# City of Hyattsville Health, Wellness, and Recreation Advisory Committee Minutes 7:00-8:30 PM Feb 23, 2023

Meeting will be held via Zoom.

Register in advance for this webinar:

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https://us06web.zoom.us/webinar/register/WN\_iug70MX7QYufmF6F7xwaxw

After registering, you will receive a confirmation email containing information about joining the webinar.

Committee Attendees: Anita Shelton, Marylyn Presutti, Dyann Waugh, Arinee Flurry, Erica Thomas,

Peter Stockus, Don Burger, Carole Plato

**Staff Liaison:** Cheri Everhart **Council Attendees:** Sam Denes

#### **Actions:**

• The meeting commenced at 7:10 pm EST.

• The meeting ended at 8:30 pm EST.

## 1. Amend/Approve minutes from January Meeting:

Motion to approve – Anita motion, Carole seconded, Unanimously approved.

#### 2. FY24 Budget Discussion

- Thrive grant application from 500 to 800 dollars
- Sam discussed how we should combine thrive funding, speaker series, wellness block party, and bike rodeo as an annual budget request.
- Wellness block party, discussion on \$1,500 dollar ask. Is this enough to get by?

## 3. Bike Rodeo information planning

- All set for May 6<sup>th</sup>, Sam Denes is in contact with Arrow, they will be helping and bringing some children's helmets.
- Pete to work on Canva to design some flyers and social media materials.

#### 4. Forest bathing speakers

 Working with DPW, could partner for a tour of the food forest. QR code is being made.

# 5. Mental Health First Aid Update

- Date is set for May 13<sup>th</sup>, but hasn't been confirmed with the speaker yet. We will
  put this out in marketing/outreach by the end of March.
- This will be a virtual event.

# 6. HWRAC Committee Survey review

Alissa is putting together personal safety/de-escalation

# 7. Thrive Grant - Reporting Form Review

- If we have provided grants to people in the past, and they didn't fill out a report
  we should consider that in the future.
- Will send a reminder email for grantees to fill out.

# 8. Opioid Settlement - Suggested programs

- Marylyn to update do research on non-opioid pain management options
- Depending on funding availability, maybe our committee could help stock a school
- Sam Denes, as far as NARCAN goes and using the fund, it must be given to a named individual who has taken the training.
- When city gets more information, HWRAC will aim to utilize opioid settlement money

# 9. Possible Speakers series programs for FY23

- Maybe Eco-city
- Don, maybe touching on brain injury awareness. Marylyn to reach out to coworkers to see if anyone in her network is there.
- Dyann discussed indoor/environmental health as it relates to infants and children.
   Especially with gas stoves, this could be a great talking point.
- o Budget year ends June 30<sup>th</sup>, doing an event like this in June would be ideal.
- o Do we want to have this event at a community venue vs a church?
- June 3<sup>rd</sup> as a tentative so as not to interfere with Juneteenth events. June 24<sup>rd</sup> as the alternative option but Maryland Municipal League is meeting in Ocean City at the same time.

#### 10. New Business

## 11. Adjourn

o Don motion, Dyann second. Unanimously approved.