

City of Hyattsville
Health, Wellness, and Recreation Advisory Committee
Agenda
7:00-8:30 PM
January 26, 2023

Committee Attendees: Anita Shelton, Marylyn Presutti, Dyann Waugh, Alissa Scheller, Arinee Flurry, Erica Thomas, Peter Stockus

Staff Liaison: Cheri Everhart

Council Attendees: Joanne Waszczak

Actions:

- The meeting commenced at 7:05 pm EDT.
 - The meeting ended at 8:40 pm EDT.
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1. Amend/Approve minutes from December Meeting:
 - a. *Marylyn motioned to approve, Dyann seconded. Motion approved unanimously.*
 2. Elect Chair & Secretary:
 - a. *Marylyn Chair, Erica motioned to approve, Alissa seconded. Motion approved unanimously.*
 - b. *Peter Secretary, Marylyn motioned, Dyann seconded. Motion approved unanimously.*
 3. Adopt 2023 Meeting Schedule:
 - a. *December to be on the 14th, November meeting to be on the 16th.*
 - b. *June, July and August meetings approved, no summer break.*
 - c. *Arinee motioned to approve these dates, Anita seconded. Motion approved unanimously.*
 4. FY24 Budget Discussion:
 - a. *Joanne discussed the HWRAC budget, the committee can opt to do nothing and receive the same amount of funding as past years. We have \$2,000 for speaker series, \$9,000 for thrive grants. If we want to do extra events, we can make a request to the council.*
 - b. *Joanne to provide a template for proposals to HWRAC for council funding requests. General funds, opioid funds, and ARP funds are options for funding.*
 - c. *Funding request brainstorming*
 - i. *Annual Bike Rodeo, Peter to do proposal template.*
 - ii. *Hosting wellness "block party" events, similar to SOHY Co-op events.*
 5. Bike Rodeo information planning:
 - a. *Peter confirmed that May 6th date is booked, but hasn't heard from the Felegy Principal.*
 6. Forest bathing speakers:
 - a. *Potentially incorporating a forest bathing speaker series into Arbor day. Checking in with DPW on their arbor day plans.*
 7. Mental Health First Aid Update:

- a. We will be booking this on May 13th and will close the registration 2 weeks prior to the class in order for participants to complete the prework. Last time no one did the prework.*
 - b. Arinee motioned to book mental health first aid class on May 13th, Erica seconded. Motion approved unanimously.*
- 8. HWRAC Committee Survey review:
 - a. Climate and environmental health were top topics survey respondents expressed interest in.*
 - b. Alisa will look into self-defense options.*
 - c. Online survey to end at the end of the month.*
 - d. Incorporating survey results to guide speakers series*
- 9. Thrive Grant - Update Committee on Council Presentation:
 - a. Marylyn presented to the council about Thrive grant funding, accepted on consent. We have alerted awardees and checks to go out Jan 27th.*
- 10. Opioid Settlement - Suggested programs
 - a. Discussion of possible non-opioid pain management series.*
- 11. Possible Speakers series programs for FY23
- 12. New Business
- 13. Adjourn