

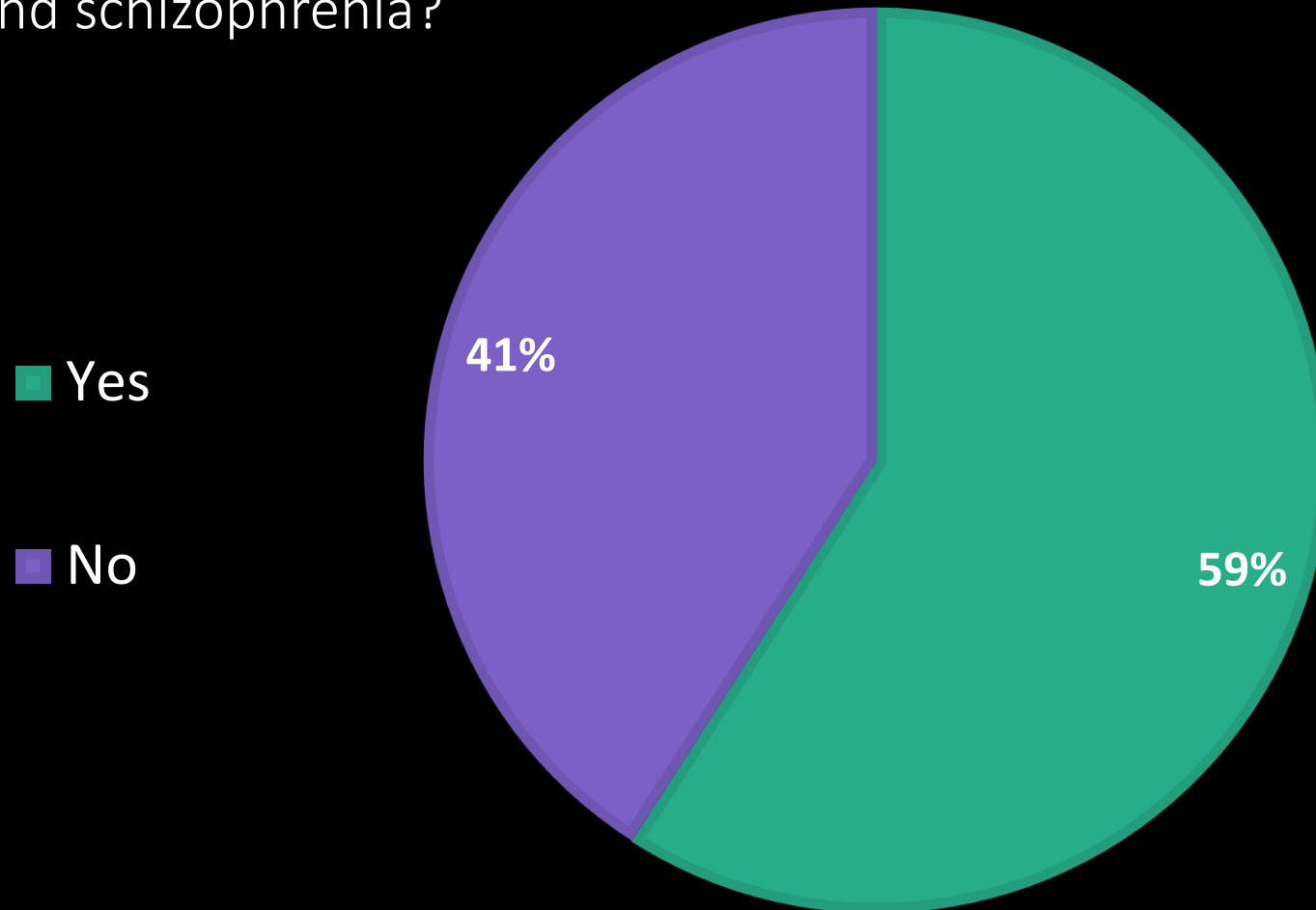


HCPD MENTAL HEALTH PROGRAM PROPOSAL

HCPD MENTAL HEALTH SURVEY RESULTS



