of Hyattsville Health, Wellness, and Recreation Advisory Committee Minutes 7:00-8:30 PM March 27, 2025

Committee Attendees: Peter Stockus, Nicole Betschman, Erica Thomas, Carole Plato, Rachel Huggins

Staff Liaison: Cheri Everhart

Public Attendees: Maximiliano Vasquez **Council Attendees:** Sam Denes, Michelle Lee

Meeting Began - 7:05 Meeting Adjourned - 8:15

- 1. Amend/Approve minutes from January meeting
 - a. Peter made motion to approve, Carole seconded. Unanimous approval.
- 2. Speaker Series
- 3. Events:
 - a. Bike Rodeo
 - i. Peter to follow up and check out Driskell Park space
 - ii. Peter to check in for Sheriff Department
 - b. Men's Health
 - i. No update, Men's health is off.
 - c. Self Care Saturday
 - i. Crafting a template email to go to each ward representative to host a "self care Saturday" event in each ward.
 - ii. Ideas could be yoga in the park, painting, group walks, etc etc
 - d. Lupus Awareness
- 4. Public comment limit 2 minutes per speaker
- New Business
- 6. Adjourn
 - a. Peter motioned to adjourn, Erica seconded.