

City of Hyattsville
Health, Wellness, and Recreation Advisory Committee
Minutes
7:00-8:30 PM
October 24, 2024

Committee Attendees: Peter Stockus, Nicole Betschman, Erica Thomas, Carole Plato, Don Burger, Marylyn Presutti,

Staff Liaison: Cheri Everhart

Public Attendees: Maximiliano Vasquez, Scott Wilson, Lisa

Council Attendees:

Meeting Began - 7:05 pm

Meeting Commenced - 7:42 p

Agenda Approval - Peter made a motion, Erica Seconded. Unanimous approval.

1. Amend/Approve minutes from September meeting
 - a. Motion to approve made by Nicole, seconded by Erica. Unanimous approval.
2. Speaker Series:
 - a. Self Defense - November 17
 - i. Marylyn is out.
 - b. Parenting skills/self care - October 23, 6-7:30pm, review
 - i. 4 attendees, but the video will be posted online to the Hyattsville website.
 - ii. Very well received, great information for parents and non-parents alike.
 - c. Nutrition for Seniors
 - i. Dyann touched based with Cindi, but we don't have hard details yet.
 - ii. Unsure on cost, but will likely host for free.
 - iii. Budget friendly meals, kids meals, quick and easy meals.
3. FY25 Thrive Grants, timeline, potential deadline extension?
 - a. Extended until November 1st - Motion made by Peter, seconded by Erica. Unanimous approval.
 - b. Thrive grant review moved until November 21, vote to be scheduled on December 19.
4. Public comment – limit 2 minutes per speaker

- a. No comment

5. New Business

- a. Nicole went to Councilmember Lee's Ward 4 event and had a great event. Suggested working with the city on a proclamation for Lupus awareness month or something similar.
- b. Mental health first aid
 - i. Erica is thinking of hosting or organizing something in the spring.
 - ii. Presenter we had at the last mental health first aid workshop was expensive.
 - iii. Attendee Lisa works in mental health and wants to help with mental health for underserved communities.

6. Adjourn

- a. Motion made by Dyann, seconded by Erica. Unanimous approval.