

City of Hyattsville  
Health, Wellness, and Recreation Advisory Committee  
Minutes

Virtual Zoom Meeting

7:00-8:30 PM

April 29, 2021

Attendees: Don Burger, Patrice Woods, Dyann Waugh, Anita Shelton, Pete Reiniger, Sam Denes

Staff Liaison: Cheri Everhart

Guest: Adrienne Augustus, HCPD Media Relations and Mental Health

1. Minutes from March meeting amended
  - a. Pete moved
  - b. Patrice seconded
  - c. accepted unanimously
2. Cheri passed on thanks from City Administrator, Tracey Douglas, for committee's work on park renaming
3. Adrienne Augustus gave presentation on building a Mental Health and Wellness Program
  - a. Phase 1
    - i. Adrienne attended a Mental Health First Aid Class
    - ii. There were classes in Mental Health First Aid for First Responders last week during Mental Health and Wellness Day(s)
    - iii. National Alliance on Mental Illness 101 Prince Georges County Presentation by CCSI (Coordinated Care Services, Inc.)
    - iv. Intro to meditation, yoga and stress reduction
    - v. Crisis response webinar PG County Local Behavioral Health Authority
  - b. Phase 2 Next Fiscal Year
    - i. Required
      1. Quarterly Mental Wellness Check-in
      2. Refresher courses
      3. Crisis Intervention Team Training
    - ii. Optional
      1. Additional mental health education and training
      2. Twice weekly meditation and other wellness programming
    - iii. Second Mental Health and Wellness Day this summer

1. PTSD training
2. Suicide Prevention
3. Resiliency and Mental Health for First Responders
4. Autism Awareness
- c. Phase 3 FY 22/23 in new building on Hamilton Street
  - i. Ongoing Programs
  - ii. Community Social Service Outreach
- d. Q & A
  - i. Anita asked what resources police have
  - ii. Adrienne replied
    1. Bolawrap training and other tools,
    2. no 72 hour hold only stabilization on the street and release
    3. Affiliated Sante Group
    4. Agencies operate in silos. Coordination needed
    5. Co-responder model needs funding. PGPD in the next 4 or 5 months. HCPD after that.
- e. Thank you from Don Burger and hope HWRAC can support this program

#### 4 Mental Health First Aid

- a. Class on June 5
  - i. Registration information to go out in the next two weeks via usual channels
- b. Spanish language materials should be done between now and September
- c. There has been no first reading of the City budget yet so no information on HWRAC funding for fiscal year 21/22

#### 5 Anacostia Watershed Society

- a. Activity was Saturday April 24 and we had 25 volunteers
- b. Collected about 36 bags of trash, 29 bags of recyclables, 1 tire, 1 bicycle, 1 chair
- c. Displayed HWRAC Banner along with AWS signs

#### 6 Capital Trails Coalition membership recommendation

- a. The Coalition estimates 1 billion dollars to complete over 400 miles of proposed trails with much more value returned in benefits
- b. Sam drafted a recommendation letter to go to City Council and read it to the committee

- i. Sam moved
- ii. Don seconded
- iii. Letter approved unanimously

7 Park Renaming

- a. City Council likely to vote at meeting on May 3 for the name David C. Driskell Park, no word on land acknowledgement

8 Cooking Class

- a. No money left in this fiscal year's budget
- b. Aim for late July or early August class

9 Thrive Grants

- a. Budget for \$9000 total
- b. Up to \$500 each approved request
- c. We should look at the cycle for the grant process – put on agenda for next meeting

10 Cultural Event Programming

- a. Spreadsheet seems to have disappeared.
- b. Cheri to check in with Jan regarding joint meeting of RETC and HWRAC

11 Google drive for committee

- a. Possibility to be looked into

12 Next meeting will be May 27

13 Meeting adjourned

- a. Pete moved
- b. Dyann seconded
- c. accepted unanimously