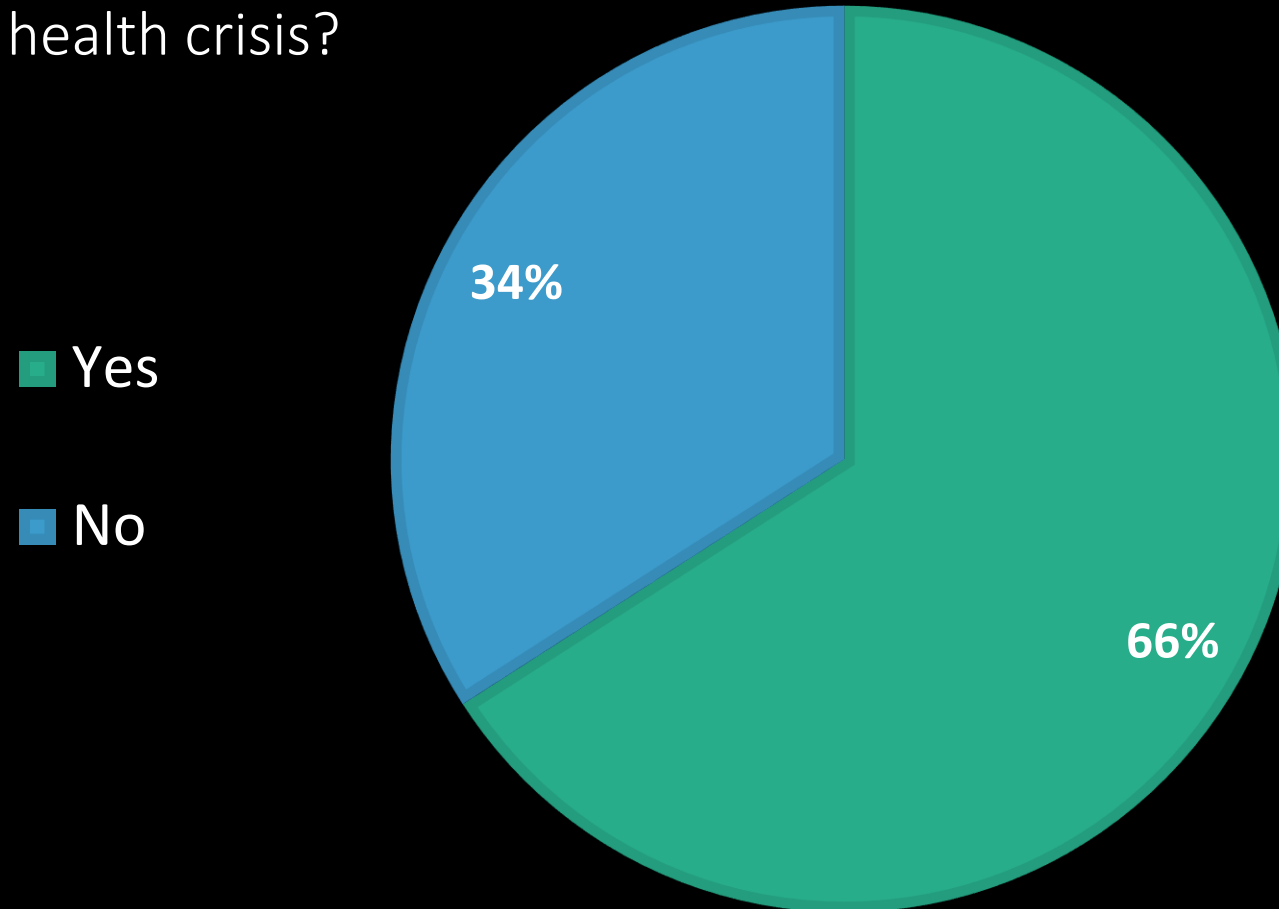
If asked, would you be able to describe the difference between bipolar disorder and schizophrenia?



