

City of Hyattsville
Health, Wellness, and Recreation Advisory Committee
Minutes
7:00-8:30 PM
March 23, 2023

Meeting will be held via Zoom.

Register in advance for this webinar:

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https://us06web.zoom.us/webinar/register/WN_iug70MX7QYufmF6F7xwaxw

After registering, you will receive a confirmation email containing information about joining the webinar.

Committee Attendees: Anita Shelton, Marylyn Presutti, Dyann Waugh, Alissa Scheller, Arinee Flurry, Erica Thomas, Peter Stockus, Brittney Miller

Staff Liaison: Cheri Everhart

Council Attendees:

Actions:

- The meeting commenced at 7:07 pm EST.
- The meeting ended at 8:47 pm EST.

1. Amend/Approve minutes from February Meeting:

- Motion to approve Anita, Seconded, Alissa. Passed unanimously.

2. FY24 Budget Discussion:

- Combining all budget requests into a single motion document. This would encompass Bike Rodeo, wellness block party, and the speaker series re-up of funding.

3. Bike Rodeo information planning:

- Pete to get logo from PGCPs and various other sponsors, add line about All ages welcome, fix typo on helmet, pass along to Hyattsville communications team.

4. Forest bathing speakers:

- Last month we talked about bringing Don from public works, potentially doing a joint event at the food forest. We will be following up with Don.

5. Mental Health First Aid Update:

- Confirmed date for a virtual mental health first aid on May 13th
- We are going to provide better instructions on doing pre-work so event participants are better prepared.

6. HWRAC Committee Survey review:

- Self defense/Safety class were near the top of the charts.
- Alissa did some research, lots of consulting firms can come in around de-escalation training, but she has found some that could work well on a community level.
- We could offer a class on self-defense.
- Erica does MANDT system, which is a system of crisis intervention and de-escalation techniques. Erica could volunteer for this and potentially lead this.
- Having a de-escalation training, in conjunction with a physical self-defense training would be ideal.

7. Possible Speakers series programs for FY24:

- Dyann is reaching out to Eco-city farms.
- Some outstanding questions still remain on how participants would get food.
- Could HWRAC use funds to provide boxes of ingredients?
- Erica, is going to do some research on potentially doing a one-hour training.
- Open dates that are currently available – June 1st, and June 8th. Both Thursdays. We will likely push Erica's teaching until fiscal year 2023. Conflict awareness day is Oct 13th, maybe we plug this in the fall.
- Dyann has reached out about hosting a virtual presentation about climate and health impacts, Dr. Cheryl Holder would be doing this on June 3rd. Dr. Holder has agreed to do this for around or under \$1,000.
- Funding discussion led to... \$1,000 to climate and health impacts, \$950 to mental health first aid and \$250 to bike rodeo. Arinee motioned, Dyann seconded, unanimous approval.

8. New Business

9. Adjourn:

- Arinee motioned, Dyann seconded, unanimous approval.