

City of Hyattsville  
Health, Wellness, and Recreation Advisory Committee  
Agenda  
7:00-8:30 PM  
October 26, 2023

**Meeting will be held via Zoom.**

**Register in advance for this webinar:**

**[https://us06web.zoom.us/webinar/register/WN\\_iug70MX7QYufmF6F7xwaxw](https://us06web.zoom.us/webinar/register/WN_iug70MX7QYufmF6F7xwaxw)**

**Public Attendees:** All committee meetings are open to the public to observe. For virtual meetings, there is a Q&A function that allows attendees to post questions or comments. It is not required that the committee respond to items posted in the Q&A, nor is it required that committees provide a public comment period during their meeting whether virtual or in-person. Should committees wish to allow time to hear public comment, a time will be designated on the agenda.

**After registering, you will receive a confirmation email containing information about joining the webinar.**

1. Amend/Approve minutes from August Meeting:
2. Speaker Series:
  - a. Cooking class - Saturday, November 4 at EcoCity Farms
  - b. Forestbathing - November 18? Confirm date, time, location
  - c. Self Defense
  - d. Men's Health - June
  - e. Parenting skills
3. Review Thrive Grant Applications
4. Public comment – limit 2 minutes per speaker
5. Adjourn