HCPD MENTAL HEALTH SURVEY RESULTS



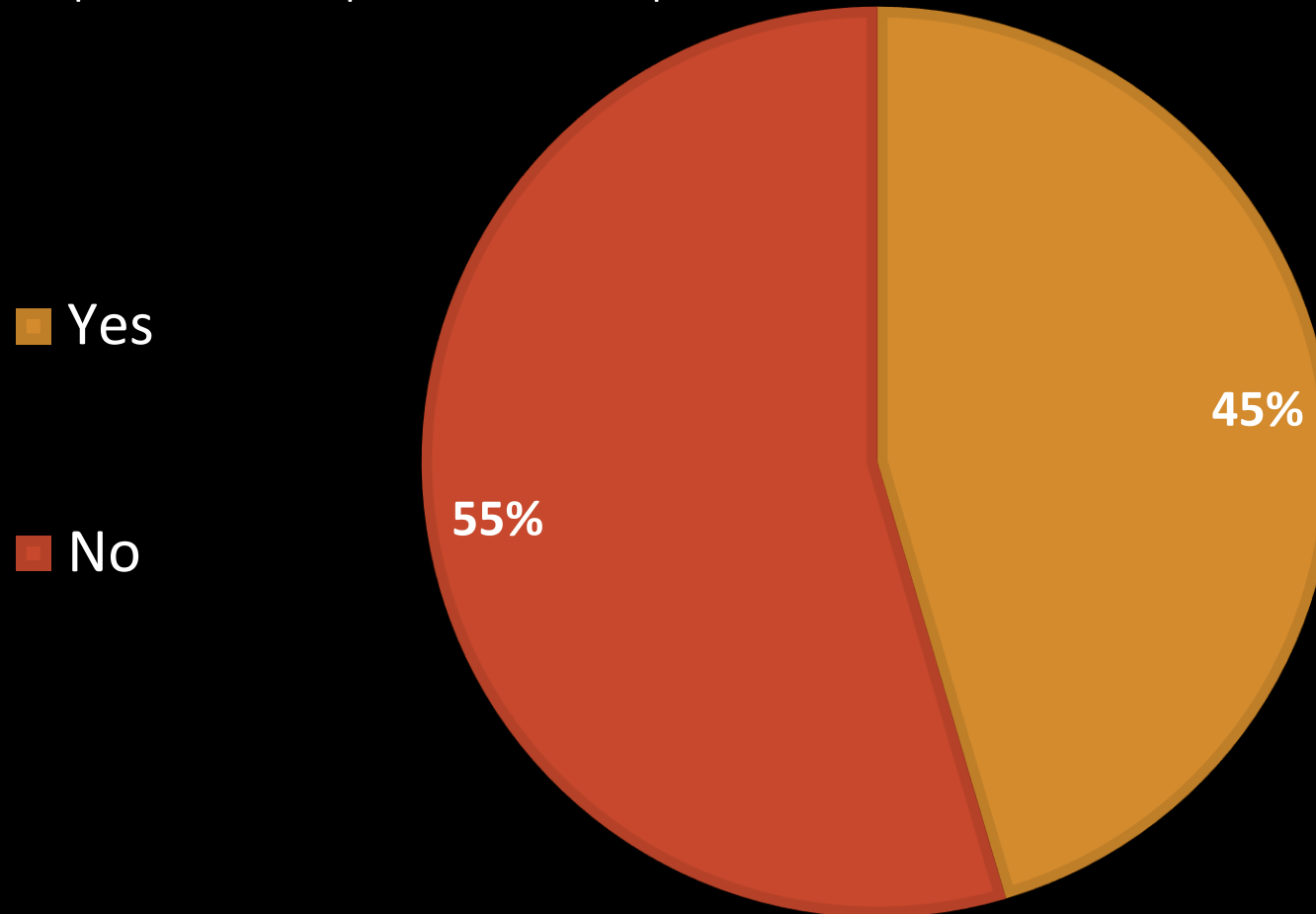
Do you feel your training (the academy, in-service, etc.) is adequate to properly engage people on the phone or in person who may be experiencing a mental health crisis?



HCPD MENTAL HEALTH SURVEY RESULTS



Do you feel your training (the academy, in-service, etc.) is adequate to properly engage people on the phone or in person who have autism?

