# City of Hyattsville Health, Wellness, and Recreation Advisory Committee Agenda 7:00-8:30 PM September 26, 2024

Meeting will be held via Zoom.

Register in advance for this webinar:

https://us06web.zoom.us/webinar/register/WN\_iug70MX7QYufmF6F7xwaxw After registering, you will receive a confirmation email containing information about joining the webinar.

Public Attendees: All committee meetings are open to the public to observe. For virtual meetings, there is a Q&A function that allows attendees to post questions or comments. It is not required that the committee respond to items posted in the Q&A, nor is it required that committees provide a public comment period during their meeting whether virtual or in-person. Should committees wish to allow time to hear public comment, a time will be designated on the agenda.

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- 1. Amend/Approve minutes from August meeting
  - a. Start at 7:15pm
  - b. Attendance- Carole Plato, Marylyn Presutti, Dyann Waugh, Erica Thomas, Sam Denes, Cheri Everhart, Nicole Betschman
  - c. Review of August minutes- Motion to approve- Dyann- Second Carole
- 2. Speaker Series:
  - a. Self Defense
    - i. Marylyn has been emailing at Capital MMA- Friday morning 9-11a or Sunday 2-4pm. My thought is Sunday afternoon because then kids are not in school. The multipurpose room is open and available until 5pm. Tentative dates Sunday November 10<sup>th</sup> and 17<sup>th</sup>
    - ii. Marylyn will email to confirm/deny dates and will then get the waiver and Erica will help with the flyer
  - b. Parenting skills/self care October 23, 6-7:30pm
    - i. Erica is ready to go for the webinar

ii. Cheri set up the Zoom link and the flyer is with marketing to be translated

## c. Nutrition for Seniors

i. Dyann's neighbor teaches at PGCC (Cynthia G.) and she has the idea about bringing in more information about nutrition concerns for seniors. Marcy from Aging in Place that can also connect. More information to come.

# 3. FY25 Thrive Grants, timeline

- a. 4 grants and it closes on October 11th.
- b. Nicole motions to extend the deadline to October 18th. Dyann seconds. Motion carries
- c. We will review the applications at the October 24<sup>th</sup> meeting.
- 4. Public comment limit 2 minutes per speaker

#### 5. New Business

- a. Sam Denes on the Thrive grants, do you have a timeline as to where you will come before City Council.
  - i. Cheri said possibly January.
  - ii. Marylyn said that we needed more information from the grantees in November so that is why it was not brought to the City Council until January.
- b. Cheri- Youth programs will be back at Driskell Park. They have timeslots for afternoons. Looking for life skills programs. 6<sup>th</sup>-12 grade

## 6. Adjourn

a. Motion to adjourn by Nicole. Second by Erica. Adjourn at 7:52