render services to client Chelsea School for the 2022-2023 school year.

**II. THE PARTIES.**

	<b>Party A</b>	<b>Party B</b>
<b>Name:</b>	Open Arms Catering LLC	Chelsea School
<b>Address:</b>	865 HR DR. SE, Washington, DC 20032	2070 Belcrest Center Dr. #300 Hyattsville. MD 20782

**III. SCOPE OF WORK.**

**Open Arms Catering (Party A):** will provide lunches Monday through Thursday each week for Chelsea School. Open Arms Catering will prepare a lunch menu for each calendar month of the school year. The Staff of Open Arms Catering will agree to have backgrounds checks for both the state of Maryland and the District of Columbia completed at Chelsea School expense. Open arms Catering will provide proof of liability insurance. Open Arms Catering will be responsible for providing lunches to (50) fifty Students and (10) ten staff members, additional lunches will be available for staff members to purchase at any time. Open Arms Catering LLC will provide hot and cold lunches and the price of a lunch will be fixed at \$5.00 for students and staff. Open Arms catering will serve lunch on "hot food" days. "Cold food" days will be prepared and set up to be passed out by Chelsea School staff. Open Arms Catering will uphold the policies of Chelsea School District administrators, safety officials, and faculty as applicable. Open Arms Catering responsibilities for overseeing food services at the school site will include:

1. Provide lunches Monday through Thursday each week;
2. Reporting in uniform during the scheduled arrival and departure times at Chelsea School during scheduled student days;
3. Distributing hot lunches to students, and faculty;
4. Preparing and setting up cold lunches for Chelsea School;
5. Adjusting the number of lunches based on the needs of Chelsea School;

**Required Purchases:** Open Arms Catering (Party A) will purchase products and equipment for staff to be used during food services, which will include:

- Food
- Serving Utensils
- Applicable serving equipment
- Pans
- Aprons

**Chelsea School (Party B)** will provide the Chelsea School Year Calendar, emergency plan and all applicable Chelsea School safety policies to Open Arms Catering (Party A). Chelsea School (Party B) will appoint a Chelsea School staff member(s) to facilitate correspondence on behalf of the schools served and Open Arms Catering (Party A). Chelsea School (Party B) will forward all school closures and emergencies as needed to Open Arms Catering (Party A). Chelsea School (Party B)

**Required Purchases:** Chelsea School (Party B) will purchase paper products for students and staff to be used lunch time, which will include:

- Paper Plates
- Individually Wrapped Utensils
- Applicable meal products
- Plastic cups
- Bottled Water
- Napkins in Dispensers
- Background checks



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**IV. DURATION OF SERVICES.** Proposed services to be rendered for scheduled student days for the 2022-2023 Chelsea school year.

**V. BUDGET.** We hereby submit the total estimated cost of service to be rendered by Chelsea School (Party B) to Open Arms catering (Party A) for the 2022-2023 school year is to be \$4,800.00 a month. This amount is susceptible to decrease if a school day is virtual or a holiday. Payment will be paid monthly, 2 weeks before the calendar month to prep food inventory and monthly lunch calendar.

The amount requested will be to cover the following:

Item	Total Cost Per Yr.
Open Arms Catering Staff	\$
Food	\$
Products	\$
Total	\$

**VI. DISPUTES.** The Parties agree to resolve any dispute arising out of this proposed agreement through polite interactions and negotiations. If any dispute cannot be resolved by negotiation within ninety (90) days, the Partners involved shall enter mediation in accordance with the rules under Governing Law.

If said mediation is not successful in resolving the dispute or is not applicable, any outstanding issues will be submitted to final and binding arbitration under the rules of the American Arbitration Association. The arbitrator's award shall be final, and judgment may be entered upon it by any court having proper jurisdiction within the Governing Law.

**VII. ACKNOWLEDGMENTS.** Each Party makes the following acknowledgments in this agreement:

a. *Mutually Benefiting.* The agreement does not constitute nor should be recognized as a partnership agreement, but as mutually benefiting terms for the purpose of the proposed services.

b. *Confidentiality.* Beginning on the Effective Date, both Parties shall be obligated to withhold sharing any proprietary information of each Party or of any details related to services ("Confidential Information"). Such Confidential Information shall include, but not be limited to, documents, plans, data, reports, concepts, strategies, finances, specifications, customer lists, pricing, sales, charts, profiles, goals, and any other related business activity.

The Parties agree not to disclose, in any manner, Confidential Information in perpetuity or the longest period allowed under Governing Law.

Each Party recognizes that any violation of this section that consists of sharing Confidential Information shall give rise to irreparable harm for which damages would not be an adequate remedy. Therefore, in addition to any other legal remedies which may be available in law or in equity, the affected Party shall be entitled to equitable or injunctive relief against the unauthorized use or disclosure of Confidential Information. Such a breach shall consequently award the affected Party to recover its Attorney's fees and costs due to excising their rights under this agreement.

c. *Notices.* All notices under this agreement must be in writing and sent to the Party's mailing address mentioned in Section I. Such notices must be sent in any of the following methods:



**Open Arms Catering  
Proposal For Services**

Phone: 202 517 3414  
Email: openarmscatering@gmail.com  
Address: 865 HR DR. SE, Washington, DC 20032

- i. Delivery in-person;
- ii. Overnight courier service; or
- iii. Certified or registered mail that includes a return receipt.

d. **Amendments.** This proposal may only be amended or modified by written agreement and approval of both Parties.

e. **Assignment.** No Party shall have the right to delegate or assign its duties under this proposed agreement without the prior written consent of both Parties. This includes any potential sub-contracting services as it relates to the proposed activities rendered (Section III; Scope of Work) which both Parties must agree to such terms.

**VIII. SEVERABILITY.** If any provision of this agreement or the proposal thereof shall, for any reason and to any extent, be invalid or unenforceable, neither the remainder of this proposed agreement nor the application of the provision to other persons, entities, or circumstances shall be affected thereby, but instead shall be enforced to the maximum extent permitted by law.

**IX. ADDITIONAL TERMS. [ADDITIONAL TERMS]**

**X. ACCEPTANCE OF PROPOSAL** This proposal contains all the terms to be agreed to by the parties relating to its subject matter, including any attachments or addendums. This proposed agreement replaces all previous discussions, understandings, and oral agreements. Party A and Party B agree to the terms and conditions and shall be bound until the end of the Term. The above mentioned budget and specifications are satisfactory and hereby accepted.

**IN WITNESS WHEREOF,** the acceptance of this proposal has been executed and delivered in the manner prescribed by law as of the Effective Date first written below:

**Open Arms Catering  
(Party A)**

Rep. Name: Michelle Branch Title: Owner

Signature: \_\_\_\_\_ Date: 08/01/2022

**Chelsea School**

**(Party B)**

Rep. Name: KEISTAL WOOD-BROWN Title: HEAD of School

Signature: [Signature] Date: 8/9/22

Witness Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**XI. EFFECTIVE DATE OF SERVICES**

Start Date: 8/29/22 End Date: 4/7/23



# **City of Hyattsville**

## **Health Wellness and Recreation Thrive Grants Program**

### **Section 1 – Contact Information**

#### **1. Applicant Information**

**Applicant Name:** Alison Mendoza-Walters

**Applicant Position:** Volunteer Organizer, Hyattsville Family Bike Ride

**Applicant Organization (If applying as an individual, please enter "Individual" and complete section 1.2):** Individual

**Applicant Email Address:** [REDACTED]

**Applicant Phone Numbers:** [REDACTED]

**Adult co-sponsor for minors:** N/A

#### **2. Supporting Organization Information**

**If applying as an individual, enter the name of organization that will accept the funding on your behalf otherwise please skip section 1.2.**

**Supporting Organization:** LAR Consulting, LLC

**Authorized Official Name:** Laura Runnels

**Applicant Position:** CEO

**Applicant Email Address:** [REDACTED]

**Applicant Phone Numbers:** [REDACTED]

### **Section 2 – Description of Grant Request**

**Title of Project:** Hyattsville Family Bike Ride Outreach

#### **Project Description**

**Please describe the project for which you are seeking funding (one page limit)**

The Hyattsville Family Bike Ride (the Ride) is a monthly social bicycle ride for families to engage in physical activity, deepen connections with neighbors, and explore local outdoor recreation spaces. On the 3rd Saturday of the month, I lead a slow-paced bike ride from Driskell Park to local playgrounds and other kid-friendly places. Riders of all ages are welcome. Children can come on their own bikes, on bike seats or trailers attached to caregivers' bikes, or on cargo bikes built to haul children. The inaugural ride was on June 18, 2022, when seven families rode

on the Anacostia River Trail network to Bladensburg Waterfront Park. Other recent and planned destinations include Kenilworth Aquatic Gardens, the interactive fountain near Whole Foods in Riverdale Park, and Calvert Park in College Park.

The Ride is a safe and fun way to address our community's health issues. According to the Prince George's County Community Health Assessment, obesity and mental health are two of the county's top priorities. Physical activity, spending time in nature, and building social relationships are proven to boost both physical and mental health. The Ride also encourages families to use "green" transportation, thereby helping to reduce air and noise pollution from vehicles. On each ride, I emphasize the importance of safe biking practices. I am a former League of American Bicyclists certified bicycle instructor and taught bicycle classes with the Washington Area Bicyclist Association and REI for five years. We follow all traffic rules and practice good trail etiquette so that all trail users, whether walking, on feet or on wheels, can have a safe and positive experience.

As the Ride began relatively recently, I am working on recruiting more families to join the monthly ride. With support from the City of Hyattsville's Thrive Grant, I will be able to buy promotional materials, such as stickers and water bottles, custom printed with information about the Ride. I will distribute the promotional materials to Hyattsville parents and families to boost community participation in this monthly health, wellness, and recreational activity.

### **Project Goals and Objectives**

Briefly describe what the project would accomplish with Thrive Grant Funding (one page limit)

The Thrive Grant will help me reach the goal of increasing participation in the monthly Hyattsville Family Bike ride. My outreach thus far has been through the Hyattsville Nurturing Parents (HNP) listserve, social media, texts, and word of mouth. With physical promotional materials, paid for by the Thrive Grant, I will be able to engage additional families that I haven't been able to connect with through existing outreach channels. With support from the Thrive Grant, more children and adults will be able to build relationships with other ride participants, experience the breadth of outdoor recreation activities in Hyattsville and surrounding communities, and boost their physical and mental health.

### **Expected activities**

Briefly list the major activities that would be undertaken to support the goals and objectives (one page limit)

#### *Design and purchase promotional materials*

Marketing and outreach will be key to increasing participation in the Ride. I will create custom printed water bottles, stickers, door hangers, and refrigerator magnets to provide information about the Ride and promote the Ride's Twitter page (@HVLfamilyride).

Sample design for bumper sticker



### *Distribute promotional materials*

I will distribute bundles of promotional materials to all current Ride participants to distribute to their friends and neighbors. I will personally spread the word about the Ride and distribute promotional materials to neighbors, daycare contacts, people I encounter at playgrounds and on bike trails, and other appropriate venues.

### *Continue monthly rides*

I will continue to lead the Ride on the 3rd Saturday of the month. All new Ride participants will receive a promotional water bottle. As more families join the Ride, I will encourage them to promote the Ride to their contacts and provide them with extra promotional materials to distribute if desired.

### *Maintain and update Twitter page*

I will continue to promote the ride via Twitter.

### **Expected outcomes**

List expected tangible results (one page limit)

The expected outcomes are as follows:

1. Distribute all promotional materials:
  1. 50 water bottles
  2. 50 door hangers
  3. 100 stickers for kids
  4. 24 bumper stickers
  5. 20 postcard-sized magnets
2. Increase the average number of families per ride by 20% (baseline of 5 families)
3. Double the number of Twitter followers (baseline of 23)

**Project Start Date:** October 15, 2022

**Project End Date:** Ongoing, until promotional materials are all distributed

### **Section 3 – Project Details**

**What topic does the project address?**

- ☐ Nutrition
- ☒ Physical Activity
- ☒ Obesity
- ☒ Diabetes
- ☒ Cardiovascular Health
- ☒ Mental Health - Stress Management, Isolation
- ☐ Substance Abuse
- ☒ Environmental Health Issues
- ☐ Health effects of Climate Change
- ☐ Other (Please Specify):

**What population you are focusing on? Select all that apply.**

- ☐ Not applicable
- ☒ Adolescents
- ☒ African-American / Black
- ☒ Asian
- ☐ At-Risk/Vulnerable Populations
- ☒ Children & Families
- ☐ Disabled People
- ☐ Elderly
- ☒ Foster Youth & Families
- ☒ Hispanic/Latino
- ☐ Unhoused Populations
- ☐ Immigrants and Refugees
- ☐ Incarcerated or Formerly Incarcerated Populations
- ☐ LGBTQ+ Communities
- ☐ Low-Income Communities
- ☐ Men's Health
- ☐ Migrant Workers
- ☒ Military/Veterans
- ☐ Native Alaskan
- ☒ Pacific Islanders
- ☒ Parents and Families
- ☐ People Living With HIV/AIDS
- ☐ People With Addictions
- ☐ People With Disabilities
- ☐ Poor/Economically Disadvantaged
- ☒ Single Parents
- ☐ Tobacco Users
- ☐ Tribal Communities
- ☐ Victims of Crime
- ☒ Women's Health
- ☒ Youth
- ☐ Other (please specify)

**What wards are affected. Select all that apply.**

- ☐ Ward 1
- ☐ Ward 2
- ☐ Ward 3
- ☐ Ward 4
- ☐ Ward 5
- ☒ All Wards
- ☐ Other (please specify)

#### Section 4 - Financial information

Amount requested: \$499

##### Detailed budget outline

Item	Price per unit	# of units	Total cost
Bumper sticker	\$ 3.50	24	\$ 84.00
Plain water bottle	\$ 3.00	50	\$ 150.00
Cricut paper - 80 sheets (to customize water bottles)	\$ 25.00	1	\$ 25.00
Magnet (postcard size)	\$ 2.00	20	\$ 40.00
Door hangers	\$ 1.00	50	\$ 50.00
Stickers	\$ 1.50	100	\$ 150.00

Check should be payable to:

LAR Consulting, LLC

949 Woodbourne Ave.

Pittsburgh, PA 15226



October 6, 2022

Health Wellness and Recreation Committee  
Thrive Grant Program  
City of Hyattsville  
4310 Gallatin Street  
Hyattsville, MD 20781

Dear Committee and Staff:

Hyattsville Aging in Place (HAP) is happy to submit this proposal to the 2022 Thrive Grant Program.

We propose to deliver produce from the Riverdale Park Farmers Market and Eco-City Farms from April through June to seniors in Hyattsville, including easy recipes for preparing the produce that we will solicit from the recipients and other seniors.

HAP will post these recipes to social media as well and send them by email to residents on our mailing list to expand the distribution list.

We hope the Committee will find this proposal worthy and we look forward to hearing from you.

Sincerely,

*Kristine Aulenbach*

Kris Aulenbach  
Board Chair  
Hyattsville Aging in Place  
[REDACTED]  
[REDACTED]  
HyattsvilleAginginPlace.org

## **Health Wellness and Recreation Thrive Grants Program Application**

### **Section 1 – Contact Information**

#### **1. Applicant Information**

**Applicant Name:** Kris Aulenbach

**Applicant Position:** Board Chair

**Applicant Organization** (If applying as an individual, please enter "Individual" and complete section 1.2):

Hyattsville Aging in Place

**Applicant Email Address:** [REDACTED]

**Applicant Phone Numbers: Office:** [REDACTED]

**Adult co-sponsor for minors:** NA

#### **2. Supporting Organization Information NA**

If applying as an individual, enter the name of organization that will accept the funding on your behalf otherwise please skip section 1.2.

Supporting Organization:

Authorized Official Name:

Applicant Position:

Applicant Organization (If applying as an individual, please enter "Individual"):

Applicant Email Address:

Applicant Phone Numbers:

## **Section 2 – Description of Grant Request**

### **Title of Project: Heathy Food for Seniors**

**Project Description** (Please describe the project for which you are seeking funding -one page limit).

Hyattsville Aging in Place (HAP) is proposing a project to deliver healthy produce from the Riverdale Park Farmers Market and Eco-City Farms to seniors in Hyattsville that HAP works with. The project will run April through June when spring produce, including lettuces, beans, and asparagus, is beginning to be harvested and as warmer weather is bringing more seniors outside.

We expect to provide a range of fruits and vegetables in line with what is fresh and available, including lettuces, greens, cucumbers and tomatoes, early squash, and berries as we get into May and June. As we have done in the past, each delivery will include a specialty item, which could be a fruit or maybe a bread. We will include easy recipes with the deliveries that can be made on the top of the stove and/or simple baked dishes that can be made in the microwave or oven. HAP volunteers will deliver the vegetables on Friday/Saturday and spend time talking to the senior residents, explaining the recipes and checking in to see how they are. The program will provide at least four (4) deliveries of fresh food from April through June, averaging about \$200 for each delivery. HAP will supplement the grant with its own funds as \$500 will not cover all expenses.

This project will help seniors stay healthy, as well as support farmers at the market.

HAP provides direct volunteer assistance to 45-50 seniors on a regular basis. This group of seniors includes African-, Middle Eastern-, Hispanic- and Asian-Americans. Most of the seniors have health and mobility problems, including diabetes. And most are less likely to go out. In addition to delivering this produce from April to June, HAP will post the easy recipes we are including on social media to reach a wider audience and seniors in surrounding communities.

Hyattsville Aging in Place initiated a project like this in summer 2021 with a Food Insecurity grant from the Greater Washington Community Foundation. Thanks to the Thrive program last spring, HAP was able to continue the program (supplemented by its own funds) and continued the program through September 2022. In addition to delivering vegetables to individual seniors from the Farmers Market, HAP also made multiple deliveries of fresh vegetables and fruit to Meals on Wheels of College Park, thanks to the generosity of Eco-City Farms, which was looking for local partners to help distribute excess harvested crops.

With a 2022 Thrive grant, HAP will serve Hyattsville seniors and continue this partnership with Meals on Wheels (who serve 160 area residents, including seniors in Hyattsville), the Riverdale Park Farmers Market and Eco-City Farms.



**Project Goals and Objectives** (Briefly describe what the project would accomplish with Thrive Grant Funding (one page limit))

- 1) Provide Hyattsville seniors with fresh fruits and vegetables, as well as recipe suggestions.
- 2) Reduce isolation for seniors through friendly visits from HAP volunteers making the deliveries.
- 3) Provide regular, personal check-ins by a volunteer who sees the senior over time.
- 4) Provide recommendations for cooking and using vegetables which may influence healthy eating habits throughout the year.
- 5) Collaborate with other local organizations working on food security issues, including the Farmers Market, Meals on Wheels and Eco-City Farms.

**Expected activities**

Briefly list the major activities that would be undertaken to support the goals and objectives (one page limit)

1. Query seniors on which vegetables they are interested in.
2. Identify vegetables available at the Farmers Market and negotiate with Farmers for pickup.
3. Pick up and deliver vegetables at least 4–5 times during the period (April, May, June)
4. Recruit volunteers to deliver vegetable packages, but use HAP phone tree to contact.
5. Identify easy and interesting recipes for seasonal vegetables, involving seniors to identify their favorite recipes to share.
6. Identify surprise specialty items.
7. Determine satisfaction or concerns with deliveries.

**Expected outcomes**

List expected tangible results (one page limit)

1. Ongoing contact with seniors and discussion of healthy eating.
2. Reduction in isolation and improvement of mood as result of contact with volunteers.
3. Increase in healthy eating with new vegetables and fun recipes.
4. Further develop relationships with organizations involved in food security in our area, including the City of Hyattsville, Meals on Wheels, Riverdale Park Farmers Market, and Eco-City Farms and others.

**Project Start Date: March 15, 2023**

**Project End Date: June 30, 2023**

### **Section 3 – Project Details**

**What topic areas does the project address?**

**X Nutrition**

- ☐ Physical Activity
- ☐ Obesity
- ☐ Diabetes
- ☐ Cardiovascular Health

**X Mental Health - Stress Management, Isolation**

- ☐ Substance Abuse
- ☐ Environmental Health Issues
- ☐ Health effects of Climate Change

**X Other (Please Specify): Social Isolation**

**What population you are focusing on? Select all that apply.**

- ☐ Not applicable
- ☐ Adolescents
- ☐ African-American / Black
- ☐ Asian
- ☐ At-Risk/Vulnerable Populations
- ☐ Children & Families
- ☐ Disabled People

**X Elderly**

- ☐ Foster Youth & Families

- ☐ Hispanic/Latino
- ☐ Unhoused Populations
- ☐ Immigrants and Refugees
- ☐ Incarcerated or Formerly Incarcerated Populations
- ☐ LGBTQ+ Communities

**X Low-Income Communities**

- ☐ Men's Health
- ☐ Migrant Workers
- ☐ Military/Veterans
- ☐ Native Alaskan
- ☐ Pacific Islanders
- ☐ Parents and Families
- ☐ People Living With HIV/AIDS
- ☐ People With Addictions

**X People With Disabilities (Seniors)**

**X Poor/Economically Disadvantaged**

- ☐ Single Parents
- ☐ Tobacco Users
- ☐ Tribal Communities
- ☐ Victims of Crime
- ☐ Women's Health
- ☐ Youth
- ☐ Other (please specify)

**What wards are affected. Select all that apply.**

- ☐ Ward 1
- ☐ Ward 2
- ☐ Ward 3
- ☐ Ward 4
- ☐ Ward 5

**X All Wards**

- ☐ Other (please specify)

**Section 4 – Financial Information**

**Amount Requested: \$500**

**Detailed Budget Outline:**

**Purchase of Produce monthly @ avg \$200/delivery × 4 deliveries = \$800**  
(\$500 from grant, \$300 from HAP funds.)

**Payment of time for Consultant**

Estimated at \$50/hour × 2 hours per delivery × 4 deliveries = \$400  
(all from HAP funds)

**Volunteer hours (in kind contribution)**

Estimated at 10 volunteers 2 hour per delivery × \$32.82\* × 4 deliveries = \$2,626  
\* Independent Sector's valuation of volunteer hours.

**Hyattsville Aging in Place**

**Checks should be made payable to Hyattsville Aging in Place and mailed to**

**Hyattsville Aging in Place  
P.O.Box 113  
Hyattsville, Md. 20781**

## **Health Wellness and Recreation Thrive Grants Program Application**

### **Contents**

#### **Section 1 - Contact Information**

#### **Section 2 - Description of Grant Request**

#### **Section 3 - Project Details**

#### **Section 4 - Financial Information**

### **Section 1 – Contact Information**

#### **1. Applicant Information**

Applicant Name: Leandro Pavon

Applicant Position: Community School Coordinator

Applicant Organization (If applying as an individual, please enter "Individual" and complete section 1.2):

Applicant Email Address: [REDACTED]

Applicant Phone Numbers: [REDACTED]

**Adult co-sponsor for minors:**

#### **2. Supporting Organization Information**

If applying as an individual, enter the name of organization that will accept the funding on your behalf otherwise please skip section 1.2.

Supporting Organization: Hyattsville Elementary

Authorized Official Name: Leandro Pavon

Applicant Position: Community School Coordinator

Applicant Organization (If applying as an individual, please enter "Individual"): Individual

Applicant Email Address: [REDACTED]

Applicant Phone Numbers: [REDACTED]

### **Section 2 – Description of Grant Request**

Title of Project: Afterschool Enrichment

## **Project Description: Hyattsville Elementary Lions Den - Afterschool Enrichment**

Hyattsville Elementary will have a variety of activities to support students' physical, mental, and social-emotional learning needs. Each afterschool enrichment has a different focus on supporting our student's needs. Below is a list of upcoming activities:

### **Expected Activities**

- **Italian Cubs** - Students will have an opportunity to learn a second language which will allow them to boost problem-solving skills, critical thinking, and listening skills, in addition to improving memory, concentration, and the ability to multitask. Students proficient in other languages also show significant improvement in creativity and mental flexibility. These
- **Lions Roar – Martial Arts** - Lions Roar afterschool program will help students focus on individual growth, not just on team competitions, many kids struggle with the pressure of competing with other kids; however, in martial arts, the focus is on self-improvement. Martial arts emphasizes self-control and concentration, students have to stay focused to learn and to do the movements. When a child's focus drifts, the instructor often asks them to take a "ready stance." This lets them reset and get ready for what's next.
- **Dramatic Cubs** - Drama gives educators the opportunity to teach our students in a way, which would create a love for learning, It provides valuable problem-solving, social, and creative skills. Drama embraces the child's imagination and emotions this process also assists with anxiety. Allowing students to learn how to focus on breathing and relaxation, stretching the body, and exercising the voice when preparing for the activities.
- **Artistic Cubs** - Artistic cubs is an art-infused afterschool program to support social and emotional learning activities to help students build emotional awareness, focus and empathy. This program will support one of the needs identified in the 2021-2022 needs assessment.
- **Lions Pawn – Chess Club** - The Lions Pawn after-school chess program will teach students how to analyze a situation by focusing on important factors and by eliminating distractions. Students will learn to devise creative solutions and put a plan into action. These techniques are necessary to support all 3 of our SPP S.M.A.R.T Goals.
- **Los Leones** - Beginner Spanish Classes for Students, this program will help with literacy in English, it enhances problem-solving, attentional control, and the ability to switch tasks.

**Project Goal/Objective:** To provide students with experiences, since the pandemic started lots of our students have lost out on experiences and activities, and we are hopeful that these programs will also support students overall with life experiences and with their social and emotional learning. Overall afterschool programs have been proven to support social, emotional, cognitive, and academic development, reduce risky behaviors, promote physical health and provide a safe and supportive environment for children.

**Project Start Date:** October 4th, 2022 - **Project End Date:** May 30th, 2023

### Project Description

Please describe the project for which you are seeking funding (one page limit).

### Project Goals and Objectives

Briefly describe what the project would accomplish with Thrive Grant Funding (one page limit)

### Expected activities

Briefly list the major activities that would be undertaken to support the goals and objectives (one page limit)

### Expected outcomes

List expected tangible results (one page limit)

Project Start Date:

Project End Date:

## Section 3 – Project Details

What topic areas does the project address?

- ☐ Nutrition
- ☒ Physical Activity
- ☐ Obesity
- ☐ Diabetes
- ☐ Cardiovascular Health
- ☒ Mental Health - Stress Management, Isolation
- ☐ Substance Abuse
- ☐ Environmental Health Issues
- ☐ Health effects of Climate Change
- ☐ Other (Please Specify): \_\_\_\_\_

What population you are focusing on? Select all that apply.

- ☐ Not applicable
- ☒ Adolescents
- ☒ African-American / Black
- ☐ Asian
- ☒ At-Risk/Vulnerable Populations
- ☐ Children & Families
- ☐ Disabled People
- ☐ Elderly
- ☒ Foster Youth & Families



- ☒ Hispanic/Latino
- ☐ Unhoused Populations
- ☒ Immigrants and Refugees
- ☐ Incarcerated or Formerly Incarcerated Populations
- ☒ LGBTQ+ Communities
- ☐ Low-Income Communities
- ☐ Men's Health
- ☐ Migrant Workers
- ☐ Military/Veterans
- ☐ Native Alaskan
- ☐ Pacific Islanders
- ☐ Parents and Families
- ☐ People Living With HIV/AIDS
- ☐ People With Addictions
- ☐ People With Disabilities
- ☐ Poor/Economically Disadvantaged
- ☐ Single Parents
- ☐ Tobacco Users
- ☐ Tribal Communities
- ☐ Victims of Crime
- ☐ Women's Health
- ☒ Youth
- ☐ Other (please specify)

**What wards are affected. Select all that apply.**

- ☒ Ward 1
- ☒ Ward 2
- ☐ Ward 3
- ☐ Ward 4
- ☐ Ward 5
- ☐ All Wards
- ☐ Other (please specify)

#### **Section 4 – Financial Information**

Amount Requested: **\$500.00**

Detailed Budget Outline:

**Detail Budget Outline:**

\$350	Activity Supplies/Materials
\$150	Healthy Snacks
Total: \$500.00	

**Check Should be Payable To (Name and address):**

Leandro Pavon  
5311 43rd Avenue  
Hyattsville, MD 20781

**DEADLINE: Complete applications are due by 5 PM ET on October 1, 2022**

## **Health Wellness and Recreation Thrive Grants Program Application**

### **Contents**

#### **Section 1 - Contact Information**

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#### **Section 3 - Project Details**

#### **Section 4 - Financial Information**

### **Section 1 – Contact Information**

#### **1. Applicant Information**

Applicant Name: Lauren Vulcanovic

Applicant Position: President

Applicant Organization (If applying as an individual, please enter "Individual" and complete section 1.2): Hyattsville Elementary School PTA

Applicant Email Address: [REDACTED]

Applicant Phone Numbers: [REDACTED]

**Adult co-sponsor for minors:**

#### **2. Supporting Organization Information**

If applying as an individual, enter the name of organization that will accept the funding on your behalf otherwise please skip section 1.2.

Supporting Organization:

Authorized Official Name:

Applicant Position:

Applicant Organization (If applying as an individual, please enter "Individual"):

Applicant Email Address:

Applicant Phone Numbers:

### **Section 2 – Description of Grant Request**

Title of Project: Supporting mental health and community building for Hyattsville Elementary School Staff

## Project Description

Please describe the project for which you are seeking funding (one page limit).

Prince George's County has not been spared from the teacher shortage that the nation is facing; staffing in some PGCPs schools has become so critical that administrators from central offices have been sent into schools to staff classrooms. The stress teachers have faced from teaching during the pandemic – including rapid pivots to virtual and hybrid learning, serving as ad hoc public health officers in their classrooms, repeatedly being exposed to and infected with COVID-19, and dealing with their own losses and traumas while also helping their students deal with theirs, to name a few – have been overwhelming. These compound the already stressful working situation (limited budgets that lead them to purchase more of their classroom supplies with their own money and long hours) to which they had become accustomed. A study published in February 2021 found that of teachers surveyed:

*The vast majority reported feeling stressed (63%), high levels of burnout/fatigue (54%), and substantial anxiety (47%) at work due to the pandemic. These worries come as K-12 employees were significantly more likely than other government employees to perceive themselves to be at risk of exposure to COVID-19 at work (60% vs. 38%)...More than one-third (38%) of K-12 employees say that working during the pandemic has made them consider changing jobs.<sup>1</sup>*

These findings reflect trends from similar studies showing increased prevalence of burnout, anxiety, and other mental health conditions reported by teachers since the pandemic started.

Despite these many challenges, Hyattsville Elementary School (HES) has achieved excellent staffing and has managed to retain a high percentage of staff over the past few years. The HES PTA supports staff appreciation through activities and items such as stipends for classroom teachers; staff meals for the holidays, return to school, and end of school; cleaning and stocking the staff lounge; activities for Teacher Appreciation Week; and more.

To complement these efforts, we are seeking funding through the Thrive Grant to focus specifically on supporting the mental health and community building of HES staff.

We recognize HES serves communities in multiple types of vulnerable situations. As a Title 1 school, a significant portion of HES families face financial insecurity and poverty, which in turn leads to food insecurity, emotional and mental trauma, and other hardships that have been exacerbated by the COVID-19 pandemic. For the 2020-2021 school year:

- 64% of the 477 students at HES qualified for free lunch
- An additional 8% of students qualified for reduced-price lunch<sup>2</sup>

Many of our families are undocumented - which creates additional barriers to them accessing much-needed services – and myriad students start pre-k or kindergarten each year without

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<sup>1</sup> Center for State and Local Government Excellence at ICMA-RC (SLGE at ICMA-RC), K-12 Public School Employee Views on Finances, Employment Outlook, and Safety Concerns Due to COVID-19  
<https://slge.org/wp-content/uploads/2021/02/2021-slge-cv19-k12-report.pdf>

<sup>2</sup> National Center for Education Statistics.  
[https://nces.ed.gov/ipeds/data/ipedssearch/school\\_detail.asp?ID=240051001064](https://nces.ed.gov/ipeds/data/ipedssearch/school_detail.asp?ID=240051001064)

speaking or understanding any English. Because of the multiple challenges that the most vulnerable students in Hyattsville face, the PTA endeavors for HES staff to be as well-equipped as possible to serve our community, including being emotionally strong and mentally prepared to put their best selves forward each morning for our children, especially those in the most vulnerable situations for which school is a critical lifeline.

In addition, we recognize the inherent value of all individuals – in this case, especially our HES staff – being able to enjoy the highest attainable level of physical and mental health and wellbeing as an intrinsic good in and of itself.

### **Project Goals and Objectives**

Briefly describe what the project would accomplish with Thrive Grant Funding (one page limit)

Goal: With funding from the Thrive Grant, this project will improve the mental health of and strengthen the community among Hyattsville Elementary School staff.

This project includes the following objectives:

Objective 1: Strengthen HES staff's mental and physical health through yoga classes and related wellness activities.

Practicing yoga has numerous benefits on individuals' mental wellbeing, including improving the ability to manage stress, supporting relaxation and achieving more restful sleep, encouraging self care and improving mood. It also leads to many physical benefits, including improved cardiac health, helping with muscle and joint pain, and improving strength and flexibility.<sup>3</sup>

Objective 2: Provide the opportunity for staff to build community with each other outside the work environment, thus strengthening bonds between individuals and creating a more positive and supportive workplace. According to Mental Health America, social interaction among colleagues outside of work "increase(s) their level of comfort. When employees are comfortable with each other, they are more inclined to share ideas, provide feedback, and offer support."<sup>4</sup> This in turn can lead to a more positive work environment and decrease stress and burnout.

Objective 3: Demonstrate the PTA's and the City of Hyattsville's commitment to and appreciation of HES staff, especially in light of the challenging past few years. Financial support from the Thrive Grant for activities meant specifically to focus on HES staff's wellbeing will show staff how much we value them and their critical role in our community.

### **Expected activities**

Briefly list the major activities that would be undertaken to support the goals and objectives (one page limit)

With funds from the Thrive Grant, the HES PTA will sponsor the following activities for HES staff:

- Yoga classes from local Hyattsville business Love Yoga that focus on breathing and stress-reduction. The PTA has already been in touch with Love Yoga about offering some free classes to HES staff; the Thrive Grant will allow us to expand this series of classes while also supporting a local business.

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<sup>3</sup>Johns Hopkins Medicine. <https://www.hopkinsmedicine.org/health/wellness-and-prevention/9-benefits-of-yoga>

<sup>4</sup>Mental Health America. <https://mhanational.org/blog/positive-relationships-workplace>

- A community building happy hour at local Hyattsville business Franklins, where the PTA will purchase appetizers for HES staff members, who can then purchase the beverages of their choice with their own funds. This will allow HES staff to socialize outside of school, build and strengthen their personal bonds, and also support a local business.
- A raffle for a wellness basket, including a gift certificate for a massage with a local masseuse. All HES staff can enter to win the basket.

### **Expected outcomes**

List expected tangible results (one page limit)

The expected outcomes for this project would include contribution to the following:

- Continued high staffing at Hyattsville Elementary School, as people see and hear about HES being a nice place to work with a positive and supportive work environment.
- Continued low staff turnover at Hyattsville Elementary School, as staff feel appreciated by the community and choose to stay at their jobs.
- HES students served by staff who are feeling their best each morning and are fully ready to support them.

We recognize that there are many variable factors that contribute to these outcomes.

**Project Start Date:** January 2023 (or whenever funds are received)

**Project End Date:** June 2023

### **Section 3 – Project Details**

**What topic areas does the project address?**

☐ Nutrition

X Physical Activity

☐ Obesity

☐ Diabetes

☐ Cardiovascular Health

X Mental Health - Stress Management, Isolation

☐ Substance Abuse

☐ Environmental Health Issues

☐ Health effects of Climate Change

☐ Other (Please Specify):

**What population you are focusing on? Select all that apply.**

☐ Not applicable

☐ Adolescents

X African-American / Black

X Asian

X At-Risk/Vulnerable Populations

X Children & Families

☐ Disabled People

☐ Elderly

- ☒ Foster Youth & Families  
☒ Hispanic/Latino  
☐ Unhoused Populations  
☒ Immigrants and Refugees  
☐ Incarcerated or Formerly Incarcerated Populations  
☐ LGBTQ+ Communities  
☒ Low-Income Communities  
☐ Men's Health  
☐ Migrant Workers  
☐ Military/Veterans  
☐ Native Alaskan  
☐ Pacific Islanders  
☒ Parents and Families  
☐ People Living With HIV/AIDS  
☐ People With Addictions  
☐ People With Disabilities  
☐ Poor/Economically Disadvantaged  
☒ Single Parents  
☐ Tobacco Users  
☐ Tribal Communities  
☐ Victims of Crime  
☐ Women's Health  
☐ Youth  
☐ Other (please specify)

**What wards are affected. Select all that apply.**

☒ Ward 1

☒ Ward 2

☒ Ward 3

☐ Ward 4

☐ Ward 5

☐ All Wards

☐ Other (please specify)

**Section 4 – Financial Information**

Amount Requested: \$500

Detailed Budget Outline:

- \$150 Love Yoga classes
- \$225 Franklins Happy Hour appetizers
- \$125 Wellness basket raffle with massage gift certificate

Check Should be Payable To (Name and address): Hyattsville Elementary School PTA, 5311  
43rd Ave, Hyattsville, MD 20781

**DEADLINE: Complete applications are due by 5 PM ET on October 1, 2022**



## **Health Wellness and Recreation Thrive Grants Program Application**

### **Contents**

#### **Section 1 - Contact Information**

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#### **Section 4 - Financial Information**

### **Section 1 – Contact Information**

#### **1. Applicant Information**

Applicant Name: Love Yoga Studio MD, LLC

Applicant Position: Studio Owner

Applicant Organization (If applying as an individual, please enter "Individual" and complete section 1.2):

Applicant Email Address: [REDACTED]

Applicant Phone Numbers: [REDACTED]

**Adult co-sponsor for minors:**

#### **2. Supporting Organization Information**

If applying as an individual, enter the name of organization that will accept the funding on your behalf otherwise please skip section 1.2.

Supporting Organization:

Authorized Official Name:

Applicant Position:

Applicant Organization (If applying as an individual, please enter "Individual"):

Applicant Email Address:

Applicant Phone Numbers:

### **Section 2 – Description of Grant Request**

Title of Project: Dear Yogi

Project Description      see attached

Please describe the project for which you are seeking funding (one page limit).

Project Goals and Objectives

Briefly describe what the project would accomplish with Thrive Grant Funding (one page limit)

Expected activities

Briefly list the major activities that would be undertaken to support the goals and objectives (one page limit)

Expected outcomes

List expected tangible results (one page limit)

Project Start Date: November 2022

Project End Date: January 2023

### Section 3 – Project Details

What topic areas does the project address?

- ☐ Nutrition
- ☒ Physical Activity
- ☐ Obesity
- ☐ Diabetes
- ☐ Cardiovascular Health
- ☒ Mental Health - Stress Management, Isolation
- ☐ Substance Abuse
- ☐ Environmental Health Issues
- ☐ Health effects of Climate Change
- ☒ Other (Please Specify): Wellness

What population you are focusing on? Select all that apply.

- ☐ Not applicable
- ☒ Adolescents
- ☒ African-American / Black
- ☐ Asian
- ☐ At-Risk/Vulnerable Populations
- ☐ Children & Families
- ☐ Disabled People
- ☐ Elderly
- ☐ Foster Youth & Families

- ☒ Hispanic/Latino
- ☐ Unhoused Populations
- ☐ Immigrants and Refugees
- ☐ Incarcerated or Formerly Incarcerated Populations
- ☐ LGBTQ+ Communities
- ☐ Low-Income Communities
- ☐ Men's Health
- ☐ Migrant Workers
- ☐ Military/Veterans
- ☐ Native Alaskan
- ☐ Pacific Islanders
- ☐ Parents and Families
- ☐ People Living With HIV/AIDS
- ☐ People With Addictions
- ☐ People With Disabilities
- ☐ Poor/Economically Disadvantaged
- ☐ Single Parents
- ☐ Tobacco Users
- ☐ Tribal Communities
- ☐ Victims of Crime
- ☐ Women's Health
- ☒ Youth
- ☐ Other (please specify)

**What wards are affected. Select all that apply.**

- ☐ Ward 1
- ☐ Ward 2
- ☐ Ward 3
- ☐ Ward 4
- ☐ Ward 5
- ☐ All Wards
- ☒ Other (please specify) Youth from the Hyattsville  
Teen Center

#### **Section 4 – Financial Information**

Amount Requested: \$500

Detailed Budget Outline: see attached

Check Should be Payable To (Name and address):

Love Yoga Studio MD, LLC  
5111 Baltimore Ave  
Hyattsville, MD 20781

**DEADLINE: Complete applications are due by 5 PM ET on October 1, 2022**



## **Project Description**

### *Dear Yogi for Hyattsville Teens*

#### *A Weekly Mindful Writing & Yoga Class Series for Teenagers of the Hyattsville Community*

Love Yoga Studio is seeking funds to provide a community program that combines the wellness benefits of yoga with the benefits of introspective writing for adolescents. Teenagers have faced increased levels of adversity over the past few years and mindfulness has been cited as one of the ways to cultivate resilience in the face of life's challenges. At Love Yoga Studio, we have a passion for youth and have designed a mindful writing and yoga class series called *Dear Yogi* that is suitable for creating nonjudgmental, meditative spaces that allows teens to turn into their thoughts, feelings and sensations. One of our values at Love Yoga Studio is inclusiveness and one of the ways we live out that value is aiming to make yoga accessible to persons across the lifespan. By targeting the teenagers of Hyattsville, we strive to pull them into the fold of mindfulness, highlighting the importance of wellness early on in their lives.

Love Yoga Studio would like to offer our *Dear Yogi* program this Winter. *Dear Yogi* is an eight-week, sixty-minute, yoga and writing class series. The *Dear Yogi* class is a time for mindful writing and movement, designed to start the teens' weekend off with introspection, self-awareness and serenity. The class starts off with a body scan, followed by 5 minutes of stretching. Next the mindfulness teacher will read aloud a letter and then offer journaling prompts for the teens to reflect and respond to. This is followed by guided meditation and yoga stations, ending with a restful moment of silence.

*Dear Yogi* will be held at Love Yoga Studio or the Hyattsville Teen Center on Friday evenings. We can accommodate the teen program by either coming to them or making our space available for the teens. Love Yoga Studio will provide yoga mats, yoga blocks, and other necessary yoga props as well as journals, pens, coloring pencils and sanitizing wipes. Love Yoga Studio will also provide access to water during each class. With the support of the Thrive Grant, this program would be offered to the teens free of charge.

## **Project Goals and Objectives**

If provided the Thrive Grant Funding, this project will help Love Yoga Studio operate with its value of inclusiveness as well as fulfill its mission of closing the wellness gap in the Hyattsville community by offering the *Dear Yogi* class series during the winter of 2022/2023.

**Goal:** Love Yoga Studio will provide an eight-week yoga class series at the Hyattsville Teen Center Friday evenings from 5pm-6pm to local high school students in the Queen Bees & Young Kings programs, at no charge.

**Objective 1:** Love Yoga Studio will submit a commitment letter to the Teen Center for approval from the counsel for partnership.

**Objective 2:** Love Yoga Studio will give the Teen Center access to our liability waiver, so that every student has parent permission to participate in the mindful writing and yoga activities.

**Objective 3:** Love Yoga Studio will provide eight quality yoga and mindful writing classes that are accessible and inclusive as a part of the *Dear Yogi* program.

**Objective 4:** Love Yoga Studio will seek the feedback from the students and program staff at the end of the series to gain information on what went well and what can be improved with the *Dear Yogi* program.

### **Expected Activities**

- Coordinate the start and end dates of the *Dear Yogi* class series with the program staff at the Teen Center.
- Provide personnel for the *Dear Yogi* program including a yoga teacher from Love Yoga Studio.
- Provide a brief survey to the students and program staff at the end of the class series to allow for feedback on how the *Dear Yogi* program was experienced and can be improved in the future.

## Expected Outcomes

- ✓ Local teens, who may not have access to wellness activities such as yoga classes and space for mindful writing, will have eight opportunities to connect their mind and body within the comfort of their own community, at no cost to them.
- ✓ Local teens and their families, within the Hyattsville community, will be more familiar with Love Yoga Studio, allowing them to take advantage of other community programs including, but not limited to the following:
  1. Fund A Yogi Program: *This program allows residents of Hyattsville to request free class credits from a bank of expired credits from other students.*
  2. Barter Program: *This program allows a person to barter with a service or product they provide in exchange for yoga classes.*
  3. Studio Assistant Program: *This program asks a person to commit to assist at least one class per week in exchange for access to yoga classes.*
  4. Intern Program: *This program asks a person to commit a couple of hours a week to various marketing and administrative tasks for the studio in exchange for yoga classes.*
  5. Attending community classes, which are always free
  6. Attending open studio time, which is donation based and allows access to practice yoga in the studio
  7. Scholarship availability in our Youth Programs
- ✓ Local teens will see teachers of color providing yoga services, contributing to the destigmatization of wellness practices amongst communities of color.





## **Budget Outline**

**\$480 – Yoga Class Provision**

- \$60 per class (8 classes total)

**\$20 – Access to water at each class**

**Total \$500**

# Thrive Grant Program

City of Hyattsville Health Wellness and Recreation Thrive Grant Program 3rd Floor 4310  
Gallatin Street Hyattsville, MD, 20781

## Section 1- Contact Information

### 1. Applicant Information

Applicant Name: Jenny Matias

Applicant Position: Community School Coordinator

Applicant Organization: Nicholas Orem Middle School- PGCPS

Applicant Email Address: [REDACTED]

Applicant Phone Number: [REDACTED]

### 2. Supporting Organization Name

Supporting Organization: Nicholas Orem Middle School

Authorized Official Name: Principal Michelle Towles-Monroe

Applicant Organization: Nicholas Orem Middle School

Applicant Email: [REDACTED]

Applicant Phone Number: [REDACTED]

## Section 2- Description of Grant Request

Title of Project: Student and Family Wellness Falcon Academy

Project Description: The Student and Family Wellness Falcon Academy will be offered free to students and families to promote mental and physical wellness resources and food and nutrition services. As a Title 1 and Community School, Nicholas Orem Middle School is committed to supporting more than just a child's education but focuses on providing wrap-around services. The Academy will have a workshop every month on various topics such as physical wellness, mental health, healthy habits regarding drugs and alcohol, and nutrition.

Project Goals and Objectives: The goal for the Student and Family Wellness Falcon Academy is to provide comprehensive hands-on education and services that support the success of every student and family. Our proposal requests \$500 in funding to provide a series of workshops and events aimed to help students and families with mental health, physical health, and food and nutrition.

### Expected Activities:

**February 2023-** New Year, New Free Minds (FreeYoga Class from community partner Amerigroup, Purchase Water Bottles for each participant, Fill with Free Goodies and LA Fitness Free 3 Day Pass)

This Academy will be in partnership with Amerigroup to provide a Yoga Instructor for free to have a class with students, staff, and families. The goal is to help connect physical wellness and mental wellness. Each participant will receive a water bottle that will be purchased with the funds to give as an incentive (first come first serve) and fill it with free goodies. To continue promoting physical activity we will put a LA Fitness Free 3 Day Pass inside the water bottles.

# Thrive Grant Program

City of Hyattsville Health Wellness and Recreation Thrive Grant Program 3rd Floor 4310  
Gallatin Street Hyattsville, MD, 20781

**March 2023-** Men of Change: Healthy Habits for Young Men- Bring in Community Partners (African American/Black Speakers and Hispanic Speakers) to speak to our Youth- assorted snacks

This Academy will be set up as a round table with community partners as speakers. We want to be able to bring Men that students know and can confide in. It will become a space to speak on healthy habits for young men (relationships, role models, stress management, decision making, puberty, hygiene). With the grant we would like to purchase assorted fruits and snacks for those in attendance.

**April 2023-** Creating Environments to Support the Whole You: Supporting Social Emotional Learning and How to Use Food as Medicine (Cinnamon Brown speaker, 30 Minute presentation)

This Academy will use grant funds to bring in a guest speaker, Cinnamon Brown. Cinnamon Brown's workshop sessions are designed to educate, inspire and support adults, parents and professionals seeking tools to help them live healthier full lifestyles. Through the incorporation of research based holistic information and practices, participants will learn new strategies to help enhance their self-care practices, build capacity, and balance their eight dimensions of wellness.

**May 2023-** Muffins with Mom- Healthy Habits for Young Girls (purchase healthy breakfast items from Giant)

This Academy will be set up as a round table with students and their moms. It will be a free space for the girls to speak on healthy habits (relationships, role models, stress management, decision making, puberty, hygiene). We would like to use grant funds to purchase assorted fruits and snacks for those in attendance.

**June 2023-** Drug and Alcohol (Bring in guest speaker)

This Academy will be for students and families to tackle the effects of drugs and alcohol.

Expected Outcomes: The outcome of these Academies are increased student attendance, increased student achievement, and increased parent engagement. We will use targeted students to be able to obtain tangible results.

Project Start Date: February 2023

Project End Date: June 2023

## Section 3- Project Details

What topic areas does the project address?

- ☒ Nutrition
- ☒ Physical Activity
- ☐ Obesity
- ☐ Diabetes
- ☒ Cardiovascular Health
- ☒ Mental Health- Stress Management, Isolation
- ☒ Substance Abuse
- ☐ Environment Health Issues
- ☐ Health Effects of Climate Change

# Thrive Grant Program

City of Hyattsville Health Wellness and Recreation Thrive Grant Program 3rd Floor 4310  
Gallatin Street Hyattsville, MD, 20781

☐ Other (Please Specify)\_\_\_\_\_

What population are you focusing on? Select all that apply.

- ☐ Not Applicable
- ☒ Adolescents
- ☐ African- American/ Black
- ☐ Asian
- ☒ At-Risk/ Vulnerable Populations
- ☒ Children and Families
- ☐ Disable People
- ☐ Elderly
- ☒ Foster Youth and Families
- ☒ Hispanic Latino
- ☐ Unhoused Populations
- ☐ Immigrants and Refugees
- ☐ Incarcerated or Formerly Incarcerated Populations
- ☐ LGBTQ+ Communities
- ☒ Low- Income Communities
- ☒ Men's Health
- ☐ Migrant Workers
- ☐ Military/ Veterans
- ☐ Native Alaskan
- ☐ Pacific Islanders
- ☒ Parents and Families
- ☐ People Living with HIV/ AIDS
- ☒ People with Addictions
- ☐ People with Disabilities
- ☒ Poor/ Economically Disadvantaged
- ☐ Single Parents
- ☐ Tobacco Users
- ☐ Tribal Communities
- ☐ Victims of Crimes
- ☐ Women's Health
- ☒ Youth
- ☐ Other (please specify)\_\_\_\_\_

What wards are affected. Select all that apply

- ☐ Ward 1
- ☒ Ward 2
- ☒ Ward 3
- ☒ Ward 4

# Thrive Grant Program

City of Hyattsville Health Wellness and Recreation Thrive Grant Program 3rd Floor 4310  
Gallatin Street Hyattsville, MD, 20781

- ☐ Ward 5  
☐ All Wards  
☐ Other (Please specify)

## Section 4- Financial Information

Amount Requested: \$500

Detailed Budget Outline:

**February 2023-** New Year, New Free Minds (FreeYoga Class from community partner Amerigroup, Purchase Water Bottles from 5 & Below for each participant, Estimated 35x \$3.25= \$113.75 Water Bottles, Fill with Free Goodies and LA Fitness Free 3 Day Pass)

**March 2023-** Men of Change: Healthy Habits for Young Men- Bring in Community Partners (African American/Black Speakers and Hispanic Speakers) to speak to our Youth- \$125 for assorted snacks

**April 2023-** Creating Environments to Support the Whole You: Supporting Social Emotional Learning and How to Use Food as Medicine (Cinnamon Brown speaker, 30 Minute presentation for \$125)

**May 2023-** Muffins with Mom- Healthy Habits for Young Girls (Giant MultiGrain Muffins for Breakfast 10 Packs x \$3= \$30)

**June 2023-** Drug and Alcohol (Bring in guest speaker \$106.25)

Check should be Payable To: Nicholas Orem Middle School  
6100 Editors Park Dr, Hyattsville, MD 20782

Michelle T. Monroe  
Principal Name  
Michelle T. Monroe  
Principal Signature

Tenny Maties  
Applicant Name  
[Signature] 10-14-2022  
Applicant Signature



## Health Wellness and Recreation Thrive Grants Program Application

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### Section 1 – Contact Information

#### 1. Applicant Information

Applicant Name: Mfon Edet

Applicant Position: Board President of The Neighborhood

Applicant Organization (If applying as an individual, please enter "Individual" and complete section 1.2):

Applicant Email Address: [REDACTED]

Applicant Phone Numbers: [REDACTED]

Adult co-sponsor for minors: N/A

#### 2. Supporting Organization Information

If applying as an individual, enter the name of the organization that will accept the funding on your behalf otherwise please skip section 1.2.

Supporting Organization: N/A

Authorized Official Name: N/A

Applicant Position: N/A

Applicant Organization (If applying as an individual, please enter "Individual"): N/A

Applicant Email Address: N/A

Applicant Phone Numbers: N/A

### Section 2 – Description of Grant Request

Title of Project: Street Poet Initiative

#### Project Description

Please describe the project for which you are seeking funding (one page limit).

The Neighborhood is a DC based nonprofit organization that focuses on increasing civic and community engagement activities in underserved neighborhoods in DC wards 5-8 and PG county. Through our programs, The Neighborhood strategically focuses on enriching the youth, preserving neighborhood communities and their natural environment, and empowering individuals to be a leader for themselves as well as their communities. We engage in these strategic areas through our primary programs:

We the People - Youth democratic governance program

Garden Abode - Local neighborhood beautification and gardening program

The Street Poet Initiative (SPI) is a flagship project housed under our Garden Abode program. The name "Street Poet" is a term coined by The Neighborhood to describe the unhoused (homeless) population. We believe every person has a unique story and that their life is a living poem. The perils caused by being unhoused and struggling day-by-day to survive, shows members of society not only the complexity of life but also allows us to witness the current issues within our society. SPI is focused on repairing the social justice issues regarding the welfare of unhoused individuals by being a short-term employment program that employs these individuals to beautify underserved neighborhoods. This beautification is done by reducing the amount of street pollution (i.e. litter) within these neighborhoods.

In the U.S., beautification projects are a common way for community members to give back and overall support their community. However, these types of volunteer opportunities are not regularly done in underserved neighborhoods making the high level of street pollution very common in these areas. In an effort to improve the conditions of these neighborhoods while also building economic power for a marginalized community, SPI will be able to provide unhoused individuals with access to financial resources (through a stipend) to cater to their individual and/or family needs while also giving back to their community. Throughout the 2023 calendar year, we plan to implement three (3) litter-reduction beautification projects in which we will have a total of 15 participants throughout the length of the project; five (5) participants will be at each work site. Each participant will be provided a stipend in the amount \$250 for at most, a 4 hour work day.

### **Project Goals and Objectives**

Briefly describe what the project would accomplish with Thrive Grant Funding (one page limit)

The purpose of SPI is to increase community engagement by getting members from every aspect of the community involved in the welfare of their neighborhood's natural environment. In underserved areas, unfortunately the natural environment is neglected and high amounts of street pollution is everywhere. Additionally, unhoused individuals are soliciting in these areas for money in order to take care of their needs. Through SPI the aim is to find a solution to these two social issues within these local neighborhoods.

By offering unhoused individuals with a stipend of \$250/person/worksites to beautify their local neighborhood, these individuals will be able to receive financial support while also helping their

community. Therefore the stipend is a key component to the overall success of this project. Through Thrive Grant Funding, we would be able to cover the stipend of 2 participants. We are aiming to have SPI active throughout our fiscal year (January 2023 - December 2023). Being able to fund at least 2 participants will help us continue to garner additional support for the remaining number of participants that will be needed for the first work site.

### **Expected activities**

Briefly list the major activities that would be undertaken to support the goals and objectives (one page limit)

The project will consist of three (3) phases in an effort to increase community engagement at every level. Phase one will involve identifying environmental "hot spots". These hot spots are areas that have a high amount of street pollution. Identification of these areas will be done through outreach to community members such as parents, students, and local businesses. Once an area is identified, phase two of the partnership will begin with the solidification of partnerships with local government entities and nonprofits. By working with local government entities to provide materials to pick up litter and coordinate the pick-up of the trash with the local sanitation department, the cost associated with having this initiative will be reduced significantly. The second partnership that will occur will involve working with local nonprofits that primarily serve unhoused individuals. By working with these nonprofits, we aim to provide this vulnerable population with access to financial resources to support themselves and their family.

The final phase will involve implementing the beautification projects at the different worksites. At each worksite throughout the project period participants will be provided with the trash pick-up tools and will be expected to work during the 4 hour time period of the beautification day; the work day will not exceed 4 hours. In addition to the stipend, participants will also receive a free meal.

Since we will be working with a vulnerable population, we want to make participants feel as comfortable and empowered as possible. Therefore, prior to having confirmed participants, we will share with the nonprofit (as well as the individual) a consent form which will describe the type of work that they will be doing, how long they will work for, the payment amount they will receive, and how information regarding their work experience will be collected at the end of the work day via a short (at most 5 minute) interview.

Within the consent form it will be clearly stated that in order to receive their payment, they will need to complete the interview. If participants are comfortable with completing the interview but



not comfortable with their face or voice being on our social media platforms to highlight the work of the project, then they will have the option on the consent to opt out of that opportunity; this will not negatively impact their payment. Along with sharing responses on our social media platform from participants who chose to opt-in, we also plan to share a summary report of this project with our supporters and partners.

### **Expected outcomes**

List expected tangible results (one page limit)

Throughout the length of the project expected outcomes will be a direct reflection of the different phases of the project. The outcomes will involve:

- Beautification of a local neighborhood through the reduction of street pollution - The number of trash bags that will be filled along with having a cleaner street will show how the efforts of this project is visibly impacting the local neighborhood and its natural environment.
- Intermingling of partnerships with both the public (i.e. local government entities) and social sector (i.e. nonprofits) - The partnerships show how in order for change to occur in these local neighborhoods, it is necessary for individuals, local organizations and governments to work together.
- Providing financial support to a vulnerable population - The stipend provides hope as well as an immediate financial relief for these individuals to obtain food and other essential items that they may need.

**Project Start Date:** January 1, 2023

**Project End Date:** December 31, 2023

### **Section 3 – Project Details**

What topic areas does the project address?

- ☐ Nutrition
- ☐ Physical Activity
- ☐ Obesity
- ☐ Diabetes

- ☐ Cardiovascular Health
- ☐ Mental Health - Stress Management, Isolation
- ☐ Substance Abuse
- ☐ Environmental Health Issues
- ☐ Health effects of Climate Change
- ☐ Other (Please Specify):

What population are you focusing on? Select all that apply.

- ☐ Not applicable
- ☐ Adolescents
- ☐ African-American / Black
- ☐ Asian
- ☐ At-Risk/Vulnerable Populations
- ☐ Children & Families
- ☐ Disabled People
- ☐ Elderly
- ☐ Foster Youth & Families
- ☐ Hispanic/Latino
- ☐ Unhoused Populations
- ☐ Immigrants and Refugees
- ☐ Incarcerated or Formerly Incarcerated Populations
- ☐ LGBTQ+ Communities
- ☐ Low-Income Communities
- ☐ Men's Health
- ☐ Migrant Workers
- ☐ Military/Veterans
- ☐ Native Alaskan
- ☐ Pacific Islanders
- ☐ Parents and Families
- ☐ People Living With HIV/AIDS
- ☐ People With Addictions
- ☐ People With Disabilities
- ☐ Poor/Economically Disadvantaged
- ☐ Single Parents
- ☐ Tobacco Users
- ☐ Tribal Communities
- ☐ Victims of Crime

- ☐ Women's Health  
☐ Youth  
☐ Other (please specify)

What wards are affected. Select all that apply.

- ☐ Ward 1  
☐ Ward 2  
☐ Ward 3  
☐ Ward 4  
☐ Ward 5  
☐ All Wards  
☐ Other (please specify)

#### Section 4 – Financial Information

Amount Requested: \$500

Detailed Budget Outline:

Expense	Cost
Participant stipend (\$250/person - 15 person limit)	\$3,750
Transportation for participants to and from clean-up site (\$500/ work site)	\$1,500
On-site meal (\$500/ work site)	\$1,500
<b>Total (CY2023)</b>	<b>\$6,750</b>

**Check Should be Payable To (Name and address):**

The Neighborhood  
P.O. Box 91284  
Washington, DC 20090

## **1. Applicant Information**

Applicant Name: Chevon K. Wright

Applicant Position: Owner of The Mystic Yogini LLC

Applicant Organization (If applying as an individual, please enter "Individual" and complete section 1.2):

Applicant Email Address: [REDACTED]

Applicant Phone Numbers: [REDACTED]

**Adult co-sponsor for minors:**

## **2. Supporting Organization Information**

If applying as an individual, enter the name of organization that will accept the funding on your behalf

otherwise please skip section 1.2. Supporting Organization:

Authorized Official Name:

Applicant Position:

Applicant Organization (If applying as an individual, please enter "Individual"): Applicant Email Address:

Applicant Phone Numbers:

## **Section 2 – Description of Grant Request**

Title of Project: Yoga, Guided Meditation and Sound Therapy

### Project Description

Please describe the project for which you are seeking funding (one page limit).

Greetings Beloved Community,

My name is Chevon and I am the owner of The Mystic Yogini LLC. It is my prayer that I am awarded the \$500 to assist the community with the healing services my business has to offer. While I have owned this business for a few years now, I began this journey almost 15 years ago in a holistic attempt to manage the many trials of marriage, children and finding myself. Life has a way of humbling us all and I want nothing more than to continue spreading my gift of holistic healing with others. Through a solid foundation of sound therapy, yoga, meditation and more, I have not only experienced the overall benefits but am trained to provide them to others. With the financial award, I will offer these services to the community. I would like to offer two yoga and or sound therapy and meditation classes Spring of 2023. While my services are for all, I started my business with the promise to promote wellness throughout the underprivileged black and brown communities.

### Project Goals and Objectives

Briefly describe what the project would accomplish with Thrive Grant Funding (one page limit)

This project would accomplish reaching more people and providing them the services accessible to their community. When I worked in local studios, I was always saddened to see that the owners did not provide services financially and physically accessible for all. Since starting my own business, I have been able to provide free and reduced support for underprivileged individuals and communities. That however came with taking a financial hit to my business, one in which I didn't mind because I have faith in a higher power and that all would be provided so that I could continue to assist the black and brown communities with holistic and spiritual healing events.

**Expected activities**

**Briefly list the major activities that would be undertaken to support the goals and objectives (one page limit)**

I would provide sound therapy and or yoga, meditations, aroma therapy, and other spiritually lifting activities to help heal the mind, body and soul.

### Expected outcomes

List expected tangible results (one page limit)

There have been testimonies throughout the years regarding the services I provide. Some of which can be found on my website [themysticyogini.com](http://themysticyogini.com). Many clients and fellow practitioners leave feeling more grounded, at peace and lighter in their hearts after a sound therapy, yoga and or meditation session, etc. Some have confided in me about not feeling the need to reach for their anxiety and depression medications after a healing session. Some people have also shared how more focused they are and how they sleep much better as well.



Project Start Date: April/May 2023

Project End Date: June 2023

### Section 3 – Project Details

**What topic areas does the project address?**

- ☐ Nutrition
- X Physical Activity
- ☐ Obesity
- ☐ Diabetes
- X Cardiovascular Health
- X Mental Health - Stress Management, Isolation ☐ Substance Abuse
- ☐ Environmental Health Issues
- ☐ Health effects of Climate Change
- ☐ Other (Please Specify):

**What population you are focusing on? Select all that apply.**

- ☐ Notapplicable
- X Adolescents
- X African-American/Black
- X Asian
- X At-Risk/VulnerablePopulations
- X Children & Families
- X DisabledPeople
- X Elderly
- X Foster Youth & Families

- 
- X Hispanic/Latino
  - X UnhousedPopulations
  - X Immigrants and Refugees
  - X Incarcerated or Formerly Incarcerated Populations
  - X LGBTQ+ Communities
  - X Low-IncomeCommunities
  - X Men'sHealth
  - X MigrantWorkers
  - X Military/Veterans
  - X NativeAlaskan

- X Pacific Islanders
- X ParentsandFamilies
- X PeopleLivingWithHIV/AIDS
- X People With Addictions
- X. People With Disabilities
- X Poor/Economically Disadvantaged
- X Single Parents
- X Tobacco Users
- X TribalCommunities
- X Victims of Crime
- X Women'sHealth
- X Youth
- X Other(pleasespecify)

**What wards are affected. Select all that apply.**

- ☐ Ward 1
- ☐ Ward 2
- ☐ Ward 3
- ☐ Ward 4
- ☐ Ward 5
- X All Wards
- ☐ Other (please specify)

#### **Section 4 – Financial Information**

Amount Requested: \$500.00

Detailed Budget Outline:

\$500.00 would cover two community group sound healing sessions and would accommodate as many people that could fit into the venue location. These sessions typically last anywhere from 45-75 minutes and can be towards the extended time of 75 minutes when gentle yoga is incorporated, which I would suggest.

Check Should be Payable To (Name and address): The Mystic Yogini LLC

Cc: Chevon K. Wright-Pee

807 Harmony Ave.

Arnold MD 21012

**DEADLINE: Complete applications are due by 5 PM ET on October 15, 2022**

## Health Wellness and Recreation Thrive Grants Program Application

### Contents

#### Section 1 - Contact Information

#### Section 2 - Description of Grant Request

#### Section 3 - Project Details

#### Section 4 - Financial Information

### Section 1 – Contact Information

#### 1. Applicant Information

Applicant Name: Julia Crooks

Applicant Position: Cofounder

Applicant Organization (If applying as an individual, please enter "Individual" and complete section 1.2):

Tired  
Parents

Applicant Email Address: [REDACTED]

Applicant Phone Numbers: [REDACTED]

Adult co-sponsor for minors:

#### 2. Supporting Organization Information

If applying as an individual, enter the name of organization that will accept the funding on your behalf otherwise please skip section 1.2.

Supporting Organization: n/a

Authorized Official Name:

Applicant Position:

Applicant Organization (If applying as an individual, please enter "Individual"):

Applicant Email Address:

Applicant Phone Numbers:

### Section 2 – Description of Grant Request

Title of Project: Preventing Gun Violence in Hyattsville and Route One Communities

### Project Description

Please describe the project for which you are seeking funding (one page limit). Attached

### Project Goals and Objectives

Briefly describe what the project would accomplish with Thrive Grant Funding (one page limit)

### Expected activities

Briefly list the major activities that would be undertaken to support the goals and objectives (one page limit)

### Expected outcomes

List expected tangible results (one page limit)

Project Start Date: October 1, 2022

Project End Date: May 1, 2023

## Section 3 – Project Details

### What topic areas does the project address?

- ☐ Nutrition
- ☐ Physical Activity
- ☐ Obesity
- ☐ Diabetes
- ☐ Cardiovascular Health
- ☐ Mental Health - Stress Management, Isolation
- ☐ Substance Abuse
- ☐ Environmental Health Issues
- ☐ Health effects of Climate Change
- ☒ Other (Please Specify): \_\_\_\_\_

Gun Violence Prevention

### What population you are focusing on? Select all that apply.

- ☐ Not applicable
- ☒ Adolescents
- ☐ African-American / Black
- ☐ Asian
- ☒ At-Risk/Vulnerable Populations
- ☒ Children & Families
- ☐ Disabled People
- ☐ Elderly
- ☐ Foster Youth & Families

- ☒ Hispanic/Latino
- ☐ Unhoused Populations
- ☐ Immigrants and Refugees
- ☐ Incarcerated or Formerly Incarcerated Populations
- ☐ LGBTQ+ Communities
- ☐ Low-Income Communities
- ☐ Men's Health
- ☐ Migrant Workers
- ☐ Military/Veterans
- ☐ Native Alaskan
- ☐ Pacific Islanders
- ☒ Parents and Families
- ☐ People Living With HIV/AIDS
- ☐ People With Addictions
- ☐ People With Disabilities
- ☐ Poor/Economically Disadvantaged
- ☒ Single Parents
- ☐ Tobacco Users
- ☐ Tribal Communities
- ☒ Victims of Crime
- ☐ Women's Health
- ☒ Youth
- ☒ Other (please specify)

**What wards are affected. Select all that apply.**

- ☐ Ward 1
- ☐ Ward 2
- ☐ Ward 3
- ☐ Ward 4
- ☐ Ward 5
- ☒ All Wards
- ☒ Other (please specify)  
Route One Communities

#### **Section 4 – Financial Information**

Amount Requested: \$500

Detailed Budget Outline: Attached

Check Should be Payable To (Name and address):

**DEADLINE: Complete applications are due by 5 PM ET on October 1, 2022**

**Thrive grant application**  
**Preventing gun violence in Hyattsville and surrounding communities**

**Project description**

Deaths from firearms recently became the leading cause of death among children and adolescents in the United States<sup>1</sup>; this is an upsetting and sobering statistic—that we can all see and feel for ourselves. Since 2017, a group of parents (known as the Tired Parents) from Hyattsville and surrounding areas have been working to end gun violence in the community, with a specific focus on preventing accidental gun injury and mortality among children. Research has continued to support that securing firearms safely and securely, and educating citizens on gun safety, is one of the most critical efforts in reducing gun violence.

The Tired Parents group has been working to raise awareness of how to prevent gun mortality and injury specifically through empowering community members to ask about firearms in homes and teaching children what to do in the event that they ever find a gun. Across the country, an estimated 4.6 million children live in a home where at least one gun is kept loaded and unlocked. Research shows that keeping guns locked and unloaded and storing ammunition separately from its gun substantially reduces the risk of “family fire” — or a shooting involving an improperly stored or misused gun found in the home. Our goal is to make the question (“Is there a gun in your house?”) as natural and commonplace as conversations about pets or allergies by giving caregivers the information they need to feel empowered to protect their families.

Unfortunately, COVID had a dramatic effect on our ability to be out in the community providing resources and information around safe gun storage. However, now that gatherings have resumed, we have been able to be back out with the people, giving critical educational resources and talking with community members about approaches to this sensitive topic. We also plan to resume our in person events, most notably our partnership with Hyattsville City Police, to educate children and parents on safe gun storage. This project seeks to continue these activities and increase Tired Parents’ presence in the community.

**Project goals and objectives**

The goal of this project is to prevent deaths and injuries from gun violence in the community, especially among children and adolescents.

The objectives are to:

1. Socialize the target population group (parents and caregivers) about the importance of safe firearm storage.
2. Facilitate a cultural shift wherein people feel comfortable discussing firearms, including asking if their neighbors, friends and family members own them, and if so, how they’re stored, before allowing their children in their homes.

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<sup>1</sup> KFF Kaiser Health: Child and Teen Firearm Mortality in the U.S. and Peer Countries:  
<https://www.kff.org/global-health-policy/issue-brief/child-and-teen-firearm-mortality-in-the-u-s-and-peer-countries/#:~:text=Firearms%20recently%20became%20the%20number,those%20caused%20by%20other%20injuries.>

## **Expected activities**

The Tired Parents group seeks to build their momentum through increasing their presence and visibility at community events in order to reach more people with messages on gun violence prevention.

Events (all will be free of charge) to be organized by the Tired Parents to include:

1. Home for the holidays: This was one of our most popular and well attended events pre-COVID. We hope to bring it back this year, in collaboration with Art Works Now and the Hyattsville City Police Department. This event seeks to inform parents about the importance of asking about unsecured guns in homes at a time of year when people are traveling and visiting neighbors more. We will also work directly with kids educating them about what to do if they encounter a gun, the difference between play and real guns. We will then do a processing art activity led by Art Works Now. We hope to partner again with HCPD Officer Zach Nemser, Art Works Now staff and this year have translation services and/or a separate event in another language (currently focused on Spanish, French and ASL).
2. Teen focused event around guns and suicide prevention, hosted at AWN and/or the Hyattsville Teen Center. This event will discuss safe gun storage with teen parents and the importance of these practices in reducing suicide. Also hope to partner with City Police to inform teens about the process for who to inform if they hear about their friends having access to guns and include a mental health resource counselor. This event will also be followed by a processing art activity hosted by AWN.

The Tired Parents group plans to hold these activities and others during 2022/23, as well as increase their presence at community events, including Summer Jam, Hyattsville International Festival, city-sponsored parent workshops, the Hyattsville anniversary parade, and others.

In order to increase the group's visibility and make its purpose easy to recognize and understand among community members during these events, the Tired Parents propose using grant funds for the following products:

1. Hosting a collaborative event at Art Works Now, to include translation services (ASL and Spanish).
2. Expanding our available print resources to include Spanish and French.
3. Designing and printing a reusable poster to include a QR code.
4. Designing and printing promotional and support materials to distribute at community events to reinforce messages on gun violence prevention with children and to provide tips on how to have conversations about guns in homes.

## **Expected Outcomes**

The expected outcomes for this project include the following:



1. Increased awareness among Hyattsville residents, with a focus on families with young and school-aged children, of the dangers of having unsecured firearms accessible to children.
2. Increased number of parents and caregivers who take the pledge to always ask if there are unsecured firearms in the homes of family, friends and neighbors before allowing their children to visit.
3. Increased number of parents and caregivers who ask if there are firearms in the homes of family, friends and neighbors, and if so, how they're stored, before allowing their children to visit.
4. Increased levels of comfort in having conversations about gun violence prevention.

Potential indicators that could measure the outcomes include:

1. Number of people who engage with Tired Parents about gun violence prevention at community events.
2. Number of people who take the pledge to ask if there are firearms present in the homes their children will visit.
3. Number of people who attend Tired Parents events.
4. Post-event surveys for participants of Tired Parents events indicating how likely they are to ask about firearms while planning their next visit to someone's home and if they feel more comfortable having conversations about gun safety following the event.

### Links with city priority areas

The work of the Tired Parents links with the following priority areas listed on the grant application:

- ✓ Impacts large groups of city residents by working with families of all types and participating in city events in which families often participate.
- ✓ Facilitates partnership among diverse sectors, including Hyattsville City Police Department, Hyattsville City Teen Center, Art Works Now, other local organizations and businesses who have reached out to Tired Parents to collaborate (like Vigilante Coffee), and the community at large.
- ✓ Integrates the arts through collaboration with Art Works Now to help youth use art to express how they feel about guns and violence.
- ✓ Targets areas identified by community survey responses and assessments following a non-representative survey conducted by the Tired Parents among Hyattsville parents and caregivers indicating there was a need for work on gun violence prevention in the community.

### Budget

Category	Product or Activity	Provider	Cost	Notes
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Materials	Flyers and Tip Sheets in multiple languages	Staples	\$250	Translated materials in Spanish and French
	ASL Translating		\$100	ASL Translation for event
	Event refreshments and giveaways		\$150	AWN Events

**Total requested: \$500**

## **Section 1 - Contact Information**

### **Applicant Information**

**Applicant Name:** Jennifer Ridgway

**Applicant Position:** Owner/Founder/Teaching Artist

**Applicant Organization (If applying as an individual, please enter "Individual" and complete section 1.2):** Yard Dramas

**Applicant Email Address:** [REDACTED]

**Applicant Phone Numbers:** [REDACTED]

## **Section 2 – Description of Grant Request**

**Title of Project:** Grow Well: Dramatic Experiences at the University Duck Pond Park

**Project Description Please describe the project for which you are seeking funding (one-page limit).**

Grow well occurs weekly for five weeks between the Spring Equinox and Earth Day, for approximately 2 hours, and includes a park clean-up, interactive storytelling, and nature observation. Jennifer Ridgway, a professionally trained Teaching Artist and Anacostia Watershed Steward will collaborate with residents at University Hills Duck Pond Park to grow connectivity, create joy, increase physical activity, develop expressiveness, expand creativity, and nurture Anacostia Watershed Stewardship. Designed for all ages, participants can flexibly participate in full or partial sessions. Sessions will be planned in collaboration with Claudia Simasek of Espirales Montessori School. A resident of ward 3, Simasek has collaborated with Yard Dramas since meeting in 2021.

Grow Well is a spinoff of Yard Dramas' hallmark program that launched in the pandemic's early days when Ridgway presented free drama sessions in her neighbors' yards to help young children overcome loneliness and explore creative play. Today, Yard Dramas brings Prince George's County Teaching Artists together to reach more Prince George's County individuals, families, and communities with high-quality performing arts programming that responds to community needs to bridge connections, increase learning and grow new ideas, pathways, and solutions to challenges.

The main feature is an interactive, dramatic storytelling experience that uses theatre, puppetry, music, and dance. Simasek and Ridgway will identify five stories to tell. Attendees inform the storytelling experience with their feedback, input, and artistry and serve as the ensemble of players sharing the story. Yard Dramas taps into residents' collective knowledge and wisdom, amplifying the residents' experiences and the history

of and current challenges of the natural world of the Anacostia Watershed, creating a unique ensemble that shares a magical once-in-a-lifetime performance.

Additionally, 2023 builds on the 2022 Grow Well program by adding a weekly park clean-up and a nature observation experience. In 2022, Ridgway voluntarily completed over 30 days of park cleanups and shared her experience as an Anacostia Watershed Steward. Ridgway saved bottle caps and, with participant input, used them to create native creature art pieces. During the five weeks in 2023, Yard Dramas will lead a park clean-up, saving bottle caps for an art project. Additionally, in 2022 a family brought an insect net to sessions, inspiring the addition of a nature observation experience to the Grow Well 2023 program of plants and tiny organisms in the NW Anacostia River.

**Project Goals and Objectives Briefly describe what the project would accomplish with Thrive Grant Funding (one-page limit)**

There are numerous benefits and opportunities to tell stories and create nature art with the community. We know that Yard Dramas positively impact participants and the surrounding communities. We experience reduced participation in the winter months. Our goal is to reconnect with our Hyattsville neighbors.

Grow Well will grow connectivity, create joy, increase physical activity, develop expressiveness, expand creativity, and nurture Anacostia Watershed Stewardship.

1. Grow Connectivity and Create Joy: Because the program will be open to the public and highly interactive, we will bring the community together during our session, increasing a sense of belonging. This will be the third summer we are at this park. In our program in its first year, we noted that strangers became friends in the session. Sadly it was a temporary friendship, and participants left the park alone. In 2022, Grow Well created friendships, and participants texted and messaged about little pickups. This year participants will be encouraged to share their Grow Well experience, knowledge, and creations with the larger community. Activities will invite participants to move and shake their bodies in new ways in nature and to tell stories collectively. This will develop physical awareness *in* self and *towards* others and create joy.
2. Increase Physical Activity: A brisk meditative walk with demonstrations on how to increase body movement ease and build strength, plus a full actor's warm-up, will bring participants a dose of daily physical activity.
3. Develop expressiveness and expand creativity: During the storytelling sessions, participants will dramatize the story. Drama is inherently a helpful tool to develop expressiveness and boost creativity. It also strengthens social and emotional health and wellness. Through age-appropriate drama experiences, participants will develop skills to identify emotions, develop communication and relationship skills, navigate and manage emotions, and make decisions that reflect an

- understanding of self and empathy for others, including native animals and plants. The bottle cap art-making will also develop expression and creativity.
4. Nurture Anacostia Watershed Stewardship: By exploring the setting of stories and using the two apps mentioned, we can grow our observation skills and sense of curiosity and wonder about our native environment.

**Expected activities Briefly list the major activities that would be undertaken to support the goals and objectives (one-page limit)**

Residents can participate in any or all of the experiences and weeks of the five-week sessions planned for 2023. Sessions will include three experiences:

**Experience 1 - 1-hour Litter Pick Up:** Participants will conduct a litter pick up in the park and along the NW Anacostia River and report it on PGCLitterTRAK. Participants will save bottle caps. This will be a brisk meditative walk, and Ridgway will share specific ways to increase movement ease and gain muscle strength while picking up litter.

**Part 2 - 30-minute Story Engagement:** Participants will tell world tales focused on themes of nutrition, physical activity, and mental health, with animals from the Anacostia Watershed as characters. Theatre arts strategies are applied to the following process:

- **Welcome & Warm-Ups:** Following a welcome song or chant, Ridgway leads body, voice, imagination, and cooperation warm-ups. Warm-ups develop strong and flexible bodies and voices and grow our capacity to use our whole body in verbal and non-verbal communication. Participants will develop healthy self-awareness and increase positive communication skills.
- **Focus Activity and Story Presentation:** A focus activity requires looking at research about the characters or setting of the story. Ridgway may share how a bat sleeps and then lead participants to experiment with transforming their bodies into bats. Then Ridgway shares a story using storytelling and puppetry techniques.
- **Story Dramatization, Arts Activity, and Closing:** Ridgway facilitates participants to dramatize the story. Ridgway thinks on their feet as to how to cultivate a collective storytelling experience that integrates participant experience, input, and feedback. Sessions will include brainstorming and engagement on transforming collected bottle caps into native animals. All sessions will end with a closing song or chant sitting in a circle.

**Part 3 - 30-minute Nature Exploration:** Spring is an excellent opportunity to observe nature. Ridgway will demonstrate finding plants and tiny organisms (macroinvertebrates) that live in the NW Anacostia River and walk through identifying them using iSeek Naturalist and Creek Critters to nurture curiosity and wonder about nature and support scientists in tracking our native environment.

In 2022, with participant input, Ridgway created bottle cap creatures. For example, orange and black bottle caps were glued together like monarch butterflies, and Ridgway wired red and black bottle caps into a cardinal. We hope these pieces will inspire participants to create their art to share on or about Earth Day.

**Expected outcomes List expected tangible results (one-page limit)**

A minimum of 5 park cleanups will be reported on PGCLitterTRAK.

The bottle cap art will be displayed at the park on or about Earth Day.

A minimum of ten new users enroll in iSeek Naturalist and Creek Critters.

**Project Start Date: Saturday, March 18, 2023**

**Project End Date: Saturday, April 22, 2023**

### **Section 3 – Project Details**

**What topic areas does the project address?**

- ☒ Nutrition
- ☒ Physical Activity
  - ☐ Obesity
  - ☐ Diabetes
  - ☐ Cardiovascular Health
- ☒ Mental Health - Stress Management, Isolation
  - ☐ Substance Abuse
- ☒ Environmental Health Issues
  - ☐ Health effects of Climate Change
- ☒ Other (Please Specify): Anacostia Watershed Stewardship

**What population are you focusing on? Select all that apply.**

- ☐ Not applicable
- ☐ Adolescents
- ☐ African-American / Black
- ☐ Asian
- ☐ At-Risk/Vulnerable Populations
- ☒ Children & Families
  - ☐ Disabled People
- ☒ Elderly
- ☐ Foster Youth & Families

- ☐ Hispanic/Latino
- ☐ Unhoused Populations
- ☐ Immigrants and Refugees
- ☐ Incarcerated or Formerly Incarcerated Populations
- ☐ LGBTQ+ Communities
- ☐ Low-Income Communities
- ☐ Men's Health
- ☐ Migrant Workers
- ☐ Military/Veterans
- ☐ Native Alaskan
- ☐ Pacific Islanders
- ☐ Parents and Families
- ☐ People Living With HIV/AIDS
- ☐ People With Addictions
- ☐ People With Disabilities
- ☐ Poor/Economically Disadvantaged
- ☐ Single Parents
- ☐ Tobacco Users
- ☐ Tribal Communities
- ☐ Victims of Crime
- ☐ Women's Health
- ☐ Youth
- ☐ Other (please specify):

**What wards are affected? Select all that apply.**

- ☐ Ward 1
- ☐ Ward 2
- ☐ Ward 3
- ☐ Ward 4
- ☐ Ward 5

**X All Wards**

**X Other (please specify)** Grow Well focuses on Ward 3 and is open to all Hyattsville residents, wards, and patrons of the University Hills Duck Pond Park and Lane Manor Park.

## **Section 4 – Financial Information**

**Amount Requested: \$500**

### **Detailed Budget Outline:**

#### **Staff Compensation**

Planning and Developing Fee = \$100

1 Teaching Artist X 8 sessions X \$150 = \$350

**Materials**

Art Projects and Program Promotion = \$50

The program will be promoted on the Yard Dramas website and with signage at the park and will include a local social media campaign.

**Total Cost: \$500**

**Check Should be Payable To (Name and address): Yard Dramas (Jennifer L. Ridgway), 6116 43rd Street, Hyattsville, MD, 20781**



## **Health Wellness and Recreation Thrive Grants Program Application**

### **Contents**

#### **Section 1 - Contact Information**

#### **Section 2 - Description of Grant Request**

#### **Section 3 - Project Details**

#### **Section 4 - Financial Information**

### **Section 1 – Contact Information**

#### **1. Applicant Information**

Applicant Name: Lidio Arias

Applicant Position:

Applicant Organization (If applying as an individual, please enter "Individual" and complete section 1.2):  
Grand Views art company

Applicant Email Address: [REDACTED]

Applicant Phone Numbers: [REDACTED]

**Adult co-sponsor for minors:**

#### **2. Supporting Organization Information**

If applying as an individual, enter the name of organization that will accept the funding on your behalf otherwise please skip section 1.2.

Supporting Organization: Grand Views art company

Authorized Official Name: Lidio Arias

Applicant Position: CEO

Applicant Organization (If applying as an individual, please enter "Individual"):

Applicant Email Address: [REDACTED]

Applicant Phone Numbers: [REDACTED]

### **Section 2 – Description of Grant Request**

Title of Project: Hyattsville Mural

### Project Description

Please describe the project for which you are seeking funding (one page limit).

The proposed project would be a mural in Hyattsville. The funding would pay for paint supplies and materials to allow execution of the art mural.

### Project Goals and Objectives

Briefly describe what the project would accomplish with Thrive Grant Funding (one page limit)

The mural would add attraction, color, and beauty to a Hyattsville neighborhood as well as contributing to its thriving art scene and would only be possible with the approval of Thrive Grant Funding.

### Expected activities

Briefly list the major activities that would be undertaken to support the goals and objectives (one page limit)

In order to support the objective of creating a vibrant art mural, I would calculate the budget accurately and paint the designated wall daily until the project's full completion.

### Expected outcomes

List expected tangible results (one page limit)

A semi-temporary mural utilizing vibrant colors and depicting a positive message for all city residents and visitors to enjoy.

Project Start Date: November 1, 2022

Project End Date: November 20, 2022

## Section 3 – Project Details

What topic areas does the project address?

- ☐ Nutrition
- ☐ Physical Activity
- ☐ Obesity
- ☐ Diabetes
- ☐ Cardiovascular Health
- ☐ Mental Health - Stress Management, Isolation
- ☐ Substance Abuse
- ☐ Environmental Health Issues
- ☐ Health effects of Climate Change
- ☒ Other (Please Specify): \_\_\_\_\_  
arts

What population you are focusing on? Select all that apply.

- ☐ Not applicable
- ☒ Adolescents
- ☐ African-American / Black
- ☐ Asian
- ☒ At-Risk/Vulnerable Populations
- ☒ Children & Families
- ☐ Disabled People
- ☒ Elderly
- ☒ Foster Youth & Families

- ☐ Hispanic/Latino
- ☐ Unhoused Populations
- ☐ Immigrants and Refugees
- ☐ Incarcerated or Formerly Incarcerated Populations
- ☐ LGBTQ+ Communities
- ☐ Low-Income Communities
- ☐ Men's Health
- ☐ Migrant Workers
- ☐ Military/Veterans
- ☐ Native Alaskan
- ☐ Pacific Islanders
- ☒ Parents and Families
- ☐ People Living With HIV/AIDS
- ☐ People With Addictions
- ☐ People With Disabilities
- ☐ Poor/Economically Disadvantaged
- ☒ Single Parents
- ☐ Tobacco Users
- ☐ Tribal Communities
- ☐ Victims of Crime
- ☐ Women's Health
- ☒ Youth
- ☐ Other (please specify)

**What wards are affected. Select all that apply.**

- ☐ Ward 1
- ☐ Ward 2
- ☐ Ward 3
- ☐ Ward 4
- ☐ Ward 5
- ☒ All Wards
- ☐ Other (please specify) I am open to a paint a mural in either of the five wards

#### **Section 4 – Financial Information**

Amount Requested: \$500.00 USD

Detailed Budget Outline: \$300.00 for paint which would be ordered from a reputable paint supply store online  
\$200.00 for artist compensation

Check Should be Payable To (Name and address):

Lidio Arias

5614 Gallatin PI Hyattsville, Maryland 20781

**DEADLINE: Complete applications are due by 5 PM ET on October 1, 2022**

## THRIVE Grant Questions

Answers from applicants:

11/1

Chelsea School

Question: Do students who are sponsored by their local school district receive free or reduced price lunch through the funding provided by the public school systems?

Response; Since I have been at Chelsea, none of our students have received FARMs. Whether this is because the local school district's mechanism for providing FARMs to students in nonpublic placements is insufficient, or there is another reason, I'm not certain. Several years ago, we reached out to PGCPs and were told we would need to apply through the USDA to provide FARMs at our school. The USDE informed us that we could not participate because of the small number of students at our school and because of nonpublic status. That's all I know regarding FARMs.

11/1

Family Bike Ride

Question: Will the promotional material be developed in a multi-lingual approach?

Response:

Greetings,

Yes, promotional materials will be developed in English and Spanish.

Sincerely,

Alison

11/1

HES PTA

Question: Would resources for teachers and staff be bi-lingual, if needed?

Response:

Hi Ms. Everhart,

Thanks so much for the question! All the staff at HES speaks English (I believe speaking English may be a requirement for employment in PGCPs), but in the event that an HES staff member would need translation into Spanish, there are several members of the PTA who

speak Spanish, as well as many staff members at the school who are bilingual as well, including our community school coordinator with whom we coordinate very closely.

Please let me know if you have any other questions!

Thanks!

Lauren

11/1

The Mystic Yogini

Questions:

- Do you have a planned location for the classes?
- Will the classes be held in Hyattsville?

Response:

Good Morning Cheri,

Yes, it is my plan to hold the classes in Hyattsville at the Colmar Community Center. If for some reason that venue is unavailable, I would locate another space within close proximity. Thank you for reaching out and I'll be available to answer any more questions if needed.

Have a blessed day,  
Chevon

11/2 4:46 pm

Hyattsville Elementary School

Question: What agency would accept the funds on your behalf? The funds can not be distributed to an individual.

Response:

Good Afternoon,

Hyattsville Elementary will accept the funds on my behalf.

Thank you

11/7/2022 6:45 pm

The Neighborhood - Street Poet Initiative

Questions:

- How will this impact the Hyattsville community?
- Have locations been chosen for your activities to occur?
- Will consent forms be available in a multilingual format?

Response:

Good morning Cheri,

Thank you for your email. Please see our responses to the questions below.

- How will this impact the Hyattsville community? - Through the project, SPI will impact the Hyattsville community in two major ways. Firstly, the project will allow local community members (i.e. local businesses, schools, and individuals) to be involved in the wellbeing of their community by identifying areas with high street pollution that need to be cleaned up. By partnering with local community members for their insight on this environmental issue, we are able to reiterate to Hyattsville community members that their voice (and overall involvement in the wellbeing of their community) is needed and respected. Secondly, by removing litter in an effort to reduce street pollution in the community, the project will aid in beautifying the Hyattsville area.
- Have locations been chosen for your activities to occur? - Locations for the project have not been identified yet. We will begin our outreach to local community members for their suggestions on a beautification area in the beginning of our upcoming fiscal year (January 2023).
- Will consent forms be available in a multilingual format? - The consent form will be available in Spanish, French, Haitian Creole, as well as American English.

### **Grand View Arts Company**

Questions:

- Can you provide a visualization of the proposed mural and address how it reflects a Health, Wellness and/or Recreation theme?

- What is the proposed location of the mural?
- And what is the scale (size) of the mural?
- Can you please elaborate on the distribution of your funding?
- Are you willing to work on an adjusted timeline?
- Can you clarify the affected topic areas and populations you are focusing on?
- Are approvals required to paint a mural in Hyattsville?