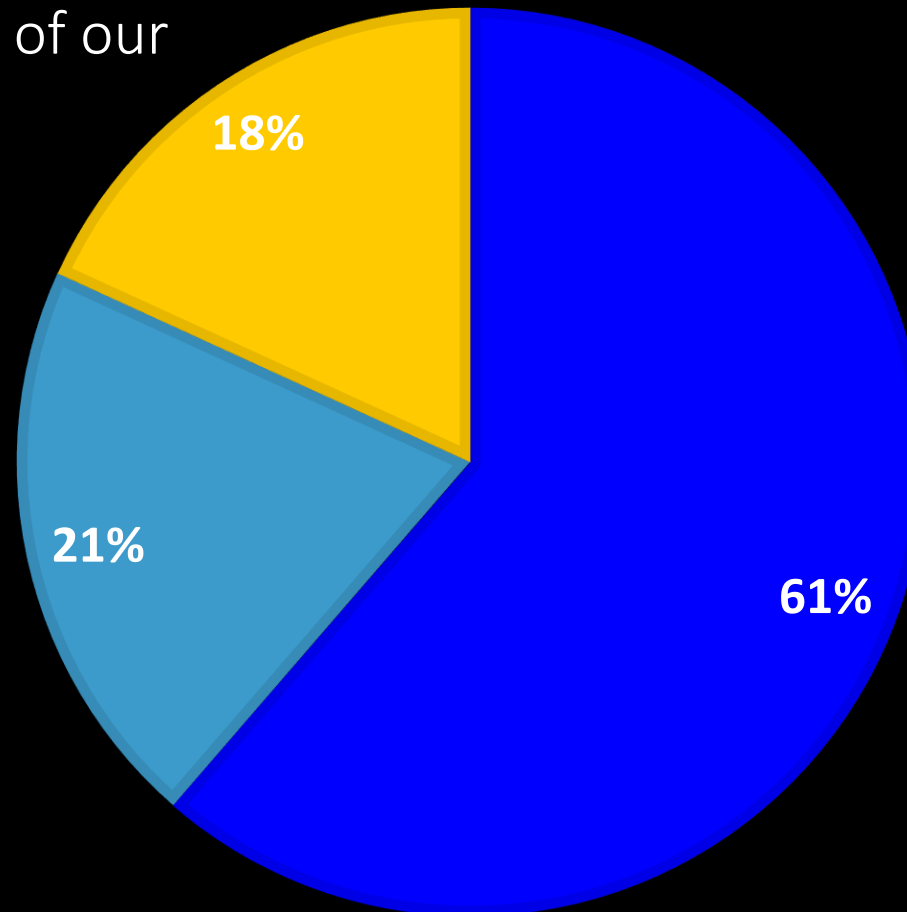


HCPD MENTAL HEALTH SURVEY RESULTS



Would you see it as a positive or a negative if it became HCPD policy for every officer and dispatcher to meet with a talk therapist once a quarter for a mental wellness check-in, as part of our wellness program?

- Positive
61.36% (27)
- It would not matter to me
20.45% (9)
- Negative
18.18% (8)



HCPD MENTAL HEALTH AND WELLNESS PROGRAM

PHASE 1:

January 2021- June 2021

(Current FY 20/21 funding)



PHASE 1

REQUIRED

March:

- Mental Health First Aid *for law enforcement*

April:

- Mental Health and Wellness Day

May:

- *For select officers: Crisis Intervention Team (CIT) Training*

OPTIONAL

- Additional mental health focused education and training opportunities (*began last fall*)
- Twice-weekly mental wellness and meditation sessions



HCPD Mental Health and Wellness Day

April 2021

REQUIRED: All Officers and Dispatchers

- NAMI Mental Illness 101
- DC SAFE Inc. domestic abuse training
- Community Crisis Services, Inc.
- Introduction to mental wellness and meditation
- Pathfinders for Autism MD training
- PG County Local Behavioral Health Authority



HCPD MENTAL HEALTH AND WELLNESS PROGRAM

PHASE 2: FY 21/22



PHASE 2

REQUIRED

- Mental Wellness Check-in Program (Sept., Dec., March June)
- Refresher courses, new education programming and training

OPTIONAL

- Additional mental health education and training opportunities
- Twice-weekly meditation and other mental wellness programming



PHASE 2

REQUIRED

June, July, August

- *For select officers: CIT Training*

July/August

- HCPD Mental Health and Wellness Day

September/October

- Joint HCPD-City Gov. Mental Health and Wellness Community Event



HCPD Mental Health and Wellness Day

Summer 2021

REQUIRED: *All Officers and Dispatchers*

- PTSD training
- Suicide prevention training
- Resiliency & Mental Wellness for First Responders presentation
- Emotional Survival webinar
- Introduction to the Mental Wellness Check-in Program



HCPD MENTAL HEALTH AND WELLNESS PROGRAM

PHASE 3: FY 22/23



PHASE 3: FY 22/23

NEW POLICE AND PUBLIC SAFETY BUILDING OPENS

- Ongoing HCPD mental health and wellness programming
- Community social service outreach
 - Emergency referral services
 - Drop in opportunities
 - Food and clothing pantry
 - Homeless outreach



Potential Funding Sources

- City funds
- County and state funds
- Federal grants
- Private